FREE | TAKE ONE

Heart River MAY 2020 | VOL. 2, NO.5 | HEARTRIVERVOICE.COM

Greetings!Salutations from abroad p 10

Local voices

Community members share thoughts p 12

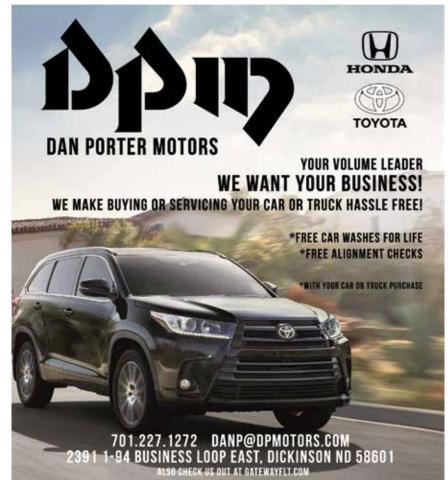


#strongertogether

PAGE 2 | MAY 2020 HEARTRIVERVOICE.COM









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A note to our readers

Time - one of life's greatest luxuries. We all definitely have plenty of time on our hands right now. And though it's hard to plan events with all the uncertainty surrounding us, make a list of things you've been wanting to do or try and then, do them! Take advantage of the time you've been given.

Try your hand at making tacos (recipes on page 19) or request some reading materials from our library (see page 4). Take a long walk, inviting a friend to come with you, just be sensible about distance. If nothing else, get outside and enjoy the sunsine.

Hope you're all staying safe and healthy!

Kelley Jilek *Publisher*

"Peace Is" by Cameron Brown. For more information about the artist, see page 5.

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PAGE 4 | MAY 2020 **HEART**RIVER**VOICE**.COM

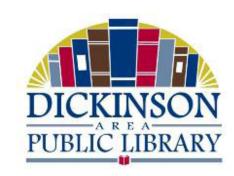
#BOOKWORM

Serving the public while closed: reimagining the library during a pandemic

By Cindy Thronburg

A word we hear a lot lately is "unprecedented." I can say with almost complete confidence that none of us | we are trying to accomplish this is that

thought we would have go through something like this in our lifetimes, but here we are. We are living in a time where uncertainty clouds our every thought, which leaves most of



us struggling to formulate a thought of where to go from here. Lbraries across the country are trying to figure out how to best serve their patrons while being closed (a recent survey by the Public Library Association showed that 98% of respondents said they are closed to the public). We are finding ourselves asking questions we've never had to think of before. How do you plan things without an end date to the closures? How do you schedule programs? How do you serve patrons when they can't enter the building? How do we provide patrons with the services they need? How do we navigate this uncharted terrain? The answer to all of these questions is how any of us are going to get through this: you do the best you can with what you have, and take it one day at a time.

Even though the library is closed, the staff has been busier than ever before. We, too, have been trying to think of ways to serve our patrons during these uncertain times. One of the ways that

> we have begun mailing items to our patrons. Patrons can call or request on our website up to three items to be mailed to them. After returning the items (which can be done at our outside

drop on the east side of the building in the alley), three more can be sent out. If you don't have a library card, you can now apply for one on our website at dickinsonlibrary.org. For those patrons that had items checked out prior to our closing, we are waiving fines until we re-

Among the other things we have been doing, the Children's Librarian has been posting Storytime videos on Facebook. We having been increasing the amount of electronic resources we have available online. We have been thinking of potential new programs to offer. In short, we are working hard so that when we are back, we will be better than ever. Personally, as the cataloger, I have been processing as many materials as possible, and working on our backlog. Because of all of these materials going out, we are running out of room on our New Shelves. To remedy this, we are shelving some new additions

to the library in their regular locations, but with an indicator that it is new to the collection (see photo for example). When we do re-open, we encourage you to browse the stacks to find some of these new items.

When I wrote last month's article, I submitted it before we shut our doors to the public, before we could have ever imagined how far or how long this would go. Needless to say, it contained some incorrect information due to unforeseen circumstances. Programs have been put on hold, but the majority of the information in that article still holds true, and is more important now than ever. Online

resources are the best and safest way (for our patrons and our staff) to access content during this time. We are still available for questions Monday through Thursday, 8:00am to 5:00pm. We would be happy to help you get set up to access these resources, including those who do not currently have a library card. Please contact us by phone at 701-456-7700 or by email at dickinson.library@

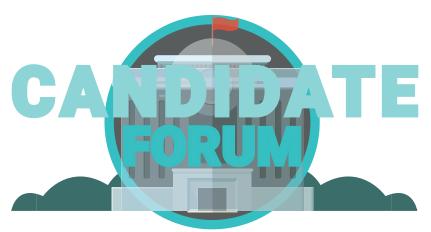
Recently added to the Dickinson Area Public Library! APR 1 5 2020

> again before this goes to print. To stay updated on the most current information regarding the library, please check our website and Facebook page. I also encourage you to take a look at the latest issue of our newsletter, The Printworthy Pages. It contains a lot of information about accessing our online resources. If we haven't re-opened our doors by the time this goes to print, stay safe, and we look forward to seeing you soon. ■

dickinsongov.com. Things will have inevitably changed







CITY COMMISSION AND PARK DISTRICT COMMISSION

Thursday, May 14 Western Cooperative at 5:30 PM

BE SURE TO TUNE-IN ON FACEBOOK LIVE!



The Dickinson Area Chamber takes a vital interest in elections, most importantly, the candidates running for local office and the issues facing our area and community. The Chamber feels it is extremely important to inform our members and th general public of the candidates, their background, past experience, reasons for seeking public office and priorities if elected

We provide this Candidate Forum as a public service, and we are privileged and proud to play a role in the democratic process. The Dickinson Area Chamber is non-partisan and does not endorse or contribute funds to any candidate for

The **Dickinson Press** and the **Governmental Relations Committee**, of the Dickinson Area Chamber of Commerce, will be hosting a Candidate Forum on Thursday, May 14 at 5:30 PM.

This event is open to the public and will feature **City Commission** and **Park District Commission** candidates providing answers to questions generated by the public prior to the Candidate Forum.

NEW - catch this year's Candidate Forum on Facebook Live!

The Candidate Forum will be kept timely by the moderator, James Miller, at the Dickinson Press. City Commission candidates will go first at 5:30 PM, followed by Park District Commission candidates.

City CommissionPeggy Thomas O'Brien
John Odermann

Suzi Sobolik
Sarah Trustem | Incumbent

Park District Commission

Jeremy Easum Jo Marie Kadrmas Zach Keller Eric Kittelson

····· QUESTIONS

Submit candidate questions to the Chamber by Wednesday, May 6.

If team@dickinsonchamber.org

COVER ARTIST

Cameron Brown

Hello, I am Cameron Brown, father, husband, art teacher and coach. During this whole COVID scare, I kept having this feeling of needing unity and peace. Like thousands of other people across our state, my "normal" was flipped upside down. Things I have waited for all year to do and take part of, where ripped away. I don't like

to talk about my feelings, I tend to keep them bottled up inside or if they are strong enough they find themselves in my art. So, I wrestled with a how to visualize those feelings.

I started to think about North Dakota and what is means to live here. We are the Peace Garden state, you hear the "North Dakota Nice" comment all the time, you hear how peaceful and beautiful it is here. I wanted to try to find a way to incorporate all that into a piece. I started with the outline of

North Dakota and then surrounded it with prairie roses, wild flowers and wheat-things that make up the beauty of our state. The blue inside the state represents our vast open skies and the wonder and peace they can instill into one's mind. Those images really helped bring me calm and peace. I wanted this piece to remain simple but allow it to speak. To know that we are North Dakota, we are kind, tough, smart and as one, we can get through this storm. No matter your situation and what the current struggles are, we will be stronger.

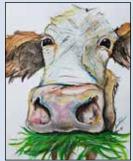


Call for Artists

Are you a North Dakota artist who would like to be featured in our paper? Do you know of someone who deserves a "spotlight?"

Send a short biography (300 words or less) and some high resolution images of your artwork for consideration.

We'd love to show off your talents!







Email to: kelley@heartrivervoice.com

PAGE 6 MAY 2020 HEARTRIVERVOICE.COM

DICKINSON PUBLIC LIBRARY











Highlights of the DAPL's Online Resources

accessible thru https://www.dickinsonlibrary.org

- Overdrive Downloadable eBooks and Audiobooks you can use with your library card. No late fees!
- Ancestry.com Library Edition —
 Work on your family tree from inside the
 library. (Available for usage at home
 while library is closed due to COVID-19)
- Medici.tv Listen to live concerts and a wide range of music from the Medici.tv database from the comfort of you home or join us at a Foundation Coffee House concert.
- RB Digital RB Digital supplies access to audiobooks, ebooks, magazines and comic books, all with your DAPL library card.
- Mango Languages Learn a language from the comfort of you own home whether just to know another language, for work or for travel.

LIBRARY CARDS MAY BE OBTAINED ONLINE OR BY PHONE WHILE THE LIBRARY IS CLOSED FOR COVID-19.



CHI ST. ALEXIUS HEALTH DICKINSON

CHI welcomes new leaders

CHI St. Alexius Health Dickinson has recently welcomed two new faces to its leadership team: President, William "Bill" Ermann and Foundation Manager, Marya Skaare.

Ermann began his role as President on January 27, bringing with him over 22 years of experience in the healthcare field. Prior to joining CHI St. Alexius Health Dickinson, he served as Chief Executive Officer/President of the Southwest Medical Center in Liberal, Kansas.



William Ermann

When asked what drew him to the career opportunity in Dickinson, Ermann explains, "I researched the organization's mission and vision, the operations of our local hospital and regional network. Add on the strengths of the community, schools, and surrounding area, and I was impressed with it all."

Throughout his years in leadership roles, Ermann has learned a simple truth, "Satisfaction truly comes from helping others," he explains.

As our state and nation are in the midst of an unprecedented COVID-19 pandemic, the need to help others has never been more apparent.

Ermann says CHI St. Alexius Health Dickinson's vision has remained focused: "We are here to take care of our communities. Our staff and facility are trained and ready to test and care for patients with COVID-19. And, we are still here to provide for the community's non-COVID-related healthcare needs, from diagnostic tests and prenatal visits to emergency and trauma care.

Marya Skaare stepped into the manager role of CHI St. Alexius Health Dickinson Foundation on April 7. As a long-time supporter of the Foundation and active member of the Foundation's Annual Charity Ball committee for several years, she is passionate about

the importance of access to high quality healthcare in western North Dakota and more importantly, about the mission focus of CHI St. Alexius.

Skaare credits the excellent healthcare in our region to those who originally saw the need for local care in Dickinson—Bishop Wehrle of Bismarck and the Sisters of Mercy of the Holy Cross over one hundred years ago—and to all of the doctors, nurses, staff, administration and donors who have worked in service to the hospital's mission over the years.

"The opportunity to serve in this capacity and continue their good work is truly a gift," Skaare shares. Bringing her experience in philanthropy, leadership, community outreach and the energy industry, Skaare is excited to engage the community in improving healthcare today and in the future. "This year has challenged us all in unexpected ways and



Marya Skaare

now more than ever, it is critical that we don't just 'shop local' but that we also 'support local' to ensure the continued success of our dynamic and thriving healthcare system." ■



HEART RIVER GEMS

Scott Decker

By Kaylee Garling



"I wasn't very outgoing as a young boy and tended to stay within a very small circle of friends and family with whom I was very comfortable. Around my junior year of high school, I decided to change that and become acquainted with everyone I met." For some, this is surprising, coming from someone as well known as Scott Decker, an icon in our community, but this was his greatest challenge growing up. Not only does being in local leadership put an untold amount of responsibility on his shoulders, he attends events, functions, and meetings that require consulting people.

His life of leadership didn't begin as mayor. For over 21 years, Scott has served our country, going above and beyond. "Basic training, airborne school, Desert Storm, playing horseshoes at the White House with President Bush, shooting on a rifle team that defied all odds and won the All-Army competition,

serving in South Korea, being selected as the Army's Spokesperson and showing the world the Land Warrior Fighting system, then transitioning to a role as weekend soldier and back onto active duty after being asked to run the Army National Guard Southwest Recruiting Station. Yet, after all that, it is the soldiers I came to know and love that I find the most unique thing about the military. Some say it's like a second family, I would disagree... It is family."

Scott was born and raised in Dickinson, graduating from Trinity, then continuing his education at Dickinson State University, where he later graduated. "We always got together as family (Decker or Roth) to butcher livestock. It was a celebration of all the hard work that was put into raising and caring for the animals. We fished a lot, and those memories at the lake, on the Heart River, or many of the small lakes in southwest ND, cannot be forgotten."

He is a local through and through, knows the community, the people who live here, and what our needs are. We couldn't ask for a better person to be leading us through these challenging times. "The city staff and I began planning over a month ago to be prepared for this. Police Chief Dassinger and other city staff wanted to be prepared, so we began having meetings to look at different scenarios. So, when the state started to issue executive orders and giving recommendations, we were ready to implement with our city staff. Chief Dassinger stood up the Emergency Operations Center (EOC), and he began coordinating with local officials and key stake holders to have daily meetings. I feel as a city we were very prepared and have dealt with the uncertainty in

a proper manner. Nostra Sponte!"

I'd have to agree, as our dear community continues to support one another and handle the uncertain times as best we can. "Being mayor has opened my eyes to the complexity of the machine we all call the city of Dickinson. That it has many moving parts and how it touches so many different lives. The city is more than just some taxing entity and ordinanceproducing organization. How we as a City Commission can make it function in a manner to encourage growth while being responsible caretakers of the people's trust." When faced with life's obstacles," he says, "Show up on time, ready to work, and willing to learn. Know

that someday you might have to lead, be prepared. Have a plan and be prepared to adjust that plan. 'No plan survives first Contact,' paraphrasing Helmuth von Moltke."

Our son, Jake, is a pharmacist and lives in Grand Junction, CO. Our daughter, Alaynea, is a full-time firefighter for the city of Dickinson."

His favorite quote is testament of his

love for his family:

"If there must be trouble, let it be in my day, that my child may have peace."

– Thomas Paine

Though Scott is in the public eye, there are still things most people don't know about him. "I write a lot, always have and probably always will. For me, it's therapeutic and relaxing. I had my column back in the university newspaper and was published once while in college, but I doubt it left any impressions."

We've also been lucky enough to read his articles in Heart River Voice. Looking forward to continued interaction with such a wonderful leader of our community, a person worthy of our trust and concern for our well-being, especially during these days when we lean a little more heavily on our elected leaders.



There is much for Scott to be proud of in his life, but he credits his wife and family as his greatest achievements. "I am so proud of my wife and children. Everything they had to endure while I was serving full time in the Army and how they persevered to become so successful. I've been married to Shelly Treitline since 1989 and we have two children. We've al his articles forward with such community trust and especially lean a little leaders. ■

Heart River Gems is proudly sponsored by



PIPER'S PALS

Pet name match

WOULD YOUR PET (dog or cat) LIKE TO BE ONE OF PIPER'S PALS? SEND US YOUR PET'S PHOTO AND NAME FOR CONSIDERATION!

Email kelley@heartrivervoice.com

April's answers:

A: #5 Bayli D: #4 Rufus B: #1 Nymeria E: #2 Ernie C: #6 Teddy F: #3 Loki PAGE 8 | MAY 2020 HEARTRIVERVOICE.COM

DICKINSON STATE UNIVERSITY

Student Spotlight: Daniel Suazo-Amaya '20

Tell us about your life before you came to Dickinson State University (DSU).

I grew up with my parents and grandparents. I went to high school in Honduras, specifically San Pedro Sula.

My school's graduating class was only 11 people. I played every sport there was: volleyball, basketball, soccer... I did folkloric dance, track and field, and swimming. I graduated in 2015 and went abroad to Switzerland. Then, I started college at DSU in 2016.

What made you choose Switzerland?

My aunt lives in Switzerland, and her

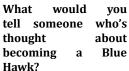
husband works at a high school. I lived there for three months because I've really always wanted to learn French. My cousins speak French and very little Spanish.

So, after Switzerland, what led you to choose to come to Dickinson and DSU?

When I decided to come to the United States for college, my parents and I went

Usually, we don't have residence halls to live in, and that experience was new for me. I never had to share a room before, and it wasn't weird, but I just wasn't used to having someone sleeping there every night. I got along with my roommate, so

that made it easier.



My biggest advice would be, if you want to be part of this community, just go for it. At DSU, there are people that want to help you stay on track. Be confident about yourself, be involved on campus, and connect

with people that you know are going to help you succeed.

How has your time here changed your plans for the future?

When I was a kid, my dream was to work at a chocolate factory. That happened because I went to Switzerland when I was 10, and since Swiss chocolate is a big thing, I wanted to work at a chocolate factory. That's still my goal. My

idea is to work in marketing for chocolate and see how I can market chocolate in other countries and make people like it as much as I do. I just made my goal more realistic, not original my "Willy Wonka Chocolate Factory" idea.



DICKINSON

STATE UNIVERSITY

Daniel Suazo-Amaya

to this program called Education USA. We gave them our budget and they found schools in that range, and then we picked one. I decided to apply to DSU and was accepted. My parents and I were happy with it. It was far, but I wanted a new experience.

What's different about college than you expected?

College back home is different.

You're a senior, and we're sure you get asked this a lot. What's next for you?

Now that I'm graduating, I want to live in Switzerland. I've been trying to apply for jobs, and with the situation going on right now, it's kind of complicated. I'm juggling some ideas of how I can make my dream come true. And, no, I won't be eating chocolate every day like I pictured it, but it'll be fun! ■

YOUR HEALTH

Allergies, spring cold, or both?

By Steve Irsfeld



Cough and cold season seems to be finally coming to an end. It has been a long and painful year for many who have suffered for weeks dealing with the effects of upper and lower respiratory conditions. As we exit one season, unfortunately, we enter another, allergy season.

There is a thin line between allergies, colds, and respiratory infections this time of year. When we find ourselves battling allergies, our immune system begins to run on over-drive and it sets the stage for colds and infections. The symptoms are often the same; tiredness, head congestion, sore throat, cough, and even difficulty breathing.

Lately, at the pharmacy, we have been seeing a lot of people being treated for late winter illnesses caused, or at least aggravated by, allergies of the fresh and new spring season.

This leaves people wondering if the cold will ever go away, asking why the antibiotics or immune-supporting supplements are not working, or why their allergies are worse than ever before?

Since allergies are often the stepping stone to upper and lower respiratory infections, I would like to share with you some strategies to a healthier allergy, cough and cold season.

The first step would be to eliminate allergens from your environment. We cannot control mother nature, although we can control the environment within our living and workspaces. One of the best things you can do is make sure that your home air filters are changed at least every 3 months.

Secondly, when you think of allergies and immunity, you should consider your

especially intolerances. food Food intolerances can lead to issues of inflammation, congestion, and immune suppression. One can have a food allergy or intolerance to any food, although avoiding reducing dairy and gluten can provide a great benefit as they are common intolerances people experience.

Avoiding foods including excessive alcohol, refined sugar, artificial sweeteners and flavorings that can tax our immune systems is also recommended.

Common medications used for symptom control include antihistamines and decongestants. Not only can these come with unwanted side-effects such as drowsiness and interactions with conditions such as high blood pressure, they only treat symptoms. This is why I prefer utilizing natural preparations that cast a wide net of prevention and resolution.

What I love about natural supplements is that we are supporting the body from the foundation of immunity. These supplements contain a blend of nutrients that support both our innate and adaptive immune response and have shown to provide nasal comfort, enhance immune cells, and have shown to stabilize our mast cells from going haywire, leading to the allergic reactions and inflammation.

Lastly, I recommend taking time out. Whether it be a cold, infection or allergies, we must take some weight off our immune systems, and one of the biggest challenges is stress; physical, emotional, and mindful.

So, if you haven't gotten relief or are having unwanted side effects from your current allergy/cold regimen, stop by and we can talk about alternative options that will address the issue from a different angle.

Please visit my website at www. irsfeldpharmacy.com to find this and other archived articles in the blog section. Until next time, be vigilant about your health! ■

TRINITY CATHOLIC SCHOOLS

Light in the darkness of COVID-19

By Kelli R. Schneider, Marketing Coordinator

This time of social distancing, school and business closure, and a lack of routine amidst COVID-19 has posed a challenge on numerous levels. As we read in multiple media outlets, hrough many lenses, COVID-19 has taken away traditions, rituals and events that are life-giving for people. Through many

other lenses, COVID-19 has brought a fresh perspective how life ought to be prioritized and traditions and rituals that have taken a back seat because of "being too busy" have emerged from the shadows.

The Class of

2020 has sacrificed a number of special moments with their friends, their classmates, and their teachers in the last month. What they have exchanged these moments for, however, has built in them a priority of life that will carry them well into the future. Take a read

at some of the ways the Class of 2020 at Trinity High School is finding light amidst the darkness of COVID-19.

What are unexpected graces that have come about during this time of quarantine...?

"Trying new things with my free time that I haven't been able to try before."

"I've taken a step back to think about life and the decisions that are before me right now."

"Spending more time in prayer – and using my cell phone as a tool for prayer..."

"Covid-19 has taught me to never take anything

for granted. Senioritis kicked it after Christmas break and now I would do anything to be back in the classroom with my friends and teachers."

"How much closer my family have gotten. We all used to be so busy, but with all of us home now we've found the



The Trinity High School Class of 2020 celebrating the Wassail Tea in December, 2019.

time to be closer with each other."

"This quarantine has really opened my eyes as to how much in life we take for granted. It has definitely made me a little more grateful for everything that was normal to do before this all happened."

"I have learned how to prioritize communication."

"We have all come to realize how important the little things are."

How is the Class of 2020 continuing to interact and support one another in this time...

"Going outside for a socially distant walk or a bike ride with a friend has

kept us connected, and is something I probably would not have had time for without the pandemic..."

"We FaceTime to work on assignments together and compare answers, it makes it easier to help each other if one needs. After we are done with our school work we usually talk for another half hour at least. We are all in this together."

Truly there is much the Class of 2020 has not gotten to experience. However, there is much experience these students have added to their young lives through COVID-19 – and – by the grace of God – much more to come!

Closeout on all exercise equipment!



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PAGE 10 | MAY 2020 HEARTRIVERVOICE.COM

FINANCE

Don't let fears drive your investment choices

First, the coronavirus rocked the financial markets. Then, oil prices dropped more than 20 percent after a breakdown in OPEC production discussions. Not surprisingly, the markets took another nosedive. Yet, despite these events, this recent market volatility may well be attributed more to fear than the forces that usually drive the markets. Ultimately, in the investment arena, as in all walks of life, facts matter. And right now, if you look beyond the headlines, the facts that matter to investors may be far less gloomy than you might have imagined.

So, here are some things to keep in mind over the next several weeks:

• This isn't 2008. If you were an investor in 2008, you well remember the market crash that resulted from the bursting of the housing bubble, which had severe ripple effects throughout the economy. The situation is different now. While it's quite likely that the U.S.

economy will take a hit in the short term, the overall economic fundamentals were strong before the coronavirus came along and may indeed prove resilient enough to withstand the recent shocks. Specifically, the labor market conditions were the best in decades, housing activity was improving and interest rates remained low. And even the recent events may have a bright side: The drop in oil prices will likely reduce prices at the gas pumps, leading to more money in the pockets of consumers, which, in turn, can boost spending, a key driver of our economy. And the large decline in interest rates will make home purchases and mortgage refinancing even more attractive - again, positive moves for the economy.

• We've been here before. From the time the markets bottomed out in early 2009 until just a few weeks ago, stock prices climbed about 300 percent. Yet, during that time, we also saw three separate market drops of more than 15

percent, similar to what we're seeing now. These market corrections always feel unsettling, but it's important to recognize that they are actually a normal part of the log-term investing process.

So, given these factors, how should you respond to the current situation? Instead of simply selling your stocks in an attempt to cut your losses, review your portfolio to see if it is properly balanced between stocks, bonds and other investments in a way that reflects your goals, time horizon and risk tolerance. Those investors with properly balanced portfolios are not seeing the same level of decline as those whose holdings are almost entirely in stocks. And while diversification can't guarantee profits or protect against all losses, it can help reduce the impact of volatility.

Here's another suggestion: Look for good buying opportunities, because they are certainly out there. A well-managed company with a solid business plan that



produces quality products and services is going to be that same company after the coronavirus and oil price panics subside – and right now, that company's stock shares may literally be "on sale."

While it's not easy for you to look at your investment statements today, remember that you're investing for goals that may be decades away. By keeping your eyes on this distant horizon, so to speak, you'll be less likely to over-react to the news of the day – and more likely to follow a long-term strategy that can work for you.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones. Member SIPC.

SALUTATIONS

Greetings from Germany!

Greetings from Pit Mueller, the exchange student and SDC Intern from Germany!

My dream, that Spring 2020 will be an excited year with work experience at Stark Development Corporation and a lot of impressions about the "American way of life" suddenly ended on March 12, when I got the message that I have to leave the U.S. immediately. Because the threat of COVID-19 was becoming a bigger issue in Europe and also in the U.S., the U.S. Department of State and the German Bundestag decided to send all international scholarship students back home

Two and a half days later, I was sitting in the waiting area at the Theodore Roosevelt Airport, waiting for my 36-hour travel back home to start. I then traveled through the airports of Denver, Chicago and New York City, which was very exciting. On Monday, I finally arrived safe in Frankfurt, where my family picked me up.

Within one and a half weeks, I started my work for a medium-size family company, which sells hygienic products, like toilet paper and hand sanitizer. These items are very popular at this time, which keeps me busy.

Through my participation of the Congress Bundestag Youth Exchange and my mission to be a junior ambassador first from Germany and now from the U.S., I would like to stay in contact with you, to hear your story and also to continue telling my story from Germany. I think it is very important to hear each other's story and also to understand the opposite culture which includes the community, the people and the political system.

Thankfully, I had the chance to meet Congressman Kelly Armstrong and Senator Rich Wardner, which gave me great insight into the U.S. and North Dakota politics. As far for the meeting with the politics, I am also happy about the opportunity to continue being a mentor for the Best Friends Mentoring Program. I am able to stay in contact with my mentee through FaceTime, which is a great pleasure.

I am looking forward to going back to North Dakota, especially to Dickinson. I really found in Dickinson a strong community with great people. During my first days in the U.S., I was skeptical about Dickinson, but I am very thankful that I had the chance to live in this area for around eight months and to call it home.

Everybody showed me how to live the "American way of life" and to see all this in North Dakota is just amazing.

Without saying goodbye to most of my friends in Dickinson and now being back in my "old" life in Germany, I am very thankful for my great time in Dickinson. I appreciate everyone's support and especially from my great host family, which is just awesome!

I wish you all the best! Stay healthy and safe.

~ Pit Mueller

Contact Pit at: pit.wilgersdorf@googlemail.com Facebook: Pit Müller ■



Pit and his friend, Sasha, at the New York JFK airport



Pit and his father reunited at the Frankfurt, Germany airport

BEST FRIENDS

Best Friends partners with iCouldBe, develops its own Google Classroom

By Mark Billings

As COVID-19 develops new restrictive social norms, a local organization is helping people draw closer by using virtual platforms.

The Best Friends Mentoring Program (BFMP), which has matched



SINCE 1995

thousands of local youth with trained mentors for more than two decades, has transitioned nearly all of its 100 matches in Bowman, Stark and western Morton counties to electronic settings within a span of two weeks.

"Every one of our active mentors has expressed enthusiasm and flexibility in pursuing their mentoring relationship virtually," said Mark Billings, senior program coordinator. "We have also heard how much mentors and mentees miss one another and what these relationships mean to them."

One mentor-mentee pair who benefited almost immediately from e-mentoring was Pit Mueller, a participant in the Congress-Bundestag Youth Exchange (CBYX) program and his mentee, Kutter Berger, a student at Prairie Rose Elementary. Paired

for nearly an entire school Mueller year, received a call from his CBYX coordinator March 12 with the urgent news that due COVID-19 concerns, needed to start packing and return to his native Germany in two days.

On March 13, he told Berger he was leaving the country. He flew out of Dickinson on March 14 and was back in Germany by March 16. "Those were some of the worst days of my life, of leaving such a rich experience in the United States so quickly," said Mueller.

The news was also devasting to Berger, who told his mom through tears that Mueller was leaving. "He was really upset and told me how much he was going to miss Pit," said Crystella Berger.

Within a week however, BFMP reconnected the pair, and Mueller and Berger were talking with one another through a video-conferencing platform. "Kutter was so excited to have that connection again with Pit," said Crystella Berger.

As COVID-19 has forced all students to e-learning platforms in their homes,

ongoing health concerns are also keeping youth isolated from friend groups, school routines, and faceto-face interactions with teachers, paraprofessionals, and other important people. Faced with new social voids, mentoring is more important now than it ever has been, said Billings.

"Kids especially need that special interaction or spot-on encouragement that can only come from their mentor," he said.

BFMP is working with the MENTOR: The National Mentoring Partnership to develop more support for e-mentoring, and has established a new partnership agreement with iCouldBe.org, said Kris Fehr, the organization's executive director. Based in New York City, iCouldBe offers a secure, interactive mentoring platform to help prepare

youth for career readiness. BFMP secured 50 of an available 1,800 slots opened to organizations during the COVID-19 crisis. iCouldBe received requests for more than 20,000 mentormentee pairs, according to M. Michelle Derosier, the organization's chief program officer.

BFMP is also preparing its own Google Classroom to enable mentors to connect with their mentees virtually in a secure platform. "We are learning a lot and keeping our options open as we adapt to the changing needs of kids and the enormous pressures on all of us to innovate," said Fehr.

For more information, including ways to become a mentor, contact BFMP at (701) 483-8615 or e-mail Billings at mark@bestfriendsnd.org. ■



Kutter Berger visiting online with his Best Friend mentor, Pit Mueller

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PAGE 12 | MAY 2020 HEARTRIVERVOICE.COM

VOICING SOME THOUGHTS

Live, love, laugh

By Janell Hermann



I wonder how many times we have all seen these sentiments...on walls, pictures, keychains, t-shirts, towels? How often however, have we actually taken these sentiments to heart? Really paid attention to each word and lived them. Right now, life feels like anything but normal. Gone is the familiarity of our daily activities, the busyness, the distractions, the routines. Ironically, what it has been replaced with is what it means to truly live. I have decided that this unprecedented time we are living in right now might be the perfect opportunity to ponder and put into practice each of their meanings.

What does it mean to Live? When people explain what makes their lives meaningful, they tend to describe four things: having rich relationships and bonds to others; having something worthwhile to do with their time; crafting narratives that help them understand themselves and the world they live in; and having experiences of awe and wonder. We now have time to relish in the rich relationships we have with our

families and make calls to the special people who we have not had the time to talk to. Time to do something we have been putting off or time to do something special for ourselves. Time to sit and

talk with our loved ones about the things that make us who we are individually and honor that in each other. Time to discuss what is going on in the world and how we can each make it a better place to live. And, time to get out in nature and witness the beauty that is there for us to enjoy and be grateful for such a gift.

What is love? Love is a very big word. I have heard it described in hundreds of ways. Why not take some time you are spending with your family and find out what the word love means to each of you? I bet each and every description will bring joy to your heart. Put all those meanings into practice as you share your lives together during this time. Really feel the love.

Why do we need to laugh? Because laughter is the best medicine and we need some good medicine right now. Sit

around and get a good case of the giggles going by taking turns telling jokes or funny family memories or turn off the news and turn on a funny movie. See how all the laughter makes you feel. Science has proven that laughing makes us feel good in a very physical way. It relieves stress, strengthens our immune system, soothes tension, lightens the mental load, and improves mood.

Three simple words with so much meaning, and three simple verbs with so many rewards.

I'm 104 years of age

By Helma Lein

I wish to thank everyone at Edgewood Hawks Point for all they have done for me during the many years I have stayed here. I have enjoyed the activities, mus (all kinds, even the kazoo), especially Book Club and the outstanding college classes. This is a friendly place with good

food and pills that work.

I was born March 28, 1916. My parents name me Helma after a friend ofmy mother's in Norway.



The U.S. was invovled in WWI even though they tried to avoid it. At that time, a flue disease was rampant in North Dakota. My mother died from it. I was two years old. My father decided to ask his sister and her husband to be in charge of the needed care of my youngest sister, and she lived with them. My youngest brother (age 4) and I lived with his brother and wife. We stayed in these homes until old enough to begin first grade, and all of us received good care.

There were many fun times and also scary times. For instance, playing int he hay in the barn and using a sling to exit, and following a threshing machine that resulted in getting lost. Also purposely putting two feet in one man's boot and not being able to get it off. I can't forget the puppy that bit our toes.

Silver linings

By Melissa Germundson

How many of us have aspired to be more present? To live at a slower pace? To catch up on life? Well, it's here - and not for just a few of us, for most of us. Nobody ever wants the economy to be shut down. And being the wife of a small business owner, I can empathize with all other small businesses that have little to no income. Nobody ever wants school to be shut down nor sports and travel to cease. But it has. And how we react to our new normal is a choice we get to make.

About five weeks into "lockdown", I am finally getting the hang of working from home and helping the kids with distance learning. It took our family about three weeks to get into a good routine, but we now have more good than bad days. We have had anxious times, frustrating times, and heartbreaking times....but also we have had peaceful times, joyous times, triumphant times, and grateful times. And to be honest, I am starting

to really like our routine at home. Not rushing off to anything. Just living the simple life at home with work, school, chores and being together has always been a dream that seemed we couldn't make time for. That is our silver lining. We now have time.

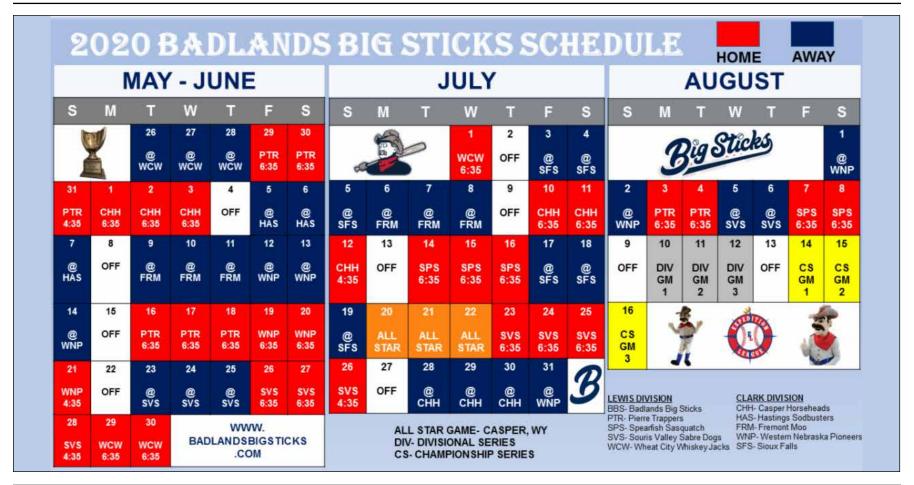
How many of us are watching the heavy news instead of the positive movement of love during this time? #aworldofhearts, doctors and nurses celebrating COVID patients that have healed, birthday parades, supporting local restaurants, a surprise check in the mail, or maybe you got a card or call from a loved one.

While anxiety can creep into my life during this time, I remind myself that God is my anchor. I refocus on the good that has been unleashed at this time. I am comforted by Jesus. He allows me to have a relationship with God, and God reminds me that he works all things for good, He will never leave us and always loves us. He fills me with hope and assurance



that great things are happening now and in our future; within me, within my household and in this world. A revival.

We have been thrust into a slowdown. so what have you done with this time? What do you cherish right now that you will keep in your new normal? I think we will keep playing hopscotch, watching the kids learn tricks on their scooter's, taking drives on country roads, painting rocks and hiding them for family to find with limited clues (or anyone that happens to find them), dart gun fights, and going for walks with no time limits. We will keep Jesus first. Keep being present. Keep embracing today. Because, as we all experienced, things can change quickly - except our God. He is the same yesterday, today and tomorrow. He is our rock and in times like this - uncertainty can seem like it prevails, but it doesn't. But His love does. ■



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CONVENTION AND VISITORS BUREAU

#SmileDickinson

Travel has always been a part of our country, whether for short is one-day trips, summer vacation, sporting events, or business. It's been an adjustment, a big adjustment, to the restrictions that we have all taken for granted - moving



about at will. As restrictions become lifted, options for continued safe activities will be the first recommendations, such as the social distancing outdoor activities that are popular especially as the warm weather enters into our season.

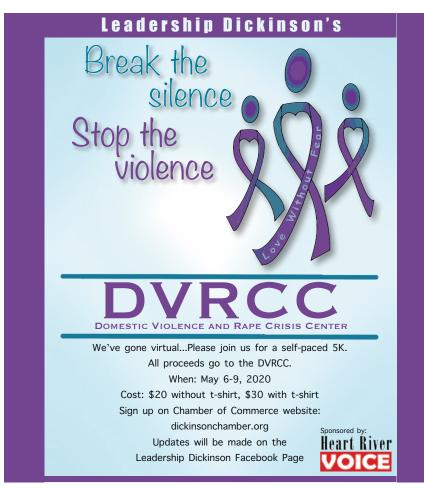
For many years, the Convention & Visitors Bureau has created many marketing plans based on attracting visitors to Dickinson and our area to experience our attractions, events and rugged landscape. Today, we are in a different marketing world. We are here to help our locals even more than ever. The CVB staff has been creating new formats for providing ideas for things

to experience, learn and do. Let's rethink our local history. How can we make it not only interesting information, but also fun entertainment? We're going to create ideas for outdoor experiences for children, a fake dino hunt idea, wildlife viewing tips, and so

or

Our message this month is to use our website as a resource for ideas and local and business informww.visitdickinson. com and of course we are on social media. We hope that if you see incorrect information on any of our platforms, you will please let us know so we can update them.

We will come back to experience all the wonderful attractions and events that we love. It might be with additional cautions and safety measures, but we will get there. Tell a joke, make someone smile. What did the horse say when it fell? I can't giddyup! #SmileDickinson ■



WHERE BUSINESS GOES TO GROW

Census 2020 still a priority

By Stark Development Corporation

It seems like yesterday, we were urging everyone to get ready to fill out

the Census because it was the most important thing each of us could do for our communities. Wow, how times have changed quickly. Don't get us wrong: The

Census is still vital to the well-being of our communities, and we are seeing how important it is for us during this unprecedented health pandemic to have the support of local, state and federal government.

We hope all of you are being smart and staying safe. It's a trying time for our residents and our businesses, but we need to follow healthcare guidelines so we can stay ahead of COVID-19. Practice social distancing, stay home if you're sick, and remember we will get through this!

But even with all that's going on with the pandemic, the Census is rolling on, and we're proud of the way that North Dakota is responding. As of April 23rd,

52.3% of North Dakota households had filled out the Census. In Stark County, 53.2% of households had completed the Census.

Operationally, the

U.S. Census Bureau has delayed many of its operations to protect the health and safety of its staff and the public.

Right now, Census, field activities will resume after June 1, 2020, as Area Census Offices begin returning to full staff capacity. What does that mean for us?

- If you've completed the Census, THANK YOU! You have done your part to make sure that the people who live in your household have been counted.
- If you live in a household that has a mailing address, you should have received multiple mailings with a

12-character code. You probably also received a paper questionnaire in the mail. Please go online to www.census.gov and complete the Census questionnaire or mail in your form. You can also call 1-844-330-2020 and someone will help you take the Census over the phone.

• If you live in a household that has a P.O. Box and no mailing address and you haven't completed the Census, we're actually going to ask you to wait! Starting in June, unless the health situation worsens, a Census worker will drop off an invitation and a paper copy at your household. That invitation will contain a code that will correspond to exactly where you live. It will help the Census Bureau know who has completed the Census and who might need to have a visit from a Census taker, which, at this time, won't start until late summer.

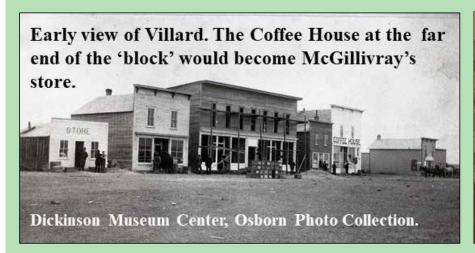
We know that it seems like filling out the Census might not be a priority but having an accurate count does so many things for our communities. It ensures that we get our fair share of federal dollars, and our communities will need every dollar we can get as we build our way of life back after we beat this pandemic!

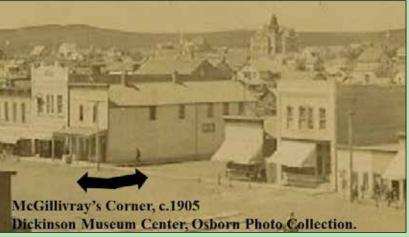
So, stay safe, stay healthy, and stay home if you can! And let's be sure that we beat Montana and South Dakota in Census numbers when the final tally is taken! After all, none of us want to lose to Montana! ■





PAGE 16 | MAY 2020 HEARTRIVERVOICE.COM





SHOOT OUT AT MCCHLLIVRAY'S CORNER

By Bob Furhman

When you hear 'Western Frontier' vast prairies, formidable badlands and rough and tumble towns come to mind. The popular conception of the American West is fueled by writers of sagebrush sagas, cinematic cowboys, and stories, both written and handed down, of hardy immigrant pioneers carving out a life on the Great Plains. Dickinson, where settlement started in the early 1880s as the railroad pushed westward. was only briefly part of the 'Frontier' as historian Frederick Jackson Turner's famous 1893 essay The Significance of the Frontier in American History contended. For Turner, the existence of 'free land' (the Frontier, i.e. areas open to settlement) was essential to the Americanization of the continent. When the 1890 census showed most of the West to be settled, his essay declared "the frontier has gone," signaling the end of the first epoch of American development. Whether you agree with Turner or not, Dickinson's first few decades reflect the rapid modernization of our built environment even as vestiges of the frontier slowly faded away. This month, we'll take a look at an incident that reflects part of that rough and tumble era.

The dramatis personae of this incident are two little-known cowboys, Frank Chase and Jasper 'Jap' Hultz (sometimes Holtz). The first mention of either of these gentlemen comes from the June 13, 1883 Helena, Montana Independent Record which reported that the Dawson County Sheriff was offering \$100 for the arrest of Hultz and two companions who had tried to "run" that town one

night two weeks prior. The next year the Dickinson Press reported Chase and two companions had just hit town from the Killdeer Mountains where the local stock was in good condition as winter ebbed away. Chase again visited Dickinson in early 1885 when he came from "the north" with James Cuskelly and "a large lot of venison." Jasper Hultz was also from Dunn County near the Killdeer Mountains where the 1885 Territorial Census lists him as an Iowa-born farmer, age 45, along with his Irish wife Kate. We should note here that the terms 'farmer', 'rancher' and 'cowboy' are applied to Jasper and Frank at various times, being somewhat interchangeable depending on the source, Chase probably farming a claim while also working for a local rancher for instance.

It was during this time period that we find the first mention of the two men together in Zema Trinka's 1920 book Out Where the West Begins in her chapter "Vigilantes of North Dakota." Trinka attributes the vigilante movement ostensibly to the desire to rid the frontier of rustlers and horse thieves, one such Vigilance Committee being formed by leading Eastern Montana stockmen in fall 1884. Trinka's account of this committee's activities as they crossed into the Dakota Territory includes them bullying small ranchers, destroying property and killing a hunter, none of whom were believed to have any tie to rustling. "The real purpose of the expedition," according to Trinka was to "drive the smaller ranchers out of the country" to keep the range open. It was in one such attempt at intimidation that Chase and Hultz figure when the Vigilance Committee found them and another cowboy named Kid Edgar at the Shafer Ranch, along the Little Missouri in McKenzie County.

The three cowboys had no forewarning of the Committee's activities and naively invited the group to eat with them after which they found themselves prisoners, being informed that they were shortly to be hung from nearby cottonwood trees. "The situation was...critical, but they were saved by Frank Chase...a brilliant speaker of striking personality, and a man of wonderful ingenuity." Chase fed the riders a story, claiming to be a big stockman himself and a friend to their efforts. He took them out to see several herds of "his" stock and spun a lie as to his plans for the future to which "they listened and believed." Years later Kid Edgar commented, "I never was so sure of anything in my life as that we would be hanged from that cottonwood tree, but Chase lied out of it."

Jasper Hultz had a minor brush with fame in 1886 when an Easterner-turned –cattleman named Roosevelt showed up at his ranch in the Killdeer foothills to borrow a team and wagon which he used to convey three boat thieves to jail in Dickinson, a famous incident from the future president's time in Dakota. Although one source identifies the ranch as belonging to Jack Mason, Dr. Victor Stickney's account of meeting and treating Roosevelt when he arrived in Dickinson with his prisoners says he obtained his transportation at "Jap"

Holtz' ranch.

Two years later in January 1888 Hultz, his wife and her sister traveled seven days to Dickinson and registered at the Villard House, the Press noting that Jasper reported "more snow on the prairie than he has ever seen before." We don't know why Hultz was in town or for how long, but we do know he was in Dickinson again in late April. So was Frank Chase, who arrived in mid-April, this being his first visit to Dickinson in some time. He had been away serving the Canadian Army as a scout during Reil's Rebellion (1885) and had only recently returned to his Killdeer Mountains ranch (this absence probably explaining why he does not appear in the 1885 territorial census). Regardless of what brought the two men to town, only one of them would leave Dickinson alive.

The following account is based on sworn testimony:

On the night of April 24/25, 1888 both men were out and about sampling the distractions that Dickinson had to offer. Hultz spent the evening in a saloon drinking and playing cards, his poker luck running thin as he was losing heavily. Sometime between midnight and 1 am he decided to visit Eva Graham's house of ill repute on Villard - which she delicately referred to as a "ladies boarding house;" the fellas simply calling it "Eva Rays' place."

Frank Chase was already at Eva Ray's when Hultz sauntered in. It was rumored there was a long-standing dispute of

Continued, next page

Continued from page 16

unknown origins between the two | cowbovs and they soon "had a difficulty." Hultz was obviously no stranger to the establishment as Hattie Setter, one of Eva's girls, made a disparaging remark about Hultz's wife which resulting in the offended party putting Hattie on the floor in a most ungentlemanly fashion. Chase then "interfered and (he and Hultz) had a great deal of talk," Hultz saying that he could slap the girl's mouth or "any damned son of a bitch that upheld her." Eva then took hold of Hultz's arm, who turned to tell her, "Don't monkey with me. I am a bad man and you don't know me."

After that Eva Graham and patron Davis Breeding tried to persuade Hultz to go with John Close to Lish's Saloon (where Close worked as a "dispenser of liquid exhilaration") but Hultz refused to go unless Chase came along too. Chase refused the trip to Lish's unless Hultz remained. At this point Hultz told Chase "that he had whipped him once and could again" to which Chase replied, "I know you did and can again and I don't want to fuss with you." Chase then went into one of Eva's bedrooms, searching for a revolver but found none.

At this point John Close led the way out of Eva's followed by Chase and Breeding. Hultz then caught up with the men, walking up to Chase declaring, "Frank, I am going to thump you," and then called him a coward for having looked for a gun. Hultz then drew his revolver, a double-action Smith & Wesson .38 caliber model, and turned it butt first to Chase saying, "take this and use it if you can." Chase took the gun but gave it back to Hultz saying he did not want the gun as it would leave Hultz with none. Hultz replied that he could give Chase the revolver and still lick him, but then the two men's voices dropped low.

Close heard Hultz say "he had the revolver against Frank's heart," but Chase's response was too soft to hear; Hultz had the last word, saying he would not shoot Frank unless Chase had a gun too.

Breaking off the encounter the men dispersed, with Chase and Breeding moving off together and stopping in at Brown's Saloon where Chase unsuccessfully asked to borrow a revolver, as he "said he wanted a gun very badly." From there Chase went to Frank Lish's saloon where he met John Close again, asking if he could have a gun from that saloon but Close refused. Chase remarked that he'd go to bed if he had a revolver for protection and eventually persuaded Davis Breeding to sell him a .45 caliber Colt six-shooter there on the street in front of Lish's for \$20, at the same time promising Breeding and Close that there would be no trouble. Fearing real trouble, John Close headed for the Courthouse determined to get the Sheriff.

After buying the pistol Frank Chase asked Davis Breeding to return to Eva Ray's place to get his (Chase's) vest and jacket while he waited in the vicinity of McGillivray's corner, sitting himself on a barrel on the east side of McGillivray's store along Sims Street. While this was happening two of Eva Ray's other patrons, John Porter and John Hammock, both of whom had seen the earlier Hultz/Chase confrontation, were in Walton's Saloon where Jasper Hultz eventually went after leaving Eva's.

At Walton's Hultz must have still been running his mouth as Hammock urged him to bed down at the saloon (which Hammock had planned to do himself) and worry about Chase in the morning. The time was now nearly 2:45 am; Jasper Hultz refused Hammock's suggestion and left Walton's Saloon, noticing Breeding pass the saloon with Chases' coat and vest and, according to Breeding, following him. John Close, who had been worried enough to go seeking the Sheriff suddenly decided against that errand as he neared the Courthouse and turned back and went to his room. From his room, which might have been in the St. Paul Hotel next door to Walton's Saloon, Close suddenly heard shots. Leaving his room to investigate Close met John Hammock and John Porter near the Bank construction site at the corner of Barnes and Villard. They told him a man was down near McGillivray's corner, all three then proceeding directly there where a body lay. Bending down to check for a pulse John Close quickly concluded that the man lying there was indeed, dead - it was Jasper Hultz.

John Hammock found Frank Chase and Davis Breeding on Villard Street. Chase asked Hammock and Breeding to accompany him to the Sherriff to turn himself in. Meanwhile Drs. McDonald and Stickney, who had also heard the shots, arrived at the scene and examined Hultz, confirming death resulted from a gunshot to the head, the shot striking midway between his right eye and mouth, traveling left and downward, exiting at the back of the skull. Examination of the weapons revealed Hultz's revolver had four empty chambers while Chase's Colt still held 5 shells. Dr. McDonald reported hearing two shots and then 2 or 3 following to which Mrs. Thompson, who lived nearby, added that in between the shot groupings she distinctly heard, "take that, damn you." Breeding, who was the only eve witness to the actual shooting, said he had been looking around the corner and saw the two men exchange words (which he did not quote) and that they were about 25 feet apart when they fought, Chase stepping back before the firing commenced, Hultz firing 2 or 3 shots and Chase 1, that being the last.

After Chase, Breeding and Hammock left for the Courthouse, it is assumed this is when the doctors or possibly a deputy arranged for a wagon box to be tipped over to cover Hultz's body which was left in place for the coroner to examine the next day – the covering to keep away the curious, including hungry local hogs which sometimes roamed outside of their owner's yards, Dickinson not passing an ordinance against at-large livestock until 1899.

The next day Coroner Ellison arrived on the noon train from Richardton and empaneled William Moore, A. C. McGillivray and John Vinton as his jury, taking testimony of the above details from 10 witnesses, recalling a few the next day and receiving a statement from Frank Chase which added a few details –

"I told Breeding I would give him \$20 for his gun and he said if I would give my word and honor that I would go to bed he would let me have it...I sat down on a barrel waiting for Breeding to bring my coat and vest. After he returned...I bade him good night and I was going the back way to Klinefelter's (the Villard House hotel) to avoid front street (Villard). Whether Breeding spoke and says 'Look out' or Hultz says 'shoot' I don't know, but at that instant Hultz fired. He was on the sidewalk and fired two shots when I pulled my six shooter and it failed to go off, then we fired at the same time and Hultz fell. There were four shots fired and I thought one struck my ear...I stood for a half a minute after he fell. Breeding was the first man I saw and I asked him if he supposed I had killed Hultz and he said he thought I had and I asked him to go with me to give myself up. We went to jail and gave myself up to Deputy Sheriff Gruschus and told him what I had done..." Chase added he wasn't intoxicated as he had only been drinking beer and "did not think Hultz was very full."

After consideration the jury issued their verdict: "...said jurors upon their oaths do say, that about the hour of 3 a.m. of April the 25th, 1888, by the means of a pistol shot discharged from a pistol in the hands of Frank Chase, the said Jasper Hultz came to his death feloniously. We further believe Davis Breeding to be an accessory to the crime, for maliciously selling the pistol to Frank Chase while in an excited state of mind."

Word of "A Shooting Affray" in Dickinson spread via newspapers, all basically carrying the same report, although the New Ulm Weekly somehow added that both men had been drinking and playing poker all night with Hultz losing heavily though no one testified to them gambling together. Further coverage reported Chase and Breeding's

attorney Alexander Hughes obtained a change of venue from Dickinson to Gladstone where Justice Bissell bound both men over for a grand jury appearance. Bail was fixed at \$1000 for Chase and \$750 for Breeding with witnesses held to appear under \$200 bonds. Within a week Chase had secured a bond for his bail, while Breeding enjoyed the Sherriff's accommodations for nearly a month before he secured a bond.

No word on the case was forthcoming for some time, although Chase and Breeding both participated in Dickinson's 4th of July activities that summer - Breeding riding "Trixy" and Chase aboard "Bay Billy" in the quartermile race (neither placing) but Chase and "Bay Billy" taking in \$10 for first place in the 200 yard contest. Racing success notwithstanding, the next month found Chase before Dickinson Justice Campbell, fined \$10 and costs for disturbing the peace (manner unknown), making his bondsmen nervous enough to revoke his bond and send him back to jail where, it is assumed, Chase remained until the Grand Jury was empaneled in January

The work of the Grand Jury was quickly dispatched with the Press applauding the dismissal of Chase's homicide charge. Breeding was indicted by the Grand Jury in absentia, not as an accessory as recommended by the Coroner's Jury but for "carrying concealed weapons." That no disposition of his case is listed was due to the fact that the previous September Breeding's bondsmen revoked his bond and surrendered him to Sheriff Sebastian who took Breeding to Bismarck to appear before a judge. Sometime during the trip Breeding took flight to parts unknown, the Press later saying that after his escape "the county was rather glad to be rid of him." The charge against him being held as, "a guaranty that he would not return to his old haunts." A final note from this court session - Eva Graham was fined \$75 for her guilty plea of keeping a house of ill fame, it being assumed that the Sheriff had filed that charge.

The final note for this story comes to us from a 1912 Press clipping entitled "Hultz Shot 25 Yrs. Ago" which briefly recounted the melancholy events of the early morning of April 25, 1888. In it the Press cites a Mr. LaBreche, who had bought the Hultz place after the shooting, as the source for what happened to Frank Chase after the Grand Jury refused to indict. Sometime afterwards, Chase moved to Elk River, Minnesota and married. Sadly, his mind "became affected" and he was institutionalized in 1903, dying at the Hastings State Insane Asylum in 1926. ■

PAGE 18 | MAY 2020 HEARTRIVERVOICE.COM

HEART RIVER VOICECommunity Bulletin Board

Dickinson Ready Mix Announces Purchase of Bowman Ready Mix, Expands Service Area



L-R Jim Ridl, Bowman Ready Mix; Ben Olin, Dickinson Ready Mix Co. Satellite Plant Manager; and Josh Ridl, Bowman Ready Mix

Dickinson Ready Mix in Dickinson, North Dakota, recently announced its purchase of Bowman Ready Mix in Bowman, North Dakota. Dickinson Ready Mix (DRM) assumed ownership and took over operations starting on March 1st, 2020.

Scott Olin, President and General Manager at DRM, states, "We truly look forward to being part of the Bowman community and serving the region."

At the time of the purchase, Bowman Ready Mix was a third generation ready mix concrete operation. It was started by Bob Ridl and Pete Cymbaluk in 1958, and is currently managed by James (Jim) Ridl and Josh Ridl.

Of the change in ownership, Ridl family shares, "After 62 years, it was time. We can't express enough how much our community means to us. Thank you all for your past business. Dickinson will continue to serve our community for all your concrete needs. They are very good people."

"We're ecstatic to have the opportunity to work in Bowman," shares Ben Olin, Technical Services Director and Satellite Plant Manager at DRM.

Ben Olin continues, "Jim and Josh are very easy to work with and are so knowledgeable. We're really pleased to have them continue being a part of the DRM team at the Bowman location – even though there was a change of ownership, there won't be a change in the face of the Bowman team."

DRM's purchase of Bowman Ready Mix extends its service area to include eight counties in southwestern North Dakota, while also serving eastern Montana and northern South Dakota.

United Way of Dickinson and Dickinson State University work together to support students impacted by COVID-19

The United Way of Dickinson and Dickinson State University are working together to support DSU students who are impacted by COVID-19. This effort is an expansion of the local community relief fund established by United Way of Dickinson in early March to help the area's most vulnerable individuals.

The DSU community is supporting the efforts of the United Way of Dickinson, which recently wrapped up two drives to help individuals in the community who are struggling with buying food, hygiene, and baby items. Donated baby items can still be taken to Charbonneau Car Center, AT&T off 21st St., or Daily Perks at CHI St. Alexius. These items will go to local people who are in need (including low-income individuals, immunocompromised individuals, and the elderly).

Individuals who are most vulnerable and needing assistance with grocery shopping or other important errands being ran are encouraged to contact United Way at 701-300-1094 (call or text) or email unitedway@ndsupernet.com or jenniferguw@ndsupernet.com for further assistance and information.

Individuals in need of food, hygiene, and baby items are encouraged to contact United Way at 701-300-1094 (via text) or email unitedway@ndsupernet.com or jenniferguw@ndsupernet.com for further assistance and information.

In addition, DSU students who are facing financial difficulty during this time of uncertainty can apply for assistance. The United Way has established a support fund as a dedicated resource for individuals affected by the COVID-19 public health emergency.

Donations made to the COVID-19 relief fund are being received in the forms listed below: Checks and Money Orders made out to "United Way of Dickinson" with "COVID-19 Relief Fund" or "COVID-19 DSU Students" written in the memo field can be mailed to:

United Way of Dickinson P.O. Box 501 Dickinson, ND 58602

- Cash will be accepted in an envelope marked COVID-19 Relief Fund. It must be taken into United Way's office located inside US Bank at 240 2nd St West, Dickinson.
- Online donations can be made at: https://www.paypal.me/unitedwayofdickinson or https://www.facebook.com/UnitedWayofDickinson/?ref=settings.

With these donations we will work to mobilize our broad network of nonprofit agencies throughout the region to provide a flexible source of cash assistance to help families weather the COVID-19 crisis. These agencies have a proven and long track record of working with United Way to administer flexible emergency assistance for families impacted by income disruption.

Additionally, the United Way of Dickinson has decided to allocate micro grants to local nonprofits to help combat the spreading of COVID-19. The grants total up to \$300 per community partner and must go toward preventing the spreading of the virus. The grant is open to any nonprofit in Stark, Dunn, and Billings counties and is available until funds are exhausted.

Applications for the micro grant can be obtained by contacting United Way of Dickinson's executive director, Nichole De Leon, at unitedway@ndsupernet.com. ■



Dickinson Cardiac Ready Community members Pat Billings (left) and Shantel Klym, (right) present Dave Wilkie of the Dickinson Police Department with three new AEDs on April 17. The additional AEDs will ensure that each DPD squad car is equipped with one of these lifesaving devices. The AEDs were purchased through grant money received by the CRC committee.

The Cardiac Ready Community Initiative is an effort to get as many community members as possible trained in basic CPR and AED use. The goal is for quick civilian response to someone experiencing a cardiac event, which helps increase rates of survival until emergency personnel arrive.

If you are interested in joining this committee, please contact Pat Billings at 701-456-4469. Mark your calendars for a "Heart Walk" and Cardiac Ready Community educational event on September 26, 2020, at the West River Community Center.



People of Action: The Dickinson Rotary Club donated more than \$4,000 to the AMEN Food Pantry on April 14 to help with food shortages from the COVID-19 pandemic. The amount more than doubled the expected goal, spurred by a challenge from Rotarian Ken Nelson, pictured above, who organized the effort with Rotarian Brad Fong and provided some matching funds.

MISS BEA'S KITCHEN

Tacos galore!

By Laura Beth Walters

Growing up, my family ate Mexican food like there was about to be a shortage, and we didn't want to miss out while we still had the chance. My mom says my sisters and I teethed on chips and salsa! While I don't know how true that really is, I do know that we all still adore anything wrapped in a tortilla and take every opportunity we can to make some sort of Mexican food.

One of our favorite things here around the Walters house is tacos. We both have our own way of putting them together and even making them (every once in a while the husband will make me dinner and it's inevitably tacos - not

complaining, honey!) but we both agree that tacos - in all forms - are amazing.

I'm going to share two recipes with you today. These are two of our favorite ways to make tacos, and I know you'll enjoy them! These recipes are simply for the meat. Keep an eye out on my Facebook page for my taco seasoning recipe and other favorite taco toppings.

Laura Walters is the owner of Miss Bea's Kitchen. She offers affordable, local menu planning for the busy family and non-chef alike. Follow her on Facebook:
@MsBeasKitchen, on Instagram: @msbeaskitchen, or email her at:
MissBeasKitchen@gmail.com ■

Instapot Pork Carnitas

Ingredients:

- 4 lb pork shoulder (or pre-cut pork carnitas from the store)
- 1 white onion cut into larger quarters
- 4-6 cloves garlic, minced
- 2 oranges
- 4 limes
- 3 tsp salt
- 1 ½ TBS Oregano
- $2 \ tsp \ Cumin$
- 1 tsp dried Coriander
- 1 bay leaf
- 1. Rub the pork with the seasonings and place in the bottom of the Instant Pot. Squeeze the juice from the oranges and limes into the

pot and place the peels meat side down on top of the pork. Close the lid and move the valve to 'seal'. Set to high pressure for 90 minutes. When the time goes off, turn the pot off and let it naturally release for 30 minutes.

2. Once meat is done, remove from the Instant Pot and shred with two forks. Preheat the oven to 350F and place shredded meat on a baking sheet spaced out evenly. Pour a bit of the juice from the Instant Pot over the meat. Bake uncovered for about 10 minutes, stirring as needed. You want the edges crispy but don't want to dry out the meat.

NOTE: Can be made in a slow cooker set on low for 10 hours or high for 6 hours.

Ground Beef & Chorizo Tacos

Ingredients:

- 1 lb ground beef
- 4 ½ oz beef chorizo (pork may be used but I find it to be more greasy)
- ½ medium sized onion, chopped
- ¼ c water
- 5 TBS taco seasoning (either homemade or we like McCormick)
- 1. In a skillet (preferably cast iron), cook the chorizo and the onion. You shouldn't have to add any oil if you start with the chorizo.
- 2. Once the chorizo is partially cooked, add the ground beef and stir together. Break up

the meat so there aren't any large chunks. Add taco seasoning and stir well. Once the meat is mostly cooked, add water and simmer, stirring frequently. When the moisture is mostly cooked off and the meat is at the desired consistency, it's ready!



LIVE RIGHT

Frozen, canned or dried?

By Gabrielle K. Hartze, RD, LRD



As the COVID-19 pandemic continues, fresh produce isn't as easily accessible as it once was leading many to purchase frozen, canned or dried versions. But can these versions of fruits and vegetables be just as healthy and nutritious as fresh? The results may surprise you. Nutritional content of frozen, canned and dried produce is comparable to fresh and in some cases even more nutrient dense than fresh.

Produce destined to be frozen is harvested at its peak – when freshness and nutritional content are at its best. Once harvested from the fields, produce is blanched, a process in which food is partially cooked, then immediately frozen. This cooking technique allows preservation of produce by destroying bacteria to avoid spoilage. During the blanching process, produce may lose some vitamin C and B vitamins, but overall most of the nutrients are preserved.

Produce deemed for canning are generally harvested within hours of being canned. There are three main steps to complete once produce arrives at the canning facility. Processing is the first step where produce is washed and usually cut, peeled or pitted. Processed produce is then placed in the cans. Dependent on the type of fruit or vegetable, cans are then filled with either water or juice and sometimes seasonings. Cans are then sealed and heated quickly to the desired temperature for a set time frame to prevent spoilage and destroy bacteria. Once cans are heated, they are quickly cooled. Produce destined to be canned is also harvested at peak freshness. Canning preserves nutritional content leaving vitamins and minerals relatively unchanged. However, due to the heating process during canning, canned items may have less vitamin C and B vitamins. But, just as the heating process that may lessen the amount of vitamins, it can actually increase the level of antioxidants. Take canned tomatoes, for example, where lycopene content, an antioxidant, is greater than its fresh version.

Dried produce isn't much different in comparison to fresh. Comparing one grape to one raisin, vitamin, mineral and fiber content are rather similar. Measuring out one cup of raisins vs. one cup of grapes, raisins contain better sources of fiber, potassium and copper in comparison. However, fresh grapes hold a higher vitamin C content than dried versions simply due to vitamin C degradation over time and through heat. Some fresh fruits and vegetables must be harvested earlier - before fully ripening - to avoid delivery of overripe produce to grocers. When produce is picked prior to ripening, nutritional content is reduced to some extent. Other fresh produce may be harvested at optimal nutritional points, although delivery time and the duration it sits on grocer shelves can lessen nutritional content.



Bottom Line: Fresh fruits and vegetables are one of the many great versions of produce. Freezing, canning and drying produce enables nutrients to be locked in at their peak of freshness and extends shelf life. Canned products are stamped with expiration dates, typically lasting between one to two years. With a shorter shelf life than canned products. frozen fruits and vegetables should be consumed within 8 months of purchase. Dried varieties can last as long as 6 months. Furthermore, purchasing these versions of produce increases the variety of fruits and vegetables in your diet since some items may not be as widely available as fresh versions.

PAGE 20 | MAY 2020 HEARTRIVERVOICE.COM

OUR TOWN

Dickinson Local Business Boost

By Laura Beth Walters

Not everything always happens the way we envision it going and if we aren't careful, we can become discouraged and even disillusioned. Right now, brides are having to completely rethink their weddings, children are celebrating birthdays alone, community events are being cancelled left and right, and our elderly loved ones are left alone. On top of all of that, a lot of people are without work or experiencing major cuts in hours and businesses (especially our local businesses) are suffering. But during these uncertain times we have seen our community pull together in a way that should inspire all of us.

This year, my husband and I celebrated our second wedding anniversary amidst the COVID-19 catastrophe. It didn't look anything like either of us thought it would but we were more than happy to just be together and to both be healthy. Do you want to know what we did? We ordered curb-side pick up from Brickhouse and



replied, "I have a lot of small business owner friends. ... When it hit me, full force, what even a temporary shut-down would mean for these people I love - I had to do something. ... Since we already have a very strong 'Shop Local' mentality in Dickinson, [I thought] it might be nice to bring these business owners together to create some camaraderie and boost morale. And because local people shop local as much as they can, [I thought] it would be a great one-stop place to shop from home, rather than having to hunt down individual pages." She's not wrong!

On her page, Jenna encourages people to share their local finds, post items they are searching for locally, and asks business owners to share deals and products they offer. Jenna has personally



sat in the car at Rocky Butte park with the windows down and listened to old mushy songs by Doris Day, Frank Sinatra, and Dean Martin. And it was perfect.

Honestly, going into April I had no idea how I was going to survive the whole social distancing thing, but thanks to one specific Facebook page, I've discovered some new local pride!

My friend, Jenna Reddish, a North Dakota native and owner of J. Lorae Perfection Services, saw an opportunity in all of this. She decided to start a Facebook page called Dickinson Local Business Boost (DLBB). I asked Jenna why she decided to do this and she

purchased two beautiful wreaths from vendors she's discovered through DLBB and says many have placed orders directly through the page for other locally made products. "There are lots of great locals with side hustles that are excellent at what they do, but don't get as much exposure because they don't have a storefront. They needed a platform too."

On top of all the discoveries being made, restaurants are using the page to keep clients up to date on their delivery and curb-side options which is super helpful as a lot of these options are new to us. My husband and I have eaten out more this last month than we

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normally would, and it's been fun to see all the options and to support our local restaurants without ever having to put on "real pants"! WOOHOO!

With all of these small businesses coming out of the woodwork I was curious to see if Jenna noticed anything missing in our community, and she said the only thing she's really noticed that seems to be lacking is a business catering to families and kids for crafty type things. Think model airplanes, rocket kits, and things like that. "Small business wise, that would make a fun side hustle." Any takers? *hint*hint*

We've heard it all before, that Dickinson is 'boring' and has nothing to offer, but that's just not the case. Right now is the perfect time to change our mindset and try new things. Let's buy our meat from The Wurst Shop. Get our eggs from a local farmer. Discover our new favorite spring and summer decorations from that SAHM crafting in her basement till the wee hours of the morning. It's

worth it!

Jenna expressed what I think all of us are feeling right now when she told me, "I miss [local people] in my routine. I miss seeing their eyes light up when I have a question. Or when they can solve my problem. Or when they have 'just the right thing,' and it IS the right thing. I miss being called by name. We really do have such high quality people bringing all their passion and heart to offer their specialties to us. I really can't wait to shake their hands or hug them again. I really hope [the page continues after social distancing] because the goal is small business exposure. No one has to feel weird, pushy or salesy because it's the point of the page."

I feel that in my soul, Jenna! Thank you for being YOU and for sharing a bit of insight into your passion for our community. I can't wait to see our community in full swing again and to witness how strong we all are on the other side of this.

NDSU EXTENSION

Food storage questions

By Julie Garden-Robinson, NDSU Extension Food and Nutrition Specialist

NDSU

EXTENSION STARK/BILLINGS COUNTY

"We're eating out of the freezer," one of my Facebook friends said. "What do you think of this really, really old pizza we bought from a kid who was fundraising?" A picture of an ice-covered, grayish pizza accompanied his Facebook post. "Scrape the ice from the pizza so you don't get a soggy crust," some advised. Later, my Facebook friend reported the pizza was "really nasty," even with extra cheese.

Freezer burn is a quality issue, not a safety issue. It occurs when the surface of food dehydrates due to exposure to the air, usually because of packaging issues. Freezer-burned food does

not cause foodborne illness.

Many people have "stocked up" during the pandemic, while others are exploring the dark recesses of cupboards, refrigerators and freezers.

How long does food "last" anyway? Most food lasts longer than we might think, but not forever. Unfortunately, confusion about what

dates mean can cause people to throw away food unnecessarily. A date on a package may prompt them to throw away the product on that date, even if the food is safe to eat.

Keep in mind that product dates are not an exact science. The storage length of food depends on many factors, including packaging and storage conditions such as temperature. Be sure to maintain your refrigerator at 40 F and your freezer at 0 F, as checked with appliance thermometers.

Unfortunately, people discard a lot of food. In fact, an estimated 40% of food is wasted, and that's not a good thing. For years, we have seen "sell by" and "best if used by" on packages. The "sell by" date is a date meant for

stores. The food industry is making efforts to standardize the term "best if used by" on products, so you will see this quality date more often. The industry wants you to enjoy the food at its best.

Keep in mind that bacteria can grow at refrigerator temperatures. Freezing food such as meat does not kill bacteria, but it stops bacteria from growing. If thawed improperly, bacteria can grow quickly. Therefore, be sure to thaw meat in the refrigerator or microwave, not on your countertop. According to the USDA, ground beef can be stored in your refrigerator for up to two days for quality and safety



reasons. If you cannot use fresh meat within a reasonable time, freeze it for longer-term storage.

Frozen ground beef retains its best quality if used within four months but retains its safety as long as it remains solidly frozen. Canned vegetables last up to five years on your shelf and canned fruit lasts up to 18 months, according to the USDA. Be sure to label the cans with the purchase date and arrange them in a first-in, first-out order on your shelves.

For more food and nutrition information, contact NDSU Extension Stark/Billings County at 701.456.7665 or at NDSU.Stark.Extension@ndsu. edu. ■



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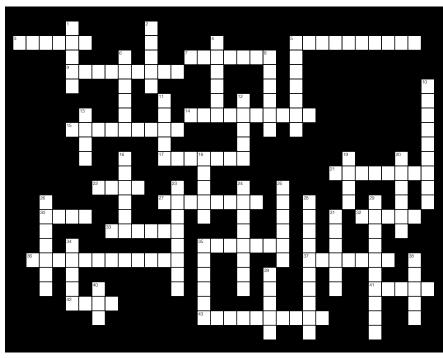
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PAGE 22 | MAY 2020 **HEART**RIVER**VOICE**.COM

PASTIMES

AHH-SHOE. GAZUNTITE! By Carlinka





ACROSS

3 "All in the __," sitcom 5 Type of boot or beef dish 7 Famous Jewish painter, Marc_ 9 Heavily wrapped sandal or Roman fighter 14 Aids in the correction of the skeleton 15 Type of crab or worn by an equine 17 Easy on/off for at home 21 Old time candy or a strapped design 22 A cad or contemptable person 27 A bad night's sleep has you do this 30 Curved structure or chief enemy 32 _De Milo 33 Pulled out of a hat 35 Someone who tries to conceal their presence 36 Played the "Godfather" Part 1

37 Rode on a

playground

41 Found in the

carpet

42 Sign of healing 43 Two-toned or cinched on a horse

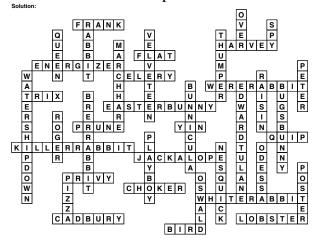
DOWN 1 A sink that can't drain is due to ---2 "Shake your_" 4 Document for an inventor or very shiny leather 5 Could be found on our feathered friends 6 _the Pooh 8 Couch potato 10 The "King," loved his pair of _shoes

11 They can be found in swampy areas 12 Panels for energy 13 Might be the only survivor 16 Port city in Russia 18 Tools for leaky vessels 19 _walk, easy 20 Type of nut 23 A raised flooring or stage 24 Soft leather or a snake in the water 25 A prestigious school in England

26 Raw. steakwise 28 Dr. Marten's original style 29 Another name for sneaker 31 Worn to prevent slippage 34 Level surfaces or maybe an apt. 35 Really large nails 38 Squeeze into a tight space 39 A team of asses or these hybrids 40 To knock lightly

Last month's puzzle solution

+Hops+



HOROSCOPE MAY 2020 by Hilda De Anza



ARIES March 21-April 20 Despite the idea of social

distancing, you have been engaged in the community and with friends. Love has blossomed through the connections you maintain. Mid-May, you disengage from social relationships and prefer to spend more time by yourself. Potential partners have issues to contend with, and they may be having second thoughts about commitments. Keep the lines of communication open.



TAURUS April 21-May 21 May brings a

powerful focus on relationships Significant in May is that your sign ruler Venus moves retrograde in Gemini, and this puts the focus on security and finance. A confusing month, you need to retrace your steps and go back over all the arguments that have led you in this direction. The fact is you have communication skills which are valuable in your profession. It is here the focus should be.



GEMINI May 22-June 21 First half of May, conserve

your resources and make the most of time spent alone or with someone you are very close to. This is a period of psychological growth, shedding old ideas that are no longer useful and replacing them with something more meaningful. Relationships are affected by chaotic circumstances, and your ability to help others navigate the confusing emotional currents is important There may also be lack of clarity about your career. Patience and the situation will resolve shorty.



CANCER June 22-July 22 Life gets more intense

as you strive to handle social relationships and responsibilities. Mid-May you eliminate unnecessary contacts and establish who you really need to relate to children, family and the intimate relationships which are really important to you. Third week of May, you discover the benefits of having time to yourself to read, walk and study. End of May, you are receptive to online input which can be very deceptive. A good rule is not to embrace ideas which are not supported by fact.



July 23-August 22 May begins with constant

adjustments to organize your professional life. New social relationships are being forged but drop work that does not have a future. By May 20th, your focus changes and a period begins when social engagement has top priority. Working with a friend or partner can be both rewarding and successful at this time. Mid-May, things come to a standstill. May is best spent nurturing relationships.



VIRGO August 23-September 22 An excellent time for

intellectual pursuits and examining beliefs and principles. Abandon ideas which these crisis times have shown to be useless and entertain ideas which are more meaningful and practical. The focus in your life involves sharing your ideas with a group or organization. At this time, you can apply hard-earned knowledge in a practical way.



LIBRA September 23-October 22 These are extraordinary

times, and May is characterized by a sense of standstill and confusion. The relationship bond and the opportunity for love and romance has been extremely promising, but it feels like the promised connection begins to recede and is lost. Working life continues, but under very unstructured conditions, and this gives you the opportunity to study and learn, and also to prioritize creative time with the family.



SCORPIO October 23-November 21 Early May, family

relationships are stimulating and satisfying, and this is a good period for love and intimacy. The full moon in your sign around May 7th highlights the intensity of major relationships. Mid-May, partners are afflicted by doubts and second thoughts. Something stops them from continuing with mutual plans, and things. come to a standstill. This is an excellent time for study and discussions of all the issues that affect emotional and financial security. Keep things rational rather than letting fantasies take over.



SAGITTARIUS November 22-December 21

to be all about survival Unnecessary expenses should be cut back on. Mid-May, take moves to streamline your work life. Communication thrives and partners have a lot of creative ideas. Around May 13th, plans may be put on hold, as progress is halted by disorienting circumstances. The new moon in Gemini on May 22nd is a time for making plans

and it is crucial to keep the lines

of communication open.



CAPRICORN December 22-January 20 Put your economy

on a new footing by focusing on social talents and international outreach. Starting May 11th is the time to make connections. There is considerable paralysis at work at this time; don't get distracted by the confusion. New moon on May 22nd highlights new opportunities coming your way, and this is the time to support communication and outreach initiatives that bring in business and customers



AQUARIUS January 21-February 19 Despite chaotic

elsewhere, you are in a strong position and very much in control. In May, opportunities abound. A particularly good time for creative communication, both with loved ones and also as part of a team. It is a wonderful time for writing and getting your ideas across. One area where there is less control is with your personal finances. Carefully curate available resources and avoid any kind of investment



PISCES February 20-March 20 Early May is an excellent

time for sharing ideas and for advancing knowledge. When Mars enters your sign Pisces on May 13th, a dynamic period begins which is excellent for intellectual development. Confusing circumstances in the home environment probably connected with the chaotic developments that have transformed so much this year. It can be difficult for you to know exactly how to act during latter May primarily because so much is going on in the family. Rely on partners to set new initiatives in motion and to be there to support people in the home environment.



Drunk Women Solving Crime

Drunk Women Solving Crime is a true crime podcast with a twist...of lime. Join writer/comedian hosts Hannah George, Catie Wilkins and Taylor Glenn as they welcome top guests from comedians to crime writers to test out their drunk detective skills. Each episode sees the boozed-up panel tackle personal crime stories, solve true crime cases, and seek justice for your listener crimes. When women sit around and drink, we try to solve the



world's problems. So we're taking back the night and putting our inebriation to good use. You're welcome.

What to Watch on Netflix

What to Watch on Netflix is a brand new series taking you through all the good stuff - as it drops. Your host Dotty (BBC Radio 1Xtra Breakfast Show), along with film and TV guru Jamie East (Thronecast, Previously, on...), sit down with some of Netflix's biggest stars and the creators of some of our best shows to talk about their latest projects - and more crucially - what THEY watch when they get a spare second. From brand new shows to deep



dives into the catalogue, What To Watch on Netflix is your guide to all things great.



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Wolfram Alpha

Have you ever asked Siri a question about some random factoid or statistic, and because she never knows anything, she deflects your question by offering to Google it for you? Well, Wolfram Alpha will most likely have the answers for your questions. The app crawls thousands of domains and uses its complex algorithm to compute data, answer your questions, and even compile in-depth reports for you - all in mere seconds.



What's App?

Apps are small software programs available for your mobile device, smartphone, and tablet. You can usually find them in a dedicated "store" on your device.

THAT'S CHEESY

A bit of good news in some interesting times ...



"Gentlemen, in the Little Moment
That Remains to Us Between the Crisis
and the Catastrophe, We May as Well
Drink a Glass of Champagne."

- Paul Claudel

Cheers!

Although far from a festive occasion, now is the time to be grateful for our health and toast our fellow men and women. We are especially grateful for all those first responders, the medical professionals and caregivers who are selflessly giving of themselves in this pandemic.

Let's do our part and stay at home whenever possible. Stay safe and healthy. Cheers! ■



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