

Heart River VOICE

FREE | TAKE ONE

SEE PAGE 30
CALENDAR of LOCAL EVENTS

MAY 2021 | VOL. 3, NO. 5 | HEARTRIVERVOICE.COM

DICKINSON STATE UNIVERSITY
**Blue Hawk
Bulletin** 

*Dickinson State University's
News • Highlights • Events*

See pages 17-24

60 **Consolidated**
Reach the World, from here.

Years of Service!

Receive a \$60 Visa Card when you:

- Sign up for new service
– Internet, TV, or Phone
- or upgrade your current Internet speed
- or upgrade your current TV package

Contact us today!
701-483-4000
888-225-5282
consolidatednd.com

60 **Consolidated**
Reach the World, from here.

Years of Service!

\$60 Gift Card VISA

ADVERTISE WITH US

Give us a ring!

Heart River VOICE

Contact
Kelley Jilek
701.290.2063
kelley@thejileks.com
heartrivervoiced.com

DPM
DAN PORTER MOTORS

HONDA
TOYOTA

YOUR VOLUME LEADER
WE WANT YOUR BUSINESS!
WE MAKE BUYING OR SERVICING YOUR CAR OR TRUCK HASSLE FREE!

***FREE CAR WASHES FOR LIFE**
***FREE ALIGNMENT CHECKS**
***WITH YOUR CAR OR TRUCK PURCHASE**

701.227.1272 DANP@DPMOTORS.COM
2391 1-94 BUSINESS LOOP EAST, DICKINSON ND 58601
ALSO CHECK US OUT AT GATEWAYELT.COM

TAMMIE BRAUN
Realtor

the real estate co.
real estate made simple.

701.483.0111
353 19th St W.
Dickinson, ND 58601
www.tammiebraun.com

Tammie Braun
Broker Associate
701.590.1091
tammiebraun@gmail.com

Heart River VOICE

Publisher

Heart River Voice, Inc.

Advisory Board

Tammie Braun
Cheri Ehlis
Kaylee Garling
Amy Graves
Megan Klassen
Laura Walters

Advertising Sales

Kelley Jilek
kelley@thejileks.com
(701) 290-2063

Social Media

Jamie Tescher

Web Developer

Ben Hapip

Graphic Designer

Sophia Jilek

Photographers/ Feature Writers

Our Community

Astrologer

Hilda De Anza

Crossword Czar

Carlanka

Published Monthly by
Heart River Voice, Inc.
PO Box 2117
Dickinson, ND 58602

© Copyright 2021 Heart River
Voice, Inc. All rights reserved.
For usage and submission infor-
mation, contact us at
kelley@thejileks.com

A note to our readers

HRV is YOUR community paper written by readers like YOU who want to share upcoming events and happenings around our community. Feel free to suggest topics or entities for stories, Heart River Gems, or perhaps a new monthly feature. Are you an artist or know of one who might be the perfect fit for our cover? Contact us!

Thank you for your contributions to making Heart River Voice the voice of Stark County and beyond.

To get in touch, email us at kelley@heartrivervoic.com.

Kelley Jilek
Publisher

Cover art "Off to Work" a 30" x 48" original acrylic painting by Ellen Diederich. For more information about the artist, see page 5.

**ARE YOU PREPARED
FOR THE UNEXPECTED?**

Your home is where your dreams live and grow. Keep it, and your dreams, safe with increased protection from American Family Insurance. You'll get the customized home coverage you need to dream fearlessly.*

Let's find home insurance that fits you. Contact me today.



Todd Schweitzer, Agent

Todd Schweitzer Agency Inc
1021 3rd Ave W
Dickinson, ND 58601
Bus: (701) 483-6228



*Review policy for coverages/exclusions.
American Family Mutual Insurance Company, S.I. & its Operating Companies
6000 American Parkway, Madison, WI 53783 ©2020 017911 - 1/20 - 14092416



See your
provider
from
virtually
anywhere



Virtual Clinic
Visits at

 **CHI St. Alexius Health**

Schedule Virtual or In-Person Visits with
Dr. Samantha Kiedrowski at 701-456-4200

#BOOKWORM**A summer of magic, myth, and mischief**

By Cindy Thronburg



It's almost summer, and we at the Dickinson Area Public Library are looking forward to be able to offer you a summer full of programs and activities that are far closer to normal than what we had last year. Our staff are hard at work planning events to entertain and engage your family all summer long.

This year, the theme for our Summer Reading Program is "Magic, Myth, and Mischief." It will be jam-packed with fairy-tale fun in a world of stories. Princes and princesses, knights, dragons, unicorns, and all sorts of fantastic creatures will join in on the fun.

The Summer Reading Program itself will be similar to that of years prior. It is broken down into four age groups—Early Literacy (ages 0-5), Children (ages 6-11), Teens (ages 12-17), and Adults (ages 18+). Each age group does different activities for chances to win some terrific prizes. Early Literacy/Children can work towards winning a Giant Lion Plush, Robo Alive Dragon, Camera, Disney Doll Bundle, Playdoh Ice Cream Maker, Knight Play Tent, Chef Set, and more! Teens can try for a \$25 Amazon Gift Card, Retro Handheld Game Console with over 400 games, or Bluetooth Headphones. Teens will have a weekly prize winner each week in summer! All they have to do is complete a badge each week and be entered to win! Adults will have the chance to win a Fairy Tale/Fantasy Themed Gift Basket or \$25 Gift Cards for Amazon, Domino's, Applebee's, and Subway. All sign-ups for the reading program will be done on Beanstack. Readers will track their reading challenges online through Beanstack; no need to fill out and bring slips into the library! Watch our website and Facebook page for more information on how to sign up!

To start this summer fun, we will be doing a twist on our annual kick-off event. We will be having a Medieval Carnival on Saturday, May 29th from 10am to 2pm. It will be an event to remember, with live music, food trucks, and plenty of medieval-themed activities, including pool noodle jousting, shield decorating, and a dragon egg hunt. The Police and Fire Departments will also be attending! The Carnival will be occurring during regular library hours this year, so patrons can check out their first books to get started with their reading challenges. We hope to see you there!

Here are some more things happening at your library this summer!

- Books and Brew is restarting in-person on Thursday, May 6th at 7:00pm at DePorres Lounge. The book we will be discussing is *Breakfast with Buddha* by Roland Merullo. Copies of the book are available for check-out at the front desk of the library. Upcoming titles will be *Strange but True* by John Searles for June and *Those Who Save Us* by Jenna Blum for July.

- Our board game collection is now available! Visit the historical section of the library to view available games. You can also visit our website to view game descriptions.

- Several programs will be restarting or continuing in June. Sign-up will be required for ALL programs and space will be limited. Sign-up can be done online or by calling the library. Programs include:

- Tiny Tots Storytime: Mondays at 9:30am for ages 0-2
- Preschool Storytime: Will continue every Tuesday and Wednesday at 10:30 am for ages 3-5. The two Storytimes each week are duplicates, so please only sign-up for one.
- S.T.E.A.M. for ages 6-11
- Teen Tuesdays for ages 12-17
- Free Family Movies for all ages
- Tot Drive-In Movies for ages 0-5
- Lego Club for ages 5-17

We are so excited for you to join us this summer! Visit our website and Facebook page to watch for further announcements regarding additional visiting performers and other fun things! ■

Magic, Myth, & Mischief

DICKINSON AREA PUBLIC LIBRARY
SUMMER READING PROGRAM

BEAUTY RENEW
Aesthetic Clinic

Botox and Dysport
Lip fillers
Sculptra injections
Laser skin rejuvenation
Intense pulse light
Skin tightening
Laser hair removal
Oxygen facials
Microdermabrasion
Chemical peels
Dermaplane
Microneedling
Microblading

Call or text 701-425-7824

1140 West Capitol Ave
Bismarck

www.beautyrenewbismarck.com

COVER ARTIST

Ellen Jean Diederich

Ellen Jean Diederich lives in Fargo, ND and has been painting professionally since 1985.

The Fargo artist's neo-impressionist paintings have been displayed and critically acclaimed at numerous national exhibitions since 1991, and her original works and giclée reproductions have been widely celebrated and published. Collectors often mention the beautiful color and the positive and healing nature of her work.

Ellen has authored and illustrated three books. Two of the books are award-winning children's books. The third, "Progressive Painting - Your Creative Journey", provides guidance through the painting process.

See the events page on her website for upcoming shows and workshops. A three-and-a-half-day workshop will be held May 25-28th (Tues-Thurs 9:30AM-4PM and 9:30AM-12PM Friday) in Fargo, ND. The cost is \$295. This class is designed to broaden your skills using acrylic paint and strengthen your sense of design. Registration is limited to 8 students. There will be a large television screen so you can see demonstrations clearly and practice social distancing during the workshop. See her website for more information and to register.



Ellen Jean Diederich

Bismarck, ND through the month of May. The gallery's current exhibit is called "Good Vibrations" and features Ellen and artist Medora Frei. Ellen will also have a few pieces on display at The Capital Gallery West in Medora, ND over the summer.

Visit Ellen's website at: www.ellenjeandiederich.com. ■



Example of artwork taught at workshop

Sign up for Ellen's "Painting of the Week" blog where she tells the story of a painting and describes something specific about the painting process. You may also sign up to receive her newsletters there.

A variety of watercolors and acrylic original paintings by Ellen will be on display at The Capital Gallery in



A black and white sketch of "Off to Work" - a starting point for the artwork on the cover



TMI TMI Systems Corporation
Dickinson, ND



"The details are not the details. They make the design."

- Charles Eames

TMI Countertops

Bring the beauty and quality of TMI Countertops into your project. From premium to practical, we have options that fit any budget. And our design team is available to ensure that your selection is functional and easy to maintain.

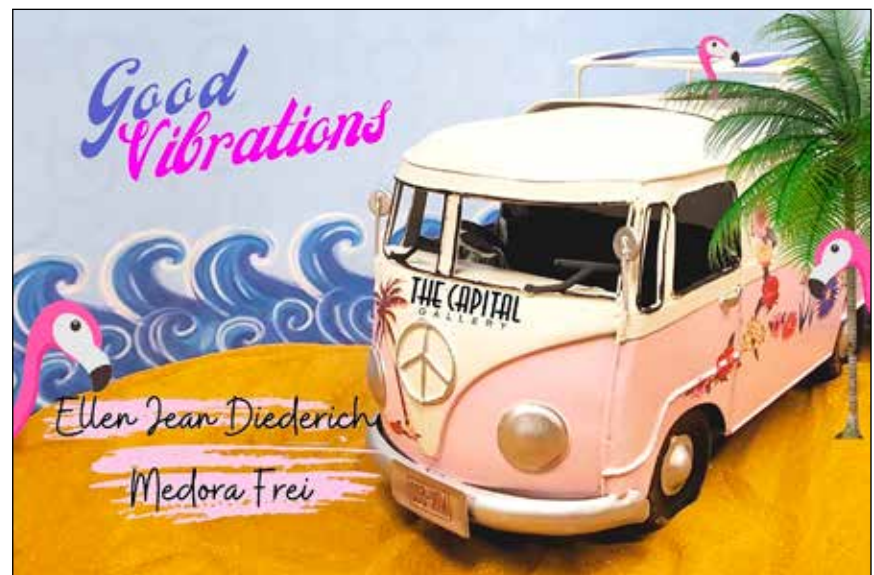
Seating + Interiors + Design + More



KRISTA RIESINGER

Interior Furnishings Specialist
P: (701) 456.6358

Email: krista.riesinger@tmisystems.com



On display through May

The Capital Gallery
109 N 4th Street
Bismarck, ND

HEALTH

Eczema tips from a doctor mom

By Dr. Samantha Kiedrowski

Winter is almost over! Hopefully that means dry skin season is almost over too. If your kids are like mine, they might suffer from scaly skin all year round. Eczema is very easily the most common skin condition I see in my Family Practice office. More common in kids, it can occur anytime in a person's life. It is caused by disruptions in the skin barrier that lead to slightly higher than normal levels of water loss, causing drying. The immune system gets involved too. Immune cells close to the skin surface essentially "over-react" to common environmental triggers. These triggers can differ from patient to patient. Some common ones include scented lotions or creams, make up and other cosmetics, pacifier use and chronic lip-licking. The dryness alone can trigger an immune response. This response creates the red, inflamed and itchy patches of skin that are the herald sign of the disorder. There is a strong genetic component as well, so it may be passed down through generations.

So what do we do about it? It is important to tackle the disease from three angles.

First, moisturize, moisturize, moisturize! This is the most important piece. I recommend a thick, non-scented cream. These are different from lotions in that they usually come in a jar that you scoop out with your hand. Common brands are Vanicream,

CeraVe and Cetaphil. Coconut oil is a great natural alternative. Use them after bathing and really as often as you need to!

Second, avoid triggers. For some, dryness is the only trigger. For others, it is important to avoid scented lotions or cosmetics. Some clothing can cause sensitivity as well. For your little ones with facial rashes, it may be time to start weaning the pacifier. If that is not an option, consider a type that allows more airflow.

Finally, use a steroid cream to reduce the inflammation. Hydrocortisone 1% is the only type available over the counter in the US. Apply a thin layer to the rash twice daily for up to 2 weeks. If still present or worsening, reach out to your health care provider for a stronger steroid. Steroids shouldn't be used on areas of thin skin such as around eyes or genital areas unless directed to do so by your provider.

Hopefully, with these tips you and your family will have clearer skin just in time for short-sleeve, summer weather!

Dr. Samantha Kiedrowski provides Family Medicine and Obstetrics/Prenatal Care at CHI St. Alexius Health Dickinson Medical Clinic. To reach Dr. Kiedrowski or to schedule an appointment, call 701-456-4200. ■



Dr. Kiedrowski and her family



For all of your business or personal office needs

Specializing in:

- Bookkeeping
- Payroll
- Data entry

Work can be completed in your office or mine!

Call Amy Bautz at 701.290.2692

701.483.8088
1269 West Villard
Dickinson, ND 58601

Lenee Bookhardt

Realtor, ABR

cell **701.690.5867**
email lenee@infinityrealestategroup.net

YOUR HEALTH

What's in my medicine cabinet

By Steve Irsfeld

Routines are something we all have. Some with OCD have extreme routines, while others can be casual and loosely done. If you speak with the fire department, a good routine is to change your smoke detector batteries every time we change the clocks due to daylight savings time. It makes me wonder how often the people that don't have daylight savings change their batteries?

Spring cleaning is another routine that is happening around us. Typically, we cannot work in our yards this early in the year, but I did hear lawnmowers revving up this past weekend. It always feels good to go through our closets and purge stuff we don't wear anymore or rid ourselves of unwanted items.

Your medicine cabinet is no different.

I recently spoke to a couple dealing with some intestinal distress, and they reached into the medicine cabinet and found some severely outdated Imodium. The question was, do I think it was still good? The expiration on the container was 2/2000, almost 20 years old. The answer to the question is no; I don't think it is still good. Products have expiration dates on them for a reason, and the date needs to be respected. What is in my medicine cabinet?

Let's start with pain medication. I am allergic to aspirin and ibuprofen, so I typically have a Tylenol bottle in the cabinet. I take one about every 2-3 months if I have a headache but use it very seldom. The downside of taking Tylenol or acetaminophen is that it can deplete glutathione. Glutathione is referred to as the master antioxidant. Taking a dose of NAC or a liposomal glutathione while taking acetaminophen can offset this depletion. Options in place of NSAIDs for pain and inflammation include systemic enzymes and curcumin; both are anti-inflammatory and can be helpful for pain.

Many people have anti-acids in their cabinets in the event they have reflux or GERD. I don't use those but get relief

by taking a betaine/pepsin combination product that adds acid to my gut. The combination works for me because when I feel heartburn coming on. In my case and probably in most people's case, the problem is a lack of acid, not too much acid. Another option would be a chewable tablet with deglycyrrhizinated licorice root along with other key

nutrients to soothe the stomach.

Most of you know that I am a bald guy due to genes, not by choice. My

daughters always laughed and thought I would look pretty silly with hair. Why do I mention this? As part of my daily routine, I use a natural sunscreen and moisturizer applied to my face and head. I'm not a huge fan of sunscreens because we need the sun to contact our skin to synthesize the prohormone Vitamin D. I do like it on the head, neck, and face. After all, I have a family history of skin cancer, and if the "bean" is left uncovered, it will surely burn in the summer sun.

I also have some miscellaneous items: burn cream, antibiotic ointment, diphenhydramine (anti-histamine), and hydrocortisone cream.

Take the time today or this weekend to review what is in your medicine cabinet, purge the old stuff and consider adding something that might be beneficial to your overall health. If you have outdated prescription and non-prescription products, we have a disposal bin for these products, so bring them down and get rid of them so they can be disposed of in a safe manner.

Stop by or call the pharmacy to schedule a free 20-minute Strategy Session for more information on developing your personalized supplement regimen or other health concerns that you might have. Please visit my website at www.irsfeldpharmacy.com to find this and other archived articles in the blog section. Until next time, be vigilant about your health! ■



Heart River VOICE

STOP BY, SAY HI, AND PICK UP A COPY!

Find Heart River Voice at the following fine establishments:

DICKINSON

Family Fare (Roughrider Blvd)

Cashwise

Country Kitchen

Country Rose Cafe

Dakota Diner

Blue 42

The Brickhouse

The Brew

Dunn Brothers Coffee

Dickinson Theodore

Roosevelt Regional Airport

Stark Development

Corporation

Chamber of Commerce

Convention and Visitors

Bureau

Dickinson Museum Center

West River Community Center

Edgewood Hawks Point

Consolidated

Dan Porter Motors

High Plains Dental

DePorres House of Barbering
and Lounge

Holiday Inn Express & Suites

La Quinta Inn & Suites

TownPlace Suites

Microtel Inn & Suites

AmericInn

Players Sports Bar & Grill

Frankie's West Side Shell

Villard Cenex

The Hub

Fluffy Fields

Dickinson Area Public Library

Ace Hardware

Dickinson State University

DSU Heritage Foundation

Ukrainian Cultural Institute

Heritage Hills

SOUTH HEART

I Don't Know Bar

Tee Shots

RICHARDTON

Suzy's Stash

The Country Drug Store Pharmacy

Dee Dee's Cafe

BELFIELD

Trappers Kettle

City Hall

MEDORA

The Roughrider Hotel

Chateau de Mores

Medora Uncork'd

Hatlee and Brae

BISMARCK

The Capital Gallery

Bisman Community Food Co-op

Bismarck Art & Galleries Assoc.

Have a beautiful story to tell?

Use Your
VOICE

Call 701.290.2063 or email kelly@heartrivervoices.com

BROUGHT TO YOU BY PRESTIGEWORLDWIDE

I.O.O.F.
F.L.O.T.
Odd Fellows
Frontier Lodge #27

the Rock

FIRST On FIRST

*Dickinson
Summer Nights*

06.17.21 ANTHEM BRANDON JONES	07.22.21 LIT SHUFFLE SLC BAND
06.24.21 L.A. GUNS BOOZ N TUNA	07.29.21 NATE BOTSFORD CHELSEA DEE & COMPANY
07.08.21 THUNDERSTRUCK UNLEASHED!	08.05.21 LILIAC JASMINE CAIN
07.15.21 JUDD HOOS NATHAN DEAN BAND	08.12.21 ENUFF Z NUFF BOOZ N TUNA

2021

ROTARY CLUB

Dog on a Frog meets kids in Head Start

By Rotarian Kari Shea

In 1985 Rotary International, the world's first service club organization, declared basic literacy to be a precondition to the development of peace. Ever since, Rotary clubs around the world have promoted literacy. Each year, the Rotary Club in Dickinson has partnered with Head Start in Dickinson and Hettinger to encourage children to develop a love for reading. The project involves choosing a book for children in the Head Start program, reading the book to the children and presenting the book to each child to keep. This year, with COVID restrictions in place, technology was employed to help the club achieve its mission. Thanks to Annika Plummer and the DSU Ag Department, the book was digitized so it could be presented via zoom.

Dog on a Frog by Kes Gray (Author), Claire Gray (Author), Jim Field

(Illustrator), was the book chosen to give to the children. This hilarious book was then read to the children by Rotarian Dr. Woodrow "Chip" Poland from Dickinson State University Ag Department and Rotarian Angie Rabbitt from Best Friends Program in Dickinson. The kids followed along with the electronic copy on zoom. After the reading, the children found out that they got to keep the book. Julie Jahner, Education Coordinator from Head Start stated, "We had such wonderful comments from the kids when they received their book to take home. Some comments were: 'This is mine?' 'I get to keep this one?' 'I don't have to bring it back?' 'My Mom can read it to me at my house?' So, with those comments, I would say it was once again a success!"

"Education is the key to unlock the golden door of freedom." –

George Washington Carver ■



VOICING HIS THOUGHTS

What's your favorite weekend getaway trip?



Todd Schweitzer

There's no place like my back yard on a warm spring day with nothing planned. That's the get away part. Sleeping in until 8, coffee with my wife in on the deck with the mixed chorus of robins, chickadees, mourning doves and wrens. Most of the kids and grand kids will be over late morning and I get to watch and play with the little ones. Steaks and s'mores on the barbecue and s'mores on the fire pit. Everyone home and mom and I off to bed by 10. Sunday morning Mass and then brunch with some of the family. A nap in the backyard hammock is a bonus. A nice evening stroll through the neighborhood and then a beautiful sunset on the front deck before going inside and relaxing with a good book. Sounds pretty much just right.

Rob Eilts

There are so many great adventures in Western ND but I would have to say we do love our weekend getaways in Medora! From the beautiful hills at the Theodore Roosevelt National Forest where you can drive, hike, or just sit and watch the bison wander by. We love to visit the fun shops of Medora as well as the great places to eat. Fish the day with the amazing Medora Musical that is a great show every year! You can't go wrong with this weekend trip.



John Odermann

This one is a pretty easy one to answer, but I'm going to cheat and give two. We love heading to the Odermann ranch north of Belfield. It's always great to see the kids interact with their cousins and grandparents on the same fields and pastures I grew up on. When we're looking to get out of town, however, we head to the in-laws in Bismarck and spend time on the river. I guess when you're around family and friends it doesn't matter where you are. My late brother Mike had a saying, "making memories". It's important to get away and make memories with the people you love.



LESSONS IN BUSINESS

Is it okay to declare your own holiday?

By Debora Dragseth

It's finally Friday morning. It's been a stressful week so far and you are not sure that you can face another day. It's a beautiful spring day—72 degrees with sunny skies. You decide to call in sick, telling your boss that you are just "not up to par today," and hit the road for an out-of-town golf course.

Hreasy, a company that specializes in automated job applicant screenings, recently interviewed 1,200 applicants for retail jobs and 28 percent said that it's

okay for healthy workers to take a day off when they are feeling overworked. In addition, more than 25 percent of the employees surveyed said that they think poor attendance should not be grounds for termination, while one out of ten see nothing wrong with calling in sick to get a day off that they felt was deserved.

Some employers feel that their employees' work ethic and commitment to the job are eroding at a startling pace. Studies back up that belief by indicating that more employees are taking advantage of privileges they feel that they have earned, including the right to take off a day from work whenever they feel like it.

Examine your own work ethic and attitude by asking yourself the following nine questions:

- Do I show up for work on time?
- Do I project a positive, upbeat attitude?
- Am I willing to help coworkers or customers when they ask for assistance?
- Am I willing to take on new tasks or new responsibilities?
- Do I speak positively about my place of work and the people I work with both inside and outside my organization?
- Do I share my opinions and ideas in a constructive manner?
- Do I like working with my coworkers and do they seem to like working with me?
- Would I enjoy working with someone like me day in and day out?
- Do I make every attempt to do my work to the best of my ability—including the tasks I find less rewarding?

If you answered "yes" to a majority of the above statements, you likely have an excellent work ethic and a positive

attitude toward your job.

If absenteeism—or its close relative, high turnover—are problems at your company, it is a strong indication that employees lack commitment to their jobs. Employers can consider three helpful

antidotes. First, implement policies that clearly state the company's leave policies and resulting disciplinary actions if policies are disregarded. Second, provide a positive role model for subordinates and co-workers to follow. Finally, honestly evaluate the workplace environment. Is it

a place where employees enjoy coming to work every day? If not, find out why and do what you can to make it better.

Debora Dragseth, P.D. is a professor of business and Vice-president of Academic Affairs/Provost at Dickinson State University. Her column appears monthly, providing commonsense answers to common workplace issues. ■



GO WITH
AGILITY.

LAURA KARSKY
INSURANCE

(701) 225-1200

410 West Villard, Dickinson



BANKING • INSURANCE • MORTGAGE • TRUST

YOUR HEALTH

Meal planning made easy

By Gabrielle K. Hartzel, RD, LRD

Whether you're trying to stick to a budget, eat healthier or minimize buying take out, meal planning can help you get there. By planning meals ahead of time, only the food needed for that week is bought instead of "what looks good" at the time. For those of you that are the planning type, this may already be part of your routine. But those not as plan oriented, meal planning isn't as difficult as it seems - only a few minutes is all that is needed.



Many enjoy searching through cookbooks, saving pins on Pinterest and taking some time to anticipate cooking. It's an important part of meal planning. Not only are meals a solution to the problem of needing to eat, but making a meal is an expression of creativity - even if it's making your pancakes into a new shape. Find ways to inspire yourself and look forward to cooking, as it animates the cooking process.

Meal planning can be broken down into 4 easy steps: plan, choose, check and shop.

1. Plan ahead. Choose a day in which to meal prep as well as the number of meals you want to prep for that week. Are you planning for 3 meals per weekday, just weekday dinners or a different combination? When are you crunched for time the most during a typical day? Plan for the meal or meals that get neglected the most (usually the evening meal). The typical week by week plan doesn't work for everyone so, create your plan based on the number of days between shopping trips.

Beginners Tip: Easy does it. Focus on

one mealtime for a week at a time, slowly adding in additional meals to fit your schedule.

2. Choose your recipes, but not too many. Start small! Schedule only 2 or 3 recipes at first and increase the number of recipes weekly until you find your balance. If planning to use leftovers as a meal, planning for more than 2 recipes a week will offer great variety. Otherwise, eating the same thing for dinner last night and then again for lunch the following day for multiples days may become repetitive.

3. Check your pantry. Are there ingredients stowed away in your pantry, refrigerator or freezer that can be used up? Quickly skim the ingredients called for in your chosen recipes to check if you already have those items on hand.

Beginners Tip: Recipe print outs placed in sheet

protectors not only protects it long-term, but also allows you to cross off the items you already have on hand with a dry erasable marker.

4. Time to make a grocery run or pickup. Grocery pickup is a blessing, but if you'd rather get in the extra steps it's important to have a plan in place before entering the grocery store. Writing your list in grocery store sections (i.e. produce, freezer, dairy, etc.) makes for a quicker trip also.

Bottom Line: The more often meal planning is done, the easier it becomes. Start small by planning for only 2 or 3 meals at first until you get the hang of things. Simple and easy recipes are perfect for meal prepping. Checking for items on hand before venturing to the grocery store will refrain from doubling up on items.

For grocery lists, meal planning templates and recipes, head over to my Pinterest page @rdnutritionu.

Is there a topic you would like to see covered in the future? Email me at gabrielle@nutritionu.co ■

CITY BEAT

Where are you on the map?

By Brian Winningham

I was asked this question somewhere in the thick woods of the US Army Infantry School at Fort Benning Georgia. It was a hot, muggy summer night at about 4am, and I was leading a patrol with about 35 of my fellow Infantry officers. My instructor cadre asked mainly because we were lost, and we needed to reach our destination soon. I was on the ground with my camouflage poncho over my head and my red lenses flashlight out, I was trying to determine on the map exactly where we were located. In those days, we did not have any small devices that could show you a map location, and we did not have any handheld GPS technology that we could carry. So, I had my "old school" military lensatic compass out that had a small amount of tritium that glowed with a faint green light. I knew we had walked about 8 miles through the woods, and we needed to be at our objective no later than dawn. The idea was to have all the platoon members quietly in place waiting for the signal to conduct an early morning raid on a fictional enemy village. I had a standard military map section that showed grid markings that you could use to determine your location; if you could see at least two other major terrain features you could figure out your precise location.

Well it was dark, Georgia forest dark, and I could not see farther than about 20 feet. Over a long walk you must check your map and compass often to make minor corrections to keep you on heading, and you must identify major terrain features along the way so that you can remember what you have passed. I finally traced a basic line between our start point and where I thought we roughly should be based on how long we had walked and determined we needed to go roughly another mile to reach our objective, but we had very little time remaining to make the walk.

Where are we on the map? Over the past 4 months on our City "Future Roadmap," we have been scouring our map to figure out exactly our location. The City of Dickinson team and many community members created a Comprehensive Plan 2035, also known as a "Master Plan", that was subtitled "Roadmap to the Future". We are about 14 years away from our objective, so we

should have time to get there, right? So, we need to figure out where we are on the map, so we know if we are heading in the right direction.

One of the best ways to figure out where we are headed is to determine where we have been and what terrain we have passed to get here. Our Comprehensive Plan was created in 2013 during different situations and different projections of the destination. One of the projections showed we should have about 40,000 people living in the city. We are at about 25,000 people currently, so we need some minor course corrections to our heading. We need these small course corrections to determine if we are headed towards our best future destination.

Our future destination is part of our city's mission, to enhance quality of place to live, through exceptional public service. As we continue on our heading to 2035, we have a few major terrain features to pass along the way to know we are on the right course. One feature is our "Town Square" project. We are almost there, we have the ground ready, and we are preparing the final design to be ready for construction. If you find yourself behind the old American Bank Center on First Street West, you will see a large empty dirt lot; that area will be the new "Town Square", and we are preparing to begin building hopefully later this fall.

Another place we will pass along the way is our "New City Hall Project". During the past two years, the team worked to create a vision of a vibrant downtown location that will pull together business and City Hall government operations to meet the public needs. We will be moving into the historic former American Bank Center at 93 First Street West. The plan is to complete the front entrance and the new City Commission Chambers and Municipal Court area by October 1st of this year. Our City Hall functions should be up and running by that date, and we will have accomplished a major feature for our city's future roadmap.

By the way, we walked a bit further that night and found our objective. We made it before dawn and completed our mission. That was day 3 of a 67-day training cycle, so I did get several more nights of finding out where I was on the map. ■

TOUCH A TRUCK

Infinity
REAL ESTATE GROUP

SATURDAY MAY 15 | 11AM-4PM
WEST RIVER ICE CENTER
DICKINSON, NORTH DAKOTA

Dickinson
Parks &
Recreation
Endless possibilities.

COMMUNITY

Touch a Truck

Are you ready for the premier event of 2021? Infinity Real Estate Group LLC is hosting a new event to Dickinson -Touch a Truck!

Infinity Real Estate Group LLC, a local Real Estate Brokerage believes in being involved and giving back to the community. With summer on the horizon, and 2020 in the rear view mirror, it is time to get out to a Fun Family free event!

Touch A Truck is a unique, interactive event that allows children, young and old, to see, touch and explore their favorite emergency vehicles and over fifty big and small trucks used for construction, farming, delivery and more!

Come out and see the best local businesses and the equipment they use and sell on a daily basis up close and personal. Enjoy meeting the individuals that protect, serve and build Dickinson and Southwest North Dakota.

This is a FREE event sponsored by Infinity Real Estate Group LLC in conjunction with Dickinson Parks and Recreation. For the younger crowd, they can get their face painted and take pictures with McGuff the Crime Dog, Smokey the Bear, Teddy from the Big Sticks and the Toy Story Crew! Food, fun, freebies, puppies, music, inflatables and more.

MORE FUN THAN ANYONE SHOULD BE ALLOWED TO HAVE! See you there! Event will be held Saturday, May 15, 2021 from 11AM - 4PM at the West River Ice Center. ■

BADLANDS DINOSAUR MUSEUM

@Dickinson Museum Center
188 Museum Dr. E
Dickinson, ND
dickinsonmuseumcenter.com
(701) 456-6225



Monday-Saturday,
9 to 5
Summer
Sundays,
Noon-5
(Memorial
Day to
Labor Day)



NOW ACCEPTING NEW CLIENTS

- + Haircuts +
- + Colors +
- + Hair Styles +
- + Makeup +
- + Wedding +
- + Hair Loss Therapy +



PEACH PARLOUR

HAIR + MAKEUP + STYLE

Contact Cassandra

Instagram or Facebook
@peachparlour

509.768.4414

By appointment only

NOTES FROM THE BADLANDS

Fighting fires in the Badlands



Joe Wiegand

By Joe Wiegand

With tremendous gratitude for those firefighters, first responders, and National Guard members who helped to save the Burning Hills Amphitheater, the Burkhardt House, the Chateau de Mores Interpretive Center, and the irreplaceable Chateau de Mores, and by so doing saving the city and environs of Medora on the occasion of the April Fools Day Fire, we

give thanks.

Day in and day out, you put Service above Self. We thank you for running towards danger while ensuring the weak, the old and young, were cared for and safely evacuated.

In later years, as President of the United States, Theodore Roosevelt would award the Medal of Honor for bravery beyond the call of duty. As President of the New York City Board of Police Commissioners, and Ex-Officio a Member of the Fire Board, TR awarded Medals for Valor. These look just like the New York Yankees symbolic stylized NY.

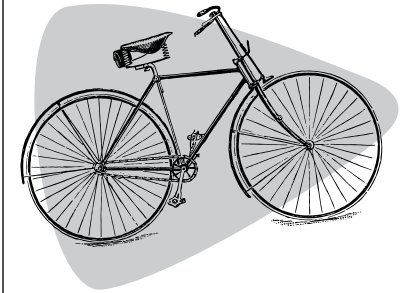
As a Badlands cattle rancher, circa 1884-1886, like you, Theodore Roosevelt fought grass fires. TR wrote about those earlier fire-fighting experiences.

"On several occasions we had to fight fire. In the geography books of my youth prairie fires were always portrayed as taking place in long grass, and all living things ran before them. On the Northern cattle plains the grass was never long enough to be a source of danger to man

or beast. The fires were nothing like the forest fires in the Northern woods. But they destroyed large quantities of feed, and we had to stop them where possible. The process we usually followed was to kill a steer, split it in two lengthwise, and then have two riders drag each half-steer, the rope of one running from his saddle-horn to the front leg, and that of the other to the hind leg. One of the men would spur this horse over or through the line of fire, and the two would then ride forward, dragging the steer bloody side downward along the line of flame, men following on foot with slickers or wet horse-blankets, to beat out any flickering blaze that was still left. It was exciting work, for the fire and the twitching and plucking of the ox carcass over the uneven ground maddened the fierce little horses so that it was necessary to do some riding in order to keep them to their work. After a while it also became very exhausting, the thirst and fatigue being great, as, with parched lips and blackened from head to foot, we toiled at our task."

Theodore Roosevelt - "In Cowboy Land"
- Theodore Roosevelt: An Autobiography (1913) ■

BEAT THE RUSH!



Bring your bike in for a spring tune-up!

Steffan Saw & Bike
 121 3rd Ave. East Dickinson
 701.225.5075



STARK

DEVELOPMENT CORPORATION

Your Economic Development Office for Stark County, Dickinson and the Surrounding Area

LOOKING TO GROW YOUR BUSINESS?

- Business Start-up/Expansion Assistance & Incentives
- Community Development Programs
- Local Infrastructure Information
- Monthly Area Economy at a Glance Updates



www.starkdev.com • team@starkdev.com • (701) 225-5997 • 103 1st Ave West, Suite 101 • Dickinson, ND 58601

WHERE BUSINESS GOES TO GROW

CONVENTION AND VISITORS BUREAU North Dakota Scenic ByRider Program



Photo credit: ND Tourism

By ND Tourism

North Dakota's natural beauty is everywhere, from the rugged Badlands in the west, to the tree-lined rolling hills along the Canadian border and colorful fields and valleys in the east. Perhaps the best way to experience the sights, sounds and smells of this great state is to tour on two (or three) wheels. North Dakota's 10 recognized

scenic byways and backways, Theodore Roosevelt National Park, 13 state parks and numerous unofficial scenic drives offer fantastic journeys for motorcyclists looking for a thrilling afternoon run or a multi-day adventure with friends.

North Dakota Tourism launched the North Dakota Scenic ByRider Program in 2013 as an incentive to get motorcycle enthusiasts out on the state's scenic byways and backways. Riders traveling five of the 25 recognized routes in the state in one calendar year received a patch indicating they are a North Dakota Scenic ByRider.

The program has expanded to include new routes and North Dakota's state parks. The expansion will make it easier for riders to complete the requirements in a calendar year for a ByRider patch.

To verify you were on the route, have a photo taken of you holding a copy of the current North Dakota Travel Guide in front of your bike and a recognizable scenic area, attraction, accommodation, or event at one of the accepted locations. When you have five photos, email them to Scooter Pursley at North Dakota Tourism. jpursley@nd.gov

You will receive a patch for your vest or jacket verifying that you are a North Dakota Scenic ByRider. Those riding two-up will receive patches for each rider. If you completed the program in a previous year and do it again this summer, you will receive a rocker with the year inscribed.

It's often said in motorcycling circles that it's not the destination, but the ride that is the allure. In North Dakota, it's both. Quaint towns, unique dining spots and great scenery dot the landscape on the way to wherever it is you are going. Camping, hiking, music and friends await at the end of the journey. ■

2021 BADLANDS BIG STICKS HOME SCHEDULE

MAY		JUNE			JULY			AUG	
25 6:05 PM	26 6:05 PM	4 6:05 PM	5 6:05 PM	6 4:35 PM	6 6:05PM	7 6:05PM	6 6:05PM	7 6:05PM	
		8 6:05 PM	9 6:05 PM		12 6:05PM	13 6:05PM	15 6:05PM		
		15 6:05 PM	16 6:05 PM	17 6:05 PM	16 6:05PM	17 6:05PM	18 4:35PM		
		18 6:05 PM	19 4:05 PM	20 4:35 PM	24 6:05PM	25 4:35PM	26 6:05PM		
		25 6:05 PM	26 6:05 PM	27 4:35 PM	27 6:05PM	28 6:05PM	29 6:05PM		

PIPER'S PALS

Ask Alfie

Dear Alfie:

I am planning to move in a couple of months. Should I ask the pound to take my pets?

Sincerely, Moving Out

Dear Fed Up:

Good news! Unless you are moving to the moon, chances are you can take your pets with! What's that you say? Your new apartment does not allow pets? Well then, why on earth are you moving there?! Pets are part of your family, and you wouldn't easily abandon your children, spouse, or grandparents, would you? Give the furry members of your family the same courtesy and look for a pet-friendly place.

These days, it is becoming more and more common for rentals to allow pets. Just make sure you have a copy of their vaccination records and don't forget to ask if you need to pay a pet deposit in advance.

It is important to understand that when you surrender your pets to the pound, you cannot guarantee they will

get a happily ever after. Your pet will be confused and scared while they wait at the pound, because they expect you to come back and get them. Your pet could end up being adopted by someone who is not very nice, or they may even be put down – there is no guarantee. Is that really what you want for them?

One other thing: moving can be hazardous for your pets. Prepare in advance by updating their microchip contact information and ID tags. On the day of your move, be sure to safely enclose them in their carriers before the movers arrive, so that no one accidentally lets one of them escape! Once you arrive at your new place, it can be helpful to close your pets in a quiet room while movers work.

Remember that moving is stressful for your pets, so please be patient and understanding while they adjust to their new surroundings. In the end, you'll be glad you did not leave your beloved friends behind!

Sincerely, Alfie

Dear Alfie:

My family got a new cat, Sophie, who is scheduled to be spayed next week. But wouldn't it be nice to let her have just one litter of kittens, so that my children can witness the miracle of birth?

Sincerely, Can't Decide

Dear Worried:

As precious as we are as kittens, the answer is a resounding NO! Pounds, shelters, and rescues are constantly overflowing with homeless cats. Ever year, 1.5 million pets are euthanized in the US simply because there are not enough homes. For every kitten you allow your cat to bring into the world, another homeless cat loses his chance to find a family.

If you'd like to give your kids a meaningful experience, consider

volunteering for a rescue, or temporarily foster a litter of kittens. Just be sure to keep them separated from Sophie, in case they have illnesses that could be passed to her. You can never be too careful.

Do the right thing and keep that spay appointment! You'll be saving a lot of lives. Sincerely, Alfie ■



Have questions about your dog or cat? Ask Alfie for advice by emailing secondchancesvolunteers@gmail.com

PIPER'S PALS

Pet Name Match

Your goal: Match the correct name with the dog. Good luck! ■

- A: Louie (#___)
- B: Trixie (#___)
- C: Bugs (#___)
- D: Kooper (#___)
- E: Skip (#___)
- F: Duke (#___)

(Answers in our June issue!)

WOULD YOUR PET (dog or cat) LIKE TO BE ONE OF PIPER'S PALS? SEND US YOUR PET'S PHOTO AND NAME FOR CONSIDERATION!
Email kelley@thejileks.com



#1



#2



#3



#4



#5



#6

25% off
any nutritional product
during the month of

MAY

IRSFELD
Pharmacy PC *More than just prescriptions.*

33 9th St. West, Dickinson - 701.483.4858
www.irsfeldpharmacy.com

DICKINSON CHAMBER OF COMMERCE

State of the City to be held May 20th

Members of the Dickinson community will come together again on May 20, 2021, for the annual State of the City luncheon hosted by the Dickinson Area Chamber of Commerce.

"Each year this event brings together the Chamber and community members to hear from our city's leaders and talk about our area's growth, goals and priorities," said Dickinson Area Chamber of Commerce's Marketing & Communications Director, Megan Klassen.

This year will include exciting changes to the event, including a unique venue change. The event will take place at the future home of the Southwest Career and Technical Education Academy (SWCTEA). Dickinson Public Schools Community Relations Coordinator Sarah Trustem shares, "We are eager to invite the community to the SWCTEA and share our vision on the future of education and workforce development in Southwest

North Dakota." Dickinson Public Schools purchased the Halliburton complex in November 2020, and the event will bring the community inside for a first-hand look. Trustem continues, "We appreciate the Chamber and their team for hosting this event. It has long been a staple in our community. It is an opportunity for citizens and business leaders to come together to hear about local developments, ongoing construction, and exciting projects in the Dickinson."

Mayor Decker and Representative Mike Lefor will give brief updates on the city and state, respectively. However, the event will move away from various individual presentations from multiple entities. Instead, the Chamber will host a panel that includes city, park and recreation, education, and economic development to provide updates and answer questions interactively. ■

NDSU EXTENSION

Stepping On program

By Holly Johnson



One in four older adults has a fall each year according to the Centers for Disease Control and Prevention (CDC) and Wisconsin leads the nation in fall-related deaths for people age 60 and older. But the good news is that falls are not a normal part of aging and can be prevented. The Stepping On program, offered in Dickinson, ND by NDSU Extension Stark/Billings County, has been researched and proven to reduce falls by 31%. The workshop will take place on Wednesdays: May 12, May 19, May 26, June 2, June 9, June 16, and June 23. Session one (May 12) will be at 10:00 am. Sessions two through seven will be at 1:30 pm. All sessions will be held at NDSU Extension Stark/Billings County, 2680 Empire Road Dickinson, ND 58601.

In just seven weekly, 2-hour sessions, Stepping On gives participants strategies for avoiding falls including

balance and strength exercises, home safety check suggestions, medication review, and more. Guest experts including a physical therapist, a pharmacist and others visit over the course of the seven sessions providing falls prevention information and strategies for avoiding a fall.

The workshop is designed specifically for people who age 60 or older and have fallen and have a fear of falling. Participants can expect to leave with more strength, better balance, and a feeling of confidence and independence. There is no cost to attend Stepping On.

Pre-registration is required. To register for Stepping On, contact NDSU Extension Stark/Billings County at 701-456-7665 by May 5. Face coverings are available when social distancing cannot be maintained. It is important to understand that in-person activities pose an unknown level of risk due to COVID-19. Participation is voluntary. NDSU Extension will take all reasonable measures, but cannot, at any level, assure protection from exposure. ■



Governor Burgum engages participants at the February 2020 State of the City luncheon

THEN... and Now: Dickinson's early schools - Part 2

By Bob Fuhrman

DICKINSON'S NEW PUBLIC EDIFICE,

Erected at a Cost of \$10,000,
and is the Finest Structure of
the Kind in Western
North Dakota.

From the December 12, 1891
edition of the
Dickinson Press.

Note - it would technically be
another 9 months before
Dickinson officially had a
"High School."



DICKINSON HIGH SCHOOL BUILDING.

In last month's edition of Then... And Now we looked at the beginnings of formal schooling in Dickinson and the erection of the first purpose-built school in the community which opened in 1885, possibly in time for the start of the fall term. Located on the NE corner of Haupt & Barnes Streets (today's 4th Street West and 1st Avenue West), that first school building consisted of two stories of red brick and a third story of wood – the wooden section assumed to be a belfry. Those early years of settlement saw steady growth that began to impact the school's resources, it being noted in January 1889 that D.D. Hersey had been hired to build new seats for the school as "increasing attendance made it necessary to increase the seating capacity." Hersey was back eight months later, joined by a carpenter named Stamp, when both men replaced the school's floors and otherwise put the building in good repair. In December of the same year it was noted that storm windows were

being fitted to the school.

However, even as the existing building was improved and maintained, enrollment figures reported (sporadically) in the Dickinson Press signaled that change would likely be coming:

Date	Enrollment
March 1888	75
Nov. 1, 1890	120
Nov. 15, 1890	130
Dec. 27, 1890	145

The nearly doubling of enrollment in two years sparked ideas, the initial thought being to build a second brick building on the school parcel (suggested in mid-summer 1890), the new construction being of identical size and seven feet apart from the existing building, the space in between planned as a central corridor which would form the base of a central tower finished in a style similar to the new courthouse, the corridor also to accommodate cloak rooms and stairs to the upper floors – all to be covered by a new roof. The

Press article discussing the proposed

\$3,000 design believed the building would be completed "early in the fall." That same edition carried a notice to contractors and builders calling for sealed bids by July 22nd although a short item that same day called into doubt if local firms would be free: "Contractors in the line of building are hustling themselves in Dickinson and it is doubtful if the work on the school building can all be handled by home men."

No mention of bids received or opened appeared in the Press, however, the initial plan for simply levying a 2% tax to build the addition ran into contrary

opinions on the legality of the school board going ahead to build without a vote of the people, that position being doubted by the State Superintendent himself. This caused sufficient pause for a special meeting to be called to consider the issue on August 7, 1890. In the true spirit of democracy that meeting reached no permanent conclusions and spawned several more proposals and meetings over the course of the next month wherein bonding versus tax levy was debated, along with strong feelings for and against simply enlarging the school versus finding a new, larger parcel on which to build a more commodious building, with space left for further growth down the line. The Press, an early champion of bonding for a larger building, took especial delight in its local rival, The Herald taking the opposite track, hooting at Herald editor Charlie Wilson in its September 6th, 1890 issue when bonding eventually came out on top (see below).

With the bonding option decided with popular approval a last meeting was held on October 4, 1890 to formally vote on a proposal to bond over 15 years for \$8000. With that decided the project then began quiet progress, late November seeing "a number of architects (furnishing) the Dickinson school board with designs for our new

Dickinson Press slams its local competition

The Press was the first to point out the advantages to be gained by bonding the school district and erecting a school building in keeping with the prosperity and growth of the town... (The Press) views have been adopted by the board and the town will have a school building, to which people may point with pride, notwithstanding the dense ignorance and opposition displayed by charley wilson, whose whole taxes for school purposes would not purchase a spelling book. The blatant blatherskite, whose vacant stare brands him as a booby, bellows like a bull because he could not, by his opposition, block the desire of the people...Now that the stand taken by the Press has been endorsed by the board it must make the bigoted blow-hard feel very small.

Dickinson Press, Sept. 6, 1890

(And yes, the Press purposely failed to capitalize Wilson's name, just to add further insult, it seems.)

Continued, page 25

DICKINSON STATE UNIVERSITY

Blue Hawk Bulletin



May 2021

LENNING AND MOBERG TO ADDRESS GRADUATING CLASS AT 2021 SPRING COMMENCEMENT CEREMONY

Dickinson State University (DSU) students Aspen Lenning and Abigail Moberg will address graduates at the institution's 101st spring commencement ceremony Saturday, May 15.

Graduates and their families from spring, summer and fall of 2020, as well as spring and summer of 2021, are invited to participate in the ceremony which will be held outdoors at the Biesiot Activities Center (398 State Ave. N) in Dickinson beginning at 10 a.m.

Aspen Lenning is from Plaza, North Dakota, and is the daughter of Chris and Jennifer Lenning. She will be graduating with a Bachelor of Science in Agricultural Studies Natural Resource Management option with a minor in Leadership Studies. While a student at Dickinson State, Lenning was the DSU Collegiate Farm Bureau president, vice president of Student Senate and was a member of Agricultural Club, International Club, and the Theodore Roosevelt Honors Leadership Program, among others. She also represented DSU in many collegiate competitions and was a writing and agricultural tutor for more than three years.

Lenning was a top four finisher at the 2021 Young Farmers and Ranchers discussion meet, the first-place overall speaker at DSU's Opportunities in Agriculture, and has made at least the dean's list every semester. Lenning has accepted an assistantship with Oklahoma State University where she will pursue her master's degree with future plans of becoming an Extension Agent.

Abigail Moberg is a native of Dickinson, North Dakota, and is the daughter of Kevin and Susan Moberg. She will be graduating with a Bachelor of Science degree in Biology with a Pre-Medical Science option and a minor in Leadership Studies. While at DSU, Moberg was a member of the Psychology Club, Science Club, and Housing and Dining Association. She is the outgoing president of Student Senate, where she served as a senator all four years, including service on the executive committee for three. Through that organization, she represented DSU as the head delegate to the North Dakota Student Association.

Moberg was a resident assistant in DeLong Hall for one year and was



Aspen Lenning



Abigail Moberg

active in the Department of Arts and Letters, singing in two choirs for two years and competing at regional choral events. She is a scholar in the Theodore Roosevelt Honors Leadership Program and has been on its executive committee all four years, earning the Noticed Involvement Award multiple times. Moberg also worked at the DSU Heritage Foundation for three years as a student worker. This year, she was the student speaker at Dickinson State's Convocation ceremony and at President Easton's investiture ceremony. This summer Moberg will be moving to the Caribbean island of St. Maarten to start medical school at the American University of the Caribbean Medical School in late August.

More than 450 students are eligible to participate in this year's ceremony; this number includes all spring, summer and fall 2020 graduates, as well as spring and summer 2021 graduates.

Dickinson State will confer nine master's degrees, 165 baccalaureate degrees and 43 associate degrees at the spring commencement ceremony for spring and summer 2021 graduates. Students will celebrate their graduation by walking across the platform to receive their diplomas from University President Steve Easton.

The graduates, faculty, staff, alumni and guests will also hear from Dr. Debora Dragseth, provost and vice president for academic affairs, and Danita Bye, a representative of the State Board of Higher Education.

Livestreaming of the ceremony will be available at www.dickinson-state.edu. The ceremony will also be broadcast live on Consolidated's Channel 18. ■

DICKINSON STATE ANNOUNCES 2021 OUTSTANDING GRADUATE NOMINEES

Eighteen students have been nominated by their respective departments for Dickinson State University's (DSU) 2021 Outstanding Graduate Award. This award is the highest honor bestowed on graduating seniors by the University.

The following students will be honored by the Dickinson State University Alumni Association at the Outstanding Graduate ceremony Friday, May 14, at 3 p.m. in Murphy Hall's Thompson Auditorium where the winner(s) will be announced.

Trinity Anderson	Health & Physical Education	Paradise, UT
Amanda Batey	Nursing	Bozeman, MT
Alexis Bohl	Social Sciences	Dickinson, ND
Brenda Cruz	Math & Computer Science	Discovery Bay, CA
Jade Derby	Natural Sciences	Deadwood, SD
R.J. Dobbins	Arts & Letters	Dickinson, ND
Sarah Dobitz	Teacher Education	Dickinson, ND
Gresh Jones	Health & Physical Education	Sidney, MT
Aspen Lenning	Ag & Technical Studies	Plaza, ND
Taylor Ludwig	Business & Entrepreneurship	Laurel, MT
John McDaniel	Natural Sciences	Belfield, ND
Lily McFadden	Ag & Technical Studies	Killdeer, ND
Paxton Miller	Business & Entrepreneurship	Savage, MT
Jacqueline Murray	Nursing	Walnut Creek, CA
Marissa Schatz	Math & Computer Science	Taylor, ND
Samantha Sheesley	Social Sciences	Dickinson, ND
Julianne Skaff	Arts & Letters	South Heart, ND
Allison Ziebarth	Teacher Education	Ray, ND



Top L to R: Samantha Sheesley, Gresh Jones, Taylor Ludwig, Paxton Miller, Jade Derby, John McDaniel, Jacqueline Murray

Bottom L to R: R.J. Dobbins, Aspen Lenning, Sarah Dobitz, Julianne Skaff, Lily McFadden, Alexis Bohl

Not pictured: Trinity Anderson, Amanda Batey, Brenda Cruz, Marissa Schatz, Allison Ziebarth

DSU APPOINTS JASTORFF AS INTERIM VICE PRESIDENT FOR STUDENT AFFAIRS AND UNIVERSITY RELATIONS



Dickinson State University (DSU) has announced Mark Jastorff's appointment to the position of interim vice president for student affairs and university relations, effective Friday, April 16, 2021.

Jastorff, who served as the director of university relations and alumni affairs at Dickinson State from 1988 to 1993, brings more than 40 years of higher education experience in student life,

enrollment management, advancement, and university and alumni relations to DSU.

As part of his interim appointment, Jastorff will serve the University for the next six to 12 months providing leadership and direction to the offices of admissions, student success, student life, student health and university relations.

"We are grateful that Mark has agreed to come back to DSU to step in to this critical role while we conduct a thorough search for a permanent candidate," said DSU President Steve Easton. "It will be wonderful to have an individual in this role who is familiar with the University and with the community."

Jastorff earned his bachelor's degree in speech and mass communications from Black Hills State University and has completed graduate work in educational leadership at Central Michigan University. He is a member of the American Marketing Association and currently serves on the development leadership council for the Council for Advancement and Support of Education. ■

DICKINSON STATE UNIVERSITY

SUMMER COURSES

2021

EXPEDITED ONLINE EDUCATION!

*Complete our online classes in only a few weeks
to get the skills and development you need.*

dickinsonstate.edu/summerschool

A COMPETITION OF YOUNG MINDS: ANNUAL SCIENCE OLYMPIAD EVENT HELD AT DSU

Written by: Kayden Heckaman, DSU Student Intern

The quiet hallways of Murphy Hall were abuzz with the activity of young students. What could cause this shift in atmosphere? For the past 27 years, Dickinson State University (DSU) has hosted the Science Olympiad regional competition, and middle school and high school students have flooded the DSU campus to participate in different science-related events. Hundreds of students from Beach to Bismarck and everywhere in between come to DSU for a day of competition.



Science Olympiad is a non-profit organization dedicated to improving the quality of science education in grades K-12 and increasing the interest students have in science. The organization also provides recognition for outstanding achievements in science education by both students and teachers. They host competitive tournaments and professional development workshops for students and teachers that highlight innovations within STEM professions throughout the United States.

During a typical year, about 35 teams from approximately 20 different schools participate in various events on the University campus. These events require a balance of the knowledge of science concepts, process skills, and science applications. All of the events held during Science Olympiad require students use teamwork, plan in groups, and cooperate with one another. Students are part of large teams which split into pairs to complete each event. Just like students that participate in athletics, the participants spend months, even the entire school year, preparing for Science Olympiad.

As the COVID-19 pandemic has changed how most events are carried out, this year's Science Olympiad was run differently, too. Normally, there are between 400 and 500 middle school and high school students on the campus for the competition. However, this year, for any "test" portion of the event, students were able to take them at their own schools Wednesday, March 10. A handful of students from each school then came to the University campus in order to participate in the more hand-on events Thursday, March 11.

Students that came to DSU were either in Murphy Hall launching their indoor bottle rockets or in the Student Center Ballroom testing out their homemade bridges and cars, among other items. Each school was on the campus for thirty minutes in staggered time slots in order to finish their events before the next school arrived. This kept social

distancing at a maximum in order to help mitigate any potential COVID-19 spread.

Two students that participated in the event "Ping-Pong Parachute" were Lily and Kiera from Dickinson Middle School. These two students went through several iterations of their bottle rocket with help from their families and teachers before they settled on a design of a plastic cup taped to the plastic bottle. For the parachute, they used a circle of plastic that was attached to the ping-pong ball via horsehair. They attached their bottle rocket to an air pump before pressurizing the bottle rocket and launching it. As the rocket descended, the ping-pong ball left its resting place within the cup attached to the plastic bottle and slowly floated to the ground. Both Lily and Kiera, along with their teachers, believe they did quite well in this event and were excited about how their parachute performed.

Along with the middle school and high school students that come to the University campus, DSU students also help with the event by writing the tests in accordance to the rules given by the Science Olympiad organization. DSU students also correct these tests. This whole process helps DSU students by allowing them to learn more about the subject they are writing the test about and to share the knowledge they have with others.

For the participants, Science Olympiad allows them to learn about subjects they might not be exposed to in their classrooms. They are also able to learn more about and explore subjects they may have growing interests in. It may also help them to discover and decide what they could potentially pursue as STEM careers.

"We're hoping that next year that we can have the students back on campus because when there are 400 to 500 kids on campus, it's really exciting," said Dr. Corinne Brevik, co-chair of the Department of Natural Sciences and professor of physics at DSU. "They are excited to be here and there is a lot going on. I think for some of them it's really good to be around other people who think science is fun." ■



From the Hawks' Nest

The Dickinson Press has kindly offered me the opportunity to write a monthly column featuring some aspect of Dickinson State University (DSU). With gratitude for this kind offer, I'll use the first of these columns to review the history of our hometown college.

The citizens of Dickinson, Stark County, and other counties west and south of the Missouri River willed our University into existence. A little over a century ago, the citizens of what was then called "the Western Slope" formed a group that promoted an amendment to the North Dakota constitution that, if passed, would create a normal school in Dickinson.

To read the full article, visit: bit.ly/DSUHawksNest

DICKINSON STATE FOOTBALL: A TRADITION OF SUCCESS



The Savages playing in their homecoming football game in 1935.

Any rich tradition of success comes from a foundation of accountability, hard work, determination and patience – all of which are embedded into the Dickinson State University (DSU) football program. Since the program was founded back in 1925, DSU football has grown into one of the most successful programs in National Association of Intercollegiate Athletics (NAIA) history. And they just keep getting better and better.

“Dickinson State has a storied history of football success,” stated Pete Stanton, DSU’s head football coach. “The players and coaches throughout the years have helped make this program successful for nearly a century.”

It started with a single game back in 1925 as DSU, formerly known as Dickinson State Normal School, took on Glendive High School for the first football game played in school history. Although the then “Savages” were defeated by Glendive, the team went on to record their first win in program history the following year against Wibaux High School by a score of 39-0.

The Savages found success in a different way during their 1933 season under Head Coach Harry Wienbergen. Playing a full slate of games, the team finished with a winning record (5-1) for the first time.

But the accomplishments didn’t stop there. In fact, things were just heating up for the football program. Since 1973, the Savages, whose

mascot changed to the Blue Hawks in 1975, have seen winning records in all but five seasons (1977, 2007, 2011, 2012, 2013).

“The program really took a turn in the 1970s with Coach (Bob) Lasater and Coach (Hank) Biesiot,” said Stanton. “1978 was the start of 30 straight winning seasons. You would be hard pressed to see any program, at any level, go that long without a losing season.”

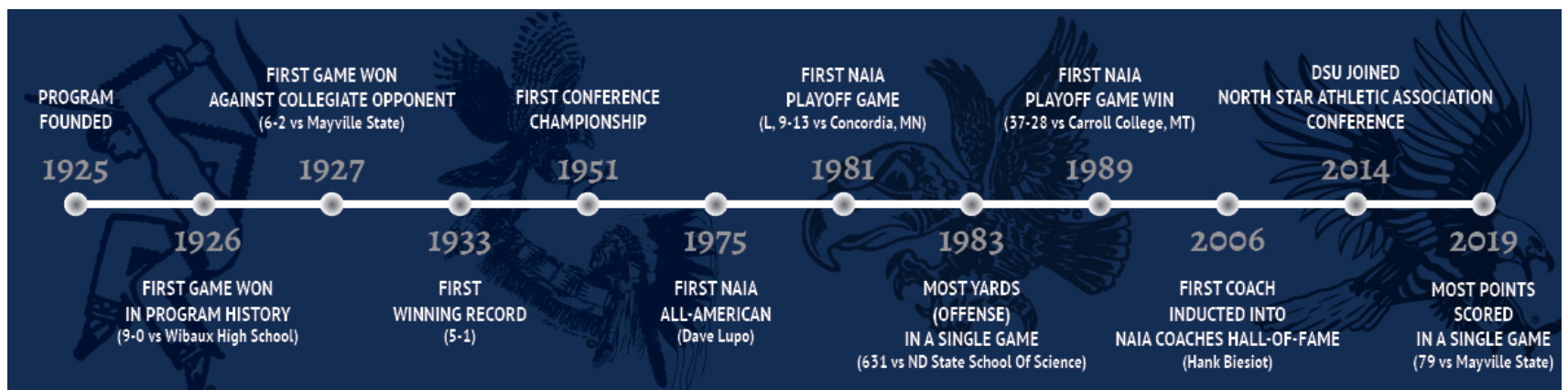
During the 46-year (and counting) success on the gridiron, the Blue Hawks have garnered many accolades including 25 conference championships, 20 NAIA tournament appearances, six undefeated seasons, 86 NAIA scholar-athletes and 47 NAIA All-Americans.

“The 1981 team was special as they were not only undefeated but they were the first Blue Hawk team to ever reach the NAIA playoffs,” Stanton continued. “They lost a controversial game, 13-9, to the Concordia Cobbers, who were eventually named national champions later that year.”

“The nine-year span from 1986 to 1995 saw another incredible run. There were three undefeated regular season teams and in 1989, the team won the first playoff game before reaching the semifinals in 1991. The program also impressed in the early 2000s winning four straight championships and two playoff games. Those teams were some of the best in the history of the school.”

Furthermore, the Blue Hawks ushered two members into the NAIA football Hall-of-Fame: Paul Chapman and Rory Farstveet, while legendary Head Coach Hank Biesiot was inducted into the NAIA Coaches Hall-of-Fame in 2006. Biesiot is the first and only coach in DSU history to achieve this football coaching accolade.

Biesiot’s presence as the head coach for nearly four decades certainly comes with additional successes, supporting his hall-of-fame honor. During his time, he coached more than 2,000 student-athletes, experienced 32 winning seasons in his 38 overall, had five undefeated regular seasons, coached the 1991 team to the NAIA championship semifinal game,



garnered Coach of the Year honors 21 times, notched 17 conference titles and led his teams to 15 NAIA football playoff appearances.

“Coach Biesiot is one of the top coaches all-time in the NAIA,” said Stanton. “To go so many years with so many great teams and to do it with class is incredible. All the accolades earned by Coach Biesiot were well deserved.”

As if that wasn’t the best of his successes at DSU, Biesiot also compiled a 258-121-1 overall record, which makes him the third most winningest coach in NAIA history.

But looking to the future of the DSU football program, he saw something special in one of his former players: Pete Stanton. Since taking over as head coach during the 2014 season, Stanton and his staff have kept the DSU football legacy alive, achieving a winning season every year and establishing the program as a football powerhouse in the North Star Athletic Association (NSAA) conference.

“The North Star conference was created in 2013 and DSU joined, in all sports, in the fall of 2014,” said Stanton. “We weren’t a great team in 2014 but we fought hard and had great leadership that paved the way for future teams and players. Since 2015, our players have done a great job of carrying on the Blue Hawk tradition and leaving their own mark on the Blue Hawk football program.”

Stanton, who is the 15th coach in program history, is currently in his seventh season with the Blue Hawks and has garnered some impressive honors including six straight NSAA conference championships and six NAIA playoff appearances, including making it to the quarterfinals during the 2018 season. Stanton currently holds a 59-18 overall record.



DSU SENIOR MATHEMATICS MAJOR ACCEPTED INTO NORTHERN ARIZONA UNIVERSITY GRADUATE PROGRAM

Marissa Schatz of Taylor, North Dakota, is set to graduate this spring from Dickinson State University (DSU) with a bachelor’s degree in mathematics and a minor in writing. She was recently accepted into a mathematics graduate program at Northern Arizona University (NAU) in Flagstaff, Arizona, and was also offered a tuition waiver and graduate teaching assistantship. Though Schatz applied for and was accepted to other programs, NAU was her first choice.

Schatz is excited to have the opportunity to teach undergraduate students



And now the 2020 Hawks are hungry for more and are looking to surpass that 2018 season. With their presently undefeated 9-0 season still underway, the Blue Hawks await their fate in who they will face in the opening round of the NAIA national tournament. Playoff seeding will be announced April 11, at 5 p.m. MT. The Blue Hawks ranked 12th in the nation during the latest 2020-21 NAIA Football FirstDown PlayBook Top 25 poll.

Opening round games are scheduled to begin April 17, with the top seeds hosting at their respective competitors. More information will be released once it is made available by the NAIA.

“We are very excited to be entering the playoffs for the sixth straight year,” said Stanton. “It was a very unique year that we didn’t even know if we would be playing for sure. We are so proud of our players for not only rising to the challenges that we had faced earlier in the season, but to do it with a 9-0 season is incredible. Our players have made extraordinary sacrifices this year and I couldn’t be happier for the opportunity they have ahead of them. We are excited to represent DSU on the national stage in the coming weeks!”

Hawks are up! ■



what she has learned at DSU. She plans to move to the state sometime this summer and plans on bringing her two cats, Mister and Stella, along for the ride. Schatz is looking forward to be spending the next few years in the South, as she’s ready for a change in climate, and her extended family lives in the Phoenix area.

Dr. Paul Johanson, professor of mathematics at DSU, and Ms. Michelle Stevier-Johanson, instructor of English, serve as Schatz’s advisors for her major and minor, respectively. Stevier-Johanson was instrumental in Schatz’s NAU application process, helping her craft her cover letter and other items.

“DSU has had a number of mathematics graduates go on to full time graduate studies over my years here. Marissa Schatz is certainly among the top of that group in her ability,” said Johanson. “I am pleased that Marissa was accepted and awarded an assistantship in graduate program of her choice. Without a doubt, she will make the most of it and be successful in her studies. The Department of Mathematics and Computer Science at DSU is proud of Ms. Schatz.” ■

A DAY IN THE LIFE: DSU STUDENTS SHARE AGRICULTURAL KNOWLEDGE WITH AREA YOUTH AT ANNUAL KIDS DAY ON THE FARM EVENT

Written by: Kayden Heckaman, DSU Student Intern



Spending a day on a farm is a great opportunity for those who live in urban areas to experience a lifestyle different from their own. There is one club at Dickinson State University (DSU) that brings the farm life to the city: the Agriculture Club. For the last 31 years, the Agriculture Club has hosted a free event, Kids Day on the Farm, at DSU's indoor arena. During this event, members of the Agriculture Club share their knowledge with children from Dickinson and the surrounding communities and hope to pique their interest in the subject.

An event like this does not just happen overnight; it takes quite a bit of planning and preparation. In order to host Kids Day on the Farm, the Agriculture Club contacts many producers and agricultural organizations. Every supplier that helps with this event has the gratitude of the Agriculture Club, especially the Krebs family, which has helped the Agriculture Club order items for their goodies bags and brings animals to the DSU campus every year.

With the COVID-19 pandemic still ongoing, social distancing was the main concern for Club members as they planned the event. Members of the Agriculture Club usually group guests together to take them on guided tours through the arena. This year, they had to come up with a way to manage social distancing during the tours, and they did! The large tour groups consisted only of visiting students from individual area classrooms. Other tours consisted of small groups or families. The Agriculture Club also asked that every guest wear a face covering.



On the morning of the event, the parking lot filled quickly with the vehicles of parents and grandparents as well as school buses bring-



ing more than 1,000 children and students for a day of fun and learning. Guided tours were held from 8:30 a.m. to 4 p.m., with the last of the tours starting at 3:30 p.m. Tours ran every 15 minutes, lasting 60-75 minutes. During the tours, guests enjoyed many different activities. Children were able to learn about different grains grown in the area and had the opportunity to grind their own wheat. Later on, they learned about shearing sheep and how the wool is treated in order to clean it. The kids were also able to try to rope rodeo practice dummies, and they had fun even if they did not hit their mark! There were also guest rodeo queens visiting with those who attended. However, the main attraction for the children featured animals they could interact with. The event allowed them the opportunity to gather around bunnies, little potbelly pigs, ducks, and many other animals. One friendly goose made its presence known, honking continuously as it received much attention. "My favorite was the animals," several children said, clearly happy about being able to pet them. At the end of the tour, everyone was able to enjoy a treat of milk and cookies.



Outside the arena, visitors piled into horse-drawn wagons to take a ride around the grounds. A shining new Case IH tractor and combine harvester also sat outside the arena for children to look at. One woman who brought her grandchildren to the event said her grandson was more excited about the equipment than anything else.

By the end of the day, the Agriculture Club had met their goal of showing the wonder of agriculture to local children. The club's president, Lily McFadden, believes that Kids Day on the Farm has a lasting impact on children. "I believe that providing this opportunity will only grow appreciation for agriculture," said McFadden, "along with fueling the fire within the younger generation to participate in it." ■



STUDENT SPOTLIGHT



SONJA LAWRENCE '22

master's in teaching candidate

If you know Sonja Lawrence, you know she puts 110% into everything she does, and always has. This native of Las Vegas, Nevada, took a chance and traveled over 1,200 miles to make her mark on Dickinson State University (DSU). We're so glad she did.

After graduating from Centennial High School in Las Vegas, Lawrence moved west to California with the goal of obtaining her associate's in liberal arts and communications from Taft College. Lawrence played softball for Taft, and during her second year with the Cougars, an old high school teammate inspired her to look into DSU. "I had two years left to play college softball, and Kayla [Stephens] had a lot of good things to say about DSU," said Lawrence, "so I took a chance without even visiting campus and came here!"

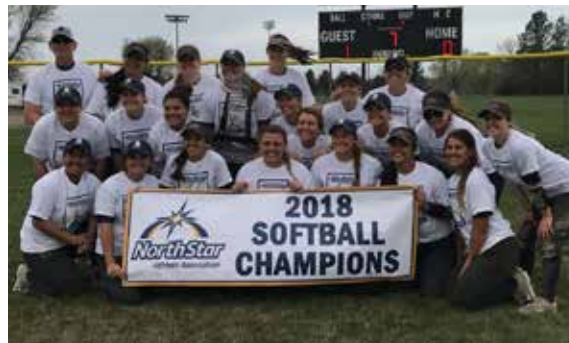
Lawrence graduated from DSU with a bachelor's degree in business administration and human resource management in 2020. She played softball for the Blue Hawks for two years, and now, as a graduate student, Lawrence runs for the cross country and track teams. She is currently working to obtain DSU's Master of Arts in Teaching – Athletic Educational Leadership, and is on track to graduate in spring 2022.

The transition from undergraduate to graduate studies was actually pretty easy for Lawrence. While the subject and difficulty of the material changed substantially, she went from more than 12 credit hours per semester to six. Lawrence is spending much less time in the classroom and much more time studying on her own, at her own pace. "With the transition into working towards a master's, I was nervous at first, go-

ing into graduate school and moving into a different department." Dr. Joan Aus, associate professor and chair of the School of Education, helped Lawrence through that process. "Taking a class with Dr. Aus and having her as the director of graduate studies has made me feel very comfortable and confident in the move I made!" She finds herself to be most interested in learning the foundations of education as well as teaching diverse groups of students effectively.

Lawrence is working in the Office of Admissions at DSU, giving campus tours to the next generation of Blue Hawks. She's the children's director at Engage Church, where she runs the youth ministry and nursery. She's also a server at the BrickHouse Grille, a local restaurant. She enjoys spending her free time outside. "Doesn't matter if it's roller blading, hiking, swimming, or just soaking up the sun," she said. "I love it all!"

While she hasn't put much thought into life beyond her master's degree, Lawrence believes it will take her somewhere a little closer to home in Nevada. When that time comes, it will feel bittersweet, as she will be leaving a little piece of herself in North Dakota. She encourages others to take the same chance she did in coming to the Peace Garden state. "Take advantage of the small community campus and the countless opportunities it brings. You will build relationships with your peers and faculty like nowhere else. Being a part of the Blue Hawk family is a forever thing, and I am so happy to be a part of that!" ■



Department of Arts & Letters Upcoming Events

May 2 | 3 p.m.

Community Choir Concert
A Requiem for Those We've Lost
Assumption Abbey
Richardton, ND

May 4 | 7 p.m.

DSU Band Concert
May Hall
Dorothy Stickney Auditorium

INFO AND TICKETS: dsuarts.com



Spring Commencement

JOIN US IN-PERSON FOR GRADUATION

SATURDAY, MAY 15 | 10 A.M. | BIESIOT ACTIVITIES CENTER

DUE TO CHANGES RELATED TO COVID-19, EVENT DETAILS ARE UPDATED REGULARLY.

To view the most up-to-date events calendar, please visit www.dickinsonstate.edu/events.

DICKINSON STATE UNIVERSITY EVENTS

Saturday, May 1	Blue Hawk Volleyball Youth Skills Camp	10:30 a.m.	Wienbergen Gymnasium
Sunday, May 2	A Requiem for Those We've Lost	3 p.m.	Assumption Abbey, Richardton, ND
Tuesday, May 4	COVID-19 Testing	8 a.m.	528 21st St W, Dickinson, ND
Tuesday, May 4	DSU Band Concert	7 p.m.	May Hall, Dorothy Stickney Auditorium
Wednesday, May 5	COVID-19 Testing	8 a.m.	528 21st St W, Dickinson, ND
Thursday, May 6	COVID-19 Testing	7 a.m.	528 21st St W, Dickinson, ND
Friday, May 7	President's Cabinet Open Forum	10 a.m.	Klinefelter Hall, Beck Auditorium
Saturday, May 8	Praxis Testing	8 a.m.	May Hall, room 1
Saturday, May 8	Blue Hawk Volleyball Youth Skills Camp	10:30 a.m.	Wienbergen Gymnasium
Saturday, May 8	DSU Last Chance Track Meet	1 p.m.	Biesiot Activities Center
Tuesday, May 11	COVID-19 Testing	8 a.m.	528 21st St W, Dickinson, ND
Tuesday, May 11	DSU Athletic Senior Banquet	6 p.m.	Biesiot Activities Center
Wednesday, May 12	COVID-19 Testing	8 a.m.	528 21st St W, Dickinson, ND
Thursday, May 13	COVID-19 Testing	7 a.m.	528 21st St W, Dickinson, ND
Friday, May 14	Outstanding Graduate Awards Ceremony	3 p.m.	Murphy Hall, Thompson Auditorium
Friday, May 14	Teacher Education Pinning Ceremony	4:30 p.m.	Klinefelter Hall, Beck Auditorium
Friday, May 14	Department of Nursing Pinning Ceremony	6 p.m.	May Hall, Dorothy Stickney Auditorium
Saturday, May 15	Spring 2021 Commencement	10 a.m.	Biesiot Activities Center
Tuesday, May 18	COVID-19 Testing	8 a.m.	528 21st St W, Dickinson, ND
Wednesday, May 19	COVID-19 Testing	8 a.m.	528 21st St W, Dickinson, ND
Thursday, May 20	COVID-19 Testing	7 a.m.	528 21st St W, Dickinson, ND
Tuesday, May 25	COVID-19 Testing	8 a.m.	528 21st St W, Dickinson, ND
Wednesday, May 26	COVID-19 Testing	8 a.m.	528 21st St W, Dickinson, ND
Thursday, May 27	COVID-19 Testing	7 a.m.	528 21st St W, Dickinson, ND

DSU Events - www.dickinsonstate.edu/events

Athletic Events - www.dsbluehawks.com

FOLLOW US



www.dickinsonstate.edu/news



www.facebook.com/dickinsonstate



www.twitter.com/dickinsonstate



www.instagram.com/dickinsonstate

The Blue Hawk Bulletin is a publication created by the Office of University Relations at Dickinson State University. dsu.communications@dickinsonstate.edu 701.483.2542

DSU does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs, activities, or employment.
Contact the Affirmative Action Officer/Title IX Coordinator for questions (May Hall, Room 309-A; 701-483-2370; dsu.titleix@dickinsonstate.edu)

Continued from page 16



Parade view, possibly 4th of July, c.1902, corner of W. Villard and Hannaford Streets (today's 2nd Avenue West), showing the Osborn Studio (white clapboard left-center) and, on the far horizon, the High School which was completed in 1891. This is possibly the only photograph thus far discovered showing the school in its original form. 2009.022.005 Joachim Museum Collection.

school building...there are a few more to hear from," and at the end of January 1891 it was announced that plans and specifications had been accepted by the board from Minnesota architect Frank Thayer and that sealed bids from contractors were due on the second day of March, plans being available at Thayer's office in Mankato or at Fowler's Hardware Store in Dickinson.

The bid opening must have been a quick matter as only two firms submitted - Stamp & Hersey bid \$12,160 and Granteer & Pond \$8,918. Given the winning bid a further \$2000 in school bonds was approved by voters, said bonds being ready for issue by mid-April, however, there were delays in securing the sought-after donation of land and an issue with Mr. Klinefelter's brickyard which would be the source for the 160,000 bricks needed for the structure. The solutions to these challenges was finally realized in mid-May when it was announced that the Dakota Land & Colonization Company had donated a full 300' square block valued at \$1000 on Cross Street (3rd Avenue West) just west of Block 28 of the original town plat, between Barnes & Haupt Streets

(2nd and 3rd Streets West). At the same time it was announced that John McDonough had leased (for a nominal sum) clay lands south of town to Klinefelter for his brickmaking facility. With these details settled and bonds received from the various contractors local surveyor 'Captain' J.G. Saunders (available evidence infers the rank was probably an honorific for this Confederate veteran) surveyed the new school site.

Although things looked ready for serious work to begin a long missive published in the June 6, 1891 Press by various noted locals launched criticisms against the project, charging that alterations to the construction contract were made by the board and the completion date extended from September 15th to November 1st, the writers believing the board had no right to make such changes. Further, it was charged that construction starting on land not yet deeded to the school board was illegal. Also criticized was the decision to proceed with the sale of the old school as it was contended that "we have no assurances that the new house will ever be completed

according to plans and specifications," if such were to transpire the town would be left with no school house at all. The letter ended with a call for a public meeting at the Courthouse on June 8th. Students of Dickinson history will recognize several prominent names affixed to the correspondence including Emil Messerschmitt, Fred Willard, A.C. McGillivray, William Ray, Frank Lish, Alphonse Hilliard and the failed higher bidder for the school contract, Stamp & Hersey. The Press' follow-up report on that meeting noted that "A committee was appointed to investigate and report on the following evening, and it seems that the committee found nothing to report and the matter dropped." Recommending that "petty jealousies be dropped and all work together to the end of getting a good school building," the Press described the school board as "honorable men and above reproach."

With the criticisms laid to rest progress reports on the build starting appearing, with the foundation completed by July 4th. There followed hot air flues and basement posts by August 1st with first floor timbers and the first course of brick laid the

next week, all coming together despite heavy rains. Related news noted that the land donor, Dakota Colonization Company, was preparing to erect "ten handsome and commodious dwellings" near the school site in the coming year; the "convenient distance from the town school" sure to be attractive to prospective buyers.

In mid-September Pond & Granteer placed an item in the Press, "Parents Kindly Take Notice," in which they respectfully asked that children be cautioned against playing around the construction site as some minor thefts of material and a small fire had occurred. At the same time the firm was advertising for more masons and carpenters as "the second story is going up quickly." Two weeks later the heavy timbers for the tower were hoisted into place.

By October 10th, the work was going "amazingly," with everything under cover and the lower rooms ready for the plasterers; two weeks later the furnaces arrived and were ready to be fired for November. Also, a "good flow of water" was found on site at less than 30 feet.

Although the original November 1st completion date was missed progress continued at a good pace - the lower rooms completed by the 14th and the building formally accepted by the school board a week later. At this point the only frustration belonged to the Press who had promised a detailed description of the building but was withholding the report while awaiting a promised woodcut of the building. Nearly a month passed before it arrived to compliment the article that trumpeted "DICKINSON'S NEW PUBLIC EDIFICE... the Finest Structure of the Kind in Western North Dakota."

The promised woodcut carried the caption "Dickinson High School Building" though in truth, the initial scheme of instruction consisted of the 1st Primary 2nd Primary departments (under Miss Ida Ellison and Miss Elizabeth Courtney, respectively) and the Intermediate and Grammar Departments. A March 19th, 1892 update reported that by the end of term eight students would have finished the Grammar Department and, unless a high school were established, they would have to seek to further their education elsewhere. The report ended with a rhetorical question: "When it comes to voting on this question, next June, will any other argument be needed?"

In our next edition we'll examine how that question was answered. ■

HEART RIVER GEMS

James Odermann

By Kaylee Garling



James and Leona Odermann

A few weeks ago, my husband and I went out on a date. We couldn't decide where to go or what to do. Then we remembered we had an unused gift certificate to a popular restaurant in town. The place was packed, which was wonderful to see, save for a few seats left at the bar area. We sat down and not a minute later, James Odermann's son, Jacob, walks out of the reserved back party area to take his son to the bathroom, right past where we were sitting. My husband had just met him a week or so earlier by accident, knew I was trying to get a hold of his dad for an article, and there he was again. Then, things got even more serendipitous as Jacob said his dad was there, because it was a birthday celebration for him and his twin brother, John, that night. So, whether or not you believe in fate, it brought us together. We met James, got to chat for a few minutes, and I knew, without a doubt, that we had to have him as one of our Heart River Gems. So, with no further ado, meet James Odermann, this month's Heart River Gem.

When we asked what advice he'd give to the rising generation, this is what he said, "Six words: BE #MORAL, BE LEGAL, BE FUN." He explained further, "Enjoy life. Not everything is perfect- or as one would like-but much of the joy is recognizing challenges and working through them in a positive fashion. Additionally, be honest, be true to yourself and, using a guided conscience, do not be afraid to stand your ground on issues that affect our youth and society."

His life is an example of this. "I attended St. Peter and Paul grade school in New Hradec, Abbey Prep School in Richardton and Dickinson State College in Dickinson. I have Bachelor of Science degrees in mathematics and physical education. I

began a career in writing and media work when in college to pay school tuition. It blossomed, and I enjoyed working at The Dickinson Press, Morning (Mandan) Pioneer and The Forum (Fargo). After a stint as Communications Director for the North Dakota Farm Bureau, we (my wife Leona and I) purchased two weekly papers (The Golden Valley News in Beach and The Billings County Pioneer in Medora). After moving to the ranch, I did publish a number of livestock periodicals (Beefalo, Tarentaise and Simmental Cattle Breeds). I still do some occasional writing and contract work in the media relations business, using those skills to assist where and when asked and needed.

My wife Leona and I moved to our current home on July 25, 1980 (the feast of St. James) and have lived here ever since. Leona and I are transitioning away from the active management. Our son Jacob, and his wife Adrian Joy (AJ) Odermann and their four children are assuming the reins. Their children will be the fourth generation on the ranch/farm. We still have a beefalo influence in our cow herd. Our focus, however, is producing organic crops (cattle, grain and hay) on our ranch/farm. Our entire farm is certified organic, which means it is inspected annually by a certifying agency. Our certifier is the Montana Department of Agriculture. One of the reasons we embraced this protocol was concern for water quality. We were first certified in the 1990s and have continued the management style since. We direct market Odermann Organics beef to local and North Dakota residents under the USDA approved organic logo. This means that our livestock only consume forage that is raised under strict organic protocols. Our organic beef does not receive artificial growth stimulants and hormones.

Over the years I have been involved in as many organizations as time would allow. I have always enjoyed people, interacting with them and exchanging ideas. There is a very positive effect to listen to other viewpoints and realize that, thankfully, the world is full of diverse opinions and methods to accomplish positive things for society."

James is a family man through and



The extended Odermann family

through and credits his wife. "My wife, Leona, has had the most profound impact on my life. She has shown me what true and unconditional love is about as a spouse, mother of our children and business partner. My favorite memory is the first day I saw her. We have been married for 50 years. We have eight children and 19 grandchildren (and counting?). I am closer to the cradle than the cradle. I hope to enjoy my wife, family and friends and contribute to society as I am able. This will involve travel as I have children/grandchildren across the world from North Dakota to Washington to Wyoming to Nebraska to Ukraine."

Family is the backbone of the world, and James has done his part to enable this crucial part of living. He's also given his children a strong foundation to build upon. "From my perspective, my greatest achievement was giving our children the benefit of a Catholic education at Trinity High School."

Proud of his North Dakota heritage,

James said, "I am a Billings County native. I am proud of this connection. Billings County is an exciting place in which to live and raise a family. It is my intention to live in Billings County as long as I am able. Aside from my college years and eight years (four of which I was owner/publisher of the Billings County Pioneer newspaper while residing in Beach), I have lived in Billings County."

A tradition that he has observed throughout his life is: "Prayer at mealtime and before retiring at night." It's a tradition that still holds strong for families throughout the world, a tradition worth mentioning. When asked what his future holds, James replied, "I am having fun, enjoying life. Life is about an attitude: you can be negative, or you can be positive. It is a choice, and it is more fun being positive." I hope we can all be a bit more like James, seeing the positives, even in our challenges. You can check out his family's website at odermannbeef.com. ■

Heart River Gems is proudly sponsored by



Celebrating National Skilled Nursing Care Week May 9-15

Benedictine Living Community-Dickinson honors its dedicated associates who work tirelessly every day to care for and protect frail, elderly and disabled adults in long-term care.

This week we salute the incredible strength and resilience of our staff, residents and their families in the face of COVID-19. Together, we know we will get through this.



851 4th Ave. E., Dickinson, ND 58601
(701) 779-8690 | benedictinedickinson.org



BIRDEES
Boutique

Shop Online

BirdeesBoutique.com

Follow us on Facebook

@ShopBirdeesBoutique and
Instagram @BirdeesBoutique



FUN FOR THE WHOLE FAMILY

9TH ANNUAL BAKKEN BBQ

LIVE AUCTION, KIDDY CORNER, & BEVERAGES PROVIDED BY MAVERICKS!

JUNE 18, 2021 ★ 4-10 P.M.

WEST RIVER ICE CENTER, DICKINSON, ND
THIS EVENT WILL BENEFIT MAKE-A-WISH® NORTH DAKOTA

IN CELEBRATION OF
FIRST RESPONDERS



\$20 -ADULTS • \$10 -CHILDREN (9-15) • 8 & UNDER FREE

TO PARTICIPATE OR SPONSOR, EMAIL: BAKKENBBQ@HOTMAIL.COM

COMMUNITY

9th Annual Bakken BBQ

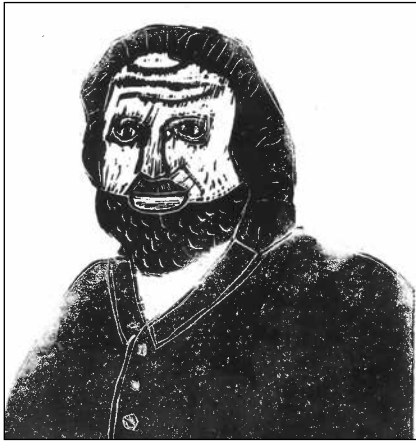
The Bakken BBQ was created in 2013 by Co-Founders Jackie Jenkin & Tiffany Steiner to bring together the community by creating a family-friendly BBQ event, while raising money to help make a difference in our community.

The Bakken BBQ is a BBQ cook-off with local companies competing for the best BBQ. The locals can enjoy an all-you-can-eat BBQ, cold beverages, entertainment, kiddy corner, live auction, and a variety of prizes raffled off with purchase of ticket(s).

Since founded, the BBQ has raised nearly half a million for Relay-For-Life, Make-A-Wish North Dakota, and other local area charities.

For more information, please contact bakkenbbq@hotmail.com or visit us on Facebook/bbq4cause

HUMANS OF DICKINSON



Bernie Marsh

By Ellesen Laumb

Bernie Marsh has 14 grandchildren and that is not even the most remarkable thing about him. I interviewed Mr. Marsh in person and found that he was a very friendly, kind and relaxed individual.

Bernie was born in Dickinson, North Dakota. He was also raised in Dickinson on a little farm about 10 miles out of town. Bernie loves to be in Dickinson and cares about Dickinson because he has been here his whole life.

Bernie went to elementary and middle school in New Hradec. He went to school at a Catholic boarding school there. Bernie's parents would drop him off on Monday and pick him up on Friday, even though they only lived four miles away. Bernie, along with the other kids at his school, had the same schedule everyday. After school in New Hradec he went to high school in South Heart. After high school he went to college at Dickinson State College where he majored in radio broadcasting. He took lots of speech classes and some drama classes. After college he went to work at KDIX for a while then he went back to farming.

In 1978 he married his high school sweetheart. In addition to farming in 1987, Bernie and his wife bought a bar in downtown Dickinson. They have owned this bar for 33 years now. Owning the bar for so long shows some persistence. Bernie is now hoping to sell the bar to his son.

From my interview I learned many things about Bernie Marsh. I know that he is kind, nice, and he wants to help out the Dickinson community.



Jessie Lemieux

By Elijah Ricks

Do you want a pet, or do you want several pets? Either way, the Paw and Claw Pet Palace has you covered. It has a variety of animals, including birds, fish, and common household rodents. They sometimes have puppies but those go pretty fast. This pet store is wonderful, but it would not be the same without Jessie, the owner.

Jessie loves her animals and takes really good care of them. Her favorite animal in the store is her dog, Bella. She is at the store sometimes and helps your dog make decisions. Jessie's animals are all loved and well cared for. For my dog's birthday, we went over to the pet store and let him choose one thing from the store. It always takes a long time because of their variety.

Jessie cares about her customers, and never turns them down. She gives them her full attention and is very caring. She listens to you and she always has suggestions or ideas to help you take care of your pet. If you have a problem or a question about pets, she is always there to help out. She aspires to be the best pet store owner she can.

The pet store was founded in 1972 by her parents and it has been a family-owned business for 48 years. She was born in Dickinson and grew up here. She aspired to be like her mother who founded the store and that's what encouraged her to go into the pet store business. She wants to be just like her mother who always treated the customers well and loved the animals.

Without Jessie, our community would not be the same. We would not be able to get pets. We would have to pay for advice at the vet. Jessie offers it for free. She treats customers like they matter, and she cares about them. We should all aspire to be like her. ■

KUDOS

CHI St. Alexius Health Dickinson releases naming contest winner for new Mako robot

CHI St. Alexius Health Dickinson recently announced the winner of the naming contest for its new Mako robot for orthopedic surgeries.

Dozens of name entries were submitted by CHI staff and members of the community. A committee narrowed the submissions down to the top three names, and CHI St. Alexius Dickinson staff voted via online survey to determine the winner.

The name HANK (an acronym short for "Hips And New Knees") was chosen as the winner by the online vote. The name was submitted by McKenzie Steckler, Physician Scribe for Internal Medicine & Hospitalist Medicine at CHI St. Alexius Health Dickinson.

As the winner of the contest, McKenzie received a custom CHI prize

package along with publicity for her winning name in hospital publications and local media.

About the Mako SmartRobotics™ System

CHI St. Alexius Health Dickinson Foundation's Board of Directors recently approved the purchase of Stryker's Mako SmartRobotics System, making CHI St. Alexius Health Dickinson the first hospital in the region to offer this type of robotic-arm assisted technology for total and partial knees and total hips. To read more about the Stryker Mako System robotic-arm assisted technology for use in total knee, partial knee and total hip replacements, go to: www.CHISTAlexiusHealth.org/DickinsonOrtho



McKenzie Steckler, winner of the naming contest, stands next to HANK.

COMMUNITY

May Fiesta

The Hispanic Ministry of St. Joseph's Parish in Dickinson invites you to their annual festival called May Fiesta. The event will be held on May 8th, 2021. The purpose of May Fiesta is to raise funds for the activities carried out by the Catholic Church for the benefit of the Latino community residing in Dickinson and to create a welcoming diverse environment where we can learn about Hispanic culture.

The festival will have two parts: the first part starts at 12:00pm, we will have steak, pork, shredded beef and quesadillas, soft drinks, aguas frescas, desserts and Mexican snacks; in addition, we will host Mexican games, such as drawings, darts, and more. The event begins at 12:00pm to 4:00pm and is free. The second part starts at 5:00 pm which includes live music. From 5:00pm to 7:00pm "DJ TORMENTA" will be the entertainment. After 7:00pm, the musical group "ESPLENDOR NORTEÑO" will begin the family dance. Admission to the dance costs \$40 in advance and \$50 at the door. Children under the age of 15 enter for free in the company of an adult. Ages between 15 and 18 pay \$15 a ticket.

For each ticket you buy for the dance you can participate in the raffle of a television, in addition we will have a KARAOKE and DANCE contest with prizes for 1st, 2nd, and 3rd place. Tickets can be purchased at: El Paricutín, My Pueblito and St. Joseph Ministerio Hispano in Dickinson or at 701 690 4249. Everyone is welcome to the event! Come and have fun with us and support our Hispanic Ministry.

The event will be held at 1865 Empire Rd West River Ice Center, Dickinson, ND.

El Ministerio Hispano de la Parroquia de St. Joseph en Dickinson organiza un festival cien por ciento familiar llamado May Fiesta el evento será el día el 8 de mayo del 2021, con la finalidad de recaudar fondos para las actividades que realiza la Iglesia Católica en beneficio de la comunidad Latina que reside en dicho lugar y propiciar un tiempo de esparcimiento y convivencia familiar.

El festival tendrá dos momentos: el primer momento empieza a las 12:00 horas, tendremos tacos de bistec, de pastor y quesadillas, refrescos, aguas frescas, postres y antojitos mexicanos; además de juegos mexicanos, como lotería, dardos, entre otros. La entrada de 12:00 a 4:00 es totalmente gratis. El segundo momento empieza a las 5:00 pm, tendremos baile con música en vivo. De 5:00 a 7:00 pm estaremos amenizando con el "DJ TORMENTA", después de las siete empieza el baile con el grupo musical "ESPLENDOR NORTEÑO". La entrada al baile tiene un costo de 40 dólares en preventa y 50 dólares en taquilla; los niños menores de 15 años entran gratis en compañía de un adulto, entre los 15 y 18 años pagan 15 dólares la entrada.

Por cada boleto que compres para el baile podrás participar en la rifa de una televisión, además tendremos concurso KARAOKE Y BAILE con premios a los tres primeros lugares. Los boletos podrás comprarlos en: El Paricutín, My Pueblito y St Joseph Ministerio Hispano en Dickinson o al teléfono 701 690 4249. Todos son bienvenidos al evento, participa, diviértete, convive y coopera con el Ministerio Hispano.

El evento se llevará a cabo en 1865 Empire Rd West River Ice Center, Dickinson, ND. ■

Fundraising, ST Joseph Church and Hispanic Ministry

START AT 12:00
Food
Street TACOS: steak, pork and roast beef
Soda
Dessert
Traditional Mexican games
Authentic Mexican snack



May Fiesta

1ST 5:00 P.M.
DJ TORMENTA

Live Music

Buy your tickets



Tickets 7016904249
 or St. Joseph
 Catholic Church

2ND 7:00 P.M.
GRUPO ESPLENDOR NORTEÑO

1865 EMPIRE RD WEST RIVER ICE CENTER
 DICKINSON, NORTH DAKOTA

GRUPO ESPLENDOR NORTEÑO

08 MAYO 2021

PREVENTA \$40
TAQUILLA \$50

LA PARROQUIA DE ST. JOSEPH TE INVITA A SU:

Baile - Kermess

INICIO 12:00 Entrada gratis solo a la Kermess

JUEGOS
ANTOJITOS MEXICANOS
POSTRES
TACOS DE BISTEC,
PASTOR Y QUESA-BIRRIA
REFRESCOS Y
AGUAS FRESCAS

1ST 5:00 P.M.
DJ TORMENTA

BEVERAGE AND FOOD NOT INCLUDED

Boletos 701 690 4249

Compra tu boleto



GRUPO ESPLENDOR NORTEÑO

08 MAYO 2021

2ND 7:00 P.M.
GRUPO ESPLENDOR NORTEÑO

PREVENTA \$40
TAQUILLA \$50

1865 EMPIRE RD WEST RIVER ICE CENTER
 DICKINSON, NORTH DAKOTA

Heart River VOICE Events

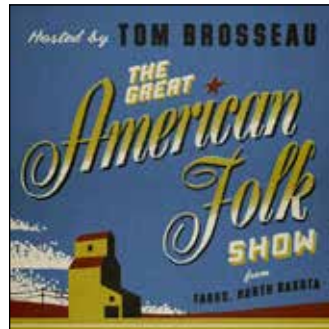
Send your events to
kelley@heartrivervoiced.com
to list your events for FREE!

All event details are subject to change. Heart River Voice lists information as it is provided to us by event coordinators. Please reference event websites for updates.

COVID-19 is a pandemic. COVID-19 is contagious. Everyone who attends events does so at their own risk. If attending any events listed in this calendar, please practice social distancing and follow CDC Guidelines.

Sunday, May 2

THE GREAT AMERICAN FOLK SHOW 4PM MT A variety radio show created and hosted by Tom Brosseau. Tom will be joined by Musicians Mary Flower, Cory Ledet, The Little Bluestems, Ben Suchy, and Music Across the Water; Poet Bill Lowman; History from Mary Griffin and "Notes from the Badlands" by Joe Wiegand. Prairie Public Radio.



VARIOUS DATES IN APRIL DICKINSON STATE UNIVERSITY

Various events taking place at Dickinson State University this month. See page 24 for their event schedule.

SATURDAY MAY 1

WINE WALK 5:30-8:30PM Spring into Summer with a Wine Walk featuring Medora businesses! Check in from 5:30-6:30PM at Medora Uncork'd, 370 Pacific Avenue.

SEASON OPENER STOCK CAR RACES 6PM Southwest Speedway, 47th St SW.

I AM THEY LIVE IN CONCERT

7PM General admission doors open at 6:15. The members of this band have strong back stories of how they came to follow God and their mission to bring this God to everyone their music touches. 103.7 The Connection is hosting the band. We are a non-profit Christian radio station in Dickinson, for Dickinson. This event will raise funds to help keep our station on the air.

MAY 5-6

COMMUNITY BLOOD DRIVE May 5th from 12-6PM and May 6th from 9AM-2:30PM. Sponsored by CHI St. Alexius Dickinson's Hospital Auxilia-

ry - Located at the West River Community Center. Go to www.bloodhero.com to register.

THURSDAY MAY 6

BOOKS & BREW 7PM Books and Brew is restarting in-person! The book we will be discussing is Breakfast with Buddha by Roland Merullo. Copies of the book are available for check-out at the front desk of the library. Upcoming titles will be Strange but True by John Searles for June and Those Who Save Us by Jenna Blum for July. DePorres Lounge, 17 2nd Ave West.

SATURDAY MAY 8

MAY FIESTA DANCE & CARNIVAL 12-11PM St. Joseph's Catholic Church presents this fundraiser for their Hispanic ministry. Food and fun for the whole family. Live music! See page 29 for more information.

MAY 10-11

DISCOUNT BEDDING SALE FUNDRAISER May 10th from 7AM-6PM and May 11th from 7AM-3PM. Benefiting Hospital Auxiliary. CHI St. Alexius Dickinson, Conference Rooms ABC.

SATURDAY MAY 15

COVID VACCINATION CLINIC 9AM-12PM Make an appoint-

ment at 701-456-4200 or simply walk in. Use the Clinic (East) Entrance at CHI St. Alexius Health Dickinson. Moderna vaccines will be administered. Available to anyone age 18+.

TOUCH A TRUCK

11AM-4PM Interactive event that allows children, young and old, to see, touch, and explore their favorite emergency vehicles, and over eighty big and small vehicles used for Construction, Farming, Delivery and more! FREE event sponsored by Infinity Real Estate Group LLC in conjunction with Dickinson Parks and Recreation Dept. Food, Fun, Freebies, Puppies, Music, Inflatables! See page 11 for more information. West River Ice Center.

12TH ANNUAL BLUEGRASS

& BBQ FESTIVAL 12PM Live music and BBQ in the Badlands. Family friendly. This year's event will feature a new merchant walkabout! Awards at 5PM with bluegrass jam session to follow. Follow our event page for more information on activities, band schedule, food and sponsors: www.facebook.com/VisitMedora. Or contact 701.623.4830 or info@medorand.com.

STOCK CAR RACES 6PM Southwest Speedway, 47th St SW.

THURSDAY MAY 20

STATE OF THE CITY Members of the Dickinson community will come together for the annual State of the City luncheon. Contact the Dickinson Area Chamber of Commerce for further information or to purchase tickets. See articles, pages 15 and 31 for more information on the luncheon and venue.

SATURDAY MAY 22

DICKINSON NOON LIONS ANNUAL MAKE-A-WISH BENEFIT 4:30PM-1AM Event includes social & silent auctions, build your own taco bar, live auction, jumping castles and much much more. Live entertainment also provided to finish off the evening. Free admission. More info, call Kelly Braun 701.590.0665. West River Ice Center

MAY 25-26

BADLANDS BIG STICKS HOME BASEBALL GAME 6:05PM Come cheer on our local expedition league baseball team. Tons of family fun! Food and drink concessions available. Dakota Community Bank & Trust Ballpark, 240 2nd St SE. See page 13 for full schedule.

SATURDAY MAY 29

SUMMER READING PROGRAM KICK OFF 10AM-2PM Enjoy our Medieval Carnival, an event to remember, with live music, food trucks, and plenty of medieval-themed activities, including pool noodle jousting, shield decorating, and a dragon egg hunt. The Police and Fire Departments will also be attending! Check out your first books to get started with your reading challenges. We hope to see you there!

SAVE THE DATE

STARTING JUNE 17

FIRST ON FIRST - DICKINSON SUMMER NIGHTS Brought to you by Prestige Worldwide, Odd Fellows and The Rock. Starting June 17 and running through August 12, Thursday evenings. See page 8 for full summer schedule.

SATURDAY JUNE 18

9TH ANNUAL BAKKEN BBQ 4-10PM BBQ cook-off with local companies competing for the best BBQ. The locals can enjoy an all-you-can-eat BBQ, cold beverages, entertainment, kiddy corner, live auction, and a variety of prizes raffled off with purchase of ticket(s). Benefit for Relay-For-Life, Make-A-Wish North Dakota, and other local area charities. For more information, contact bakkenbbq@hotmail.com or visit us on Facebook/bbq4cause See page 27 for more details.

SATURDAY JULY 10

CHI ST. ALEXIUS HEALTH DICKINSON FOUNDATION'S 30TH ANNUAL GOLF SPORTS CLASSIC 9AM start. Registration for teams and sponsors at the 2021 Golf Sports Classic is now open! <https://www.chistalexiushealth.org/dickinson-foundation/golf-sports-classic>



WHERE BUSINESS GOES TO GROW

Southwest CTE Academy

Since our foundation in the 1980s, Stark Development Corporation has played a role in creating career paths for our region's youth. Our focus is growing businesses. To successfully grow a business, you need an idea to plant, the support and the market to grow that



idea, and the workforce to create and deliver it.

North Dakota and possibly, even more so, our region has had a strong history of entrepreneurs bringing their ideas forward into successful businesses. Our challenge is planting those seeds and providing the opportunities to explore the technology, resources and industries that can feed off those new ideas!

We have the unique opportunity to see the educational communities of the region pooling their resources to create a premier regional career and technical education academy. Something our region has long been lacking compared to others throughout the state. This academy will allow students to explore career paths along with the technology,

thought process, and skills required of those careers.

After a year of planning, the SWCTEA Taskforce has completed a business plan to bring this concept to life in Dickinson. A 501c(3) will provide oversight for the project, and a governance board of project stakeholders will embark on developing collective agreements, programming and preparing a facility. More importantly, they will hire a Director of Career and Technical Education to strengthen these relationships further, facilitate the creation of programming, and ultimately bring the academy to life.

Providing the additional space to create an academy was a limiting factor, and as a result, the Dickinson Public School District purchased a vacant industrial facility in November of 2020. The former Halliburton facility in north Dickinson is now formally known as their north campus and will be the future home of the Southwest CTE Academy (SWCTEA).

This spacious property has seven buildings totaling over 110,000 sqft and is situated on a 40-acre campus. The facility, in many ways, is a blank canvas that can be used to create the programming and experiences we need to plant ideas and dreams in the minds of our students and future entrepreneurs. It will also provide an essential pathway to

prepare students for careers right here in our community and region.

As a key partner in the creation of the SWCTEA, Dickinson State University provides the pathway to formalize the education experience. Certificates or degrees can be earned through DSU and provide an authentic ladder learning experience for students. Students could feasibly earn a certificate or degree from DSU while simultaneously finishing their high school education.

On May 20th, the SWCTEA facility will be hosting one of their first public events where the community will experience and tour this immense space. The State

of the City luncheon will be held in one of the main buildings, with tours to follow. Please contact the Dickinson Area Chamber of Commerce for further information or to purchase tickets.

The future of southwest North Dakota and Dickinson depends on continuing the innovative and creative spirit that has been a decisive part of our history. The SWCTEA will provide a new and exciting opportunity to immerse students in technology, resources and industries. The next chapter in our history will depend on the new entrepreneurs, skilled workers and professionals to come from the seeds we plant now. ■



The future home of the Southwest CTE Academy

MISS BEA'S KITCHEN

Backyard BBQs and friendship

By Laura Walters

Spring is a time for morning coffee on the porch and backyard barbecues with friends. I remember growing up in the country we would have friends over and my dad would grill while the women sat on the porch swings sipping sweet tea and the kids played volleyball in the backyard. When it got dark, we would start a fire in the fire pit and roast marshmallows and play "ghost in the graveyard". Did you ever play that game? It's basically just hide-n-seek in the dark; we thought it was great.

Whenever we had people over there would be a mad dash to clean things up and make them 'company ready'. I'm sure you know what I mean. Maybe you have a similar tradition at your house? We all

have that house chore we keep putting off until we suddenly find ourselves in one of these 'now or never' situations, am I right? As a kid I never really understood why it was suddenly so important to empty the trash and sweep the floors and do all the things but now as an adult with my own home, I kind of understand it. We don't want people to come into our homes and think we live like filthy pigs, right? Well, I want to challenge that mindset.

Now, don't get me wrong. I don't want to come to your house and feel like I'm sticking to everything... BUT... personally, I am most comfortable when I visit someone's home and I can tell that they actually live there. Does that make sense?

I want to end up with your dog's hair on my shirt because he jumped in my lap and I want to admire your kids' artwork on the fridge. I want to hang around in a kitchen with a few dishes in the sink and some crumbs on the counter from making your toast earlier. Why? Because that's a home. That's friendship.

As summer quickly approaches, I encourage you to buy a stack of paper plates or some cute melamine dishes for the sole purpose of outdoor entertaining. Buy those red solo cups and that pack of plastic forks. It doesn't have to be fine china to be a successful gathering. Invite people you love and who you can truly be comfortable around. Fill your home with the laughter of friends and family and forget about scrubbing the tile in that shower that nobody is going to be looking at anyway. (Seriously. Why.)



I'm pulling out my summer dishes for outdoor dining and getting the back porch ready for our first barbecue of the season. Who's coming?! ■

CELEBRATION**My 105th
birthday party****By Helma Lein**

When I turned 100, my children had a large party for me at the Holiday Inn Hotel in Dickinson. We invited approximately 100 people, but this year was different. We had to abide by rules and restrictions placed upon us by the Health Department due to the COVID 19 pandemic. Since we couldn't gather together in such a warm and loving group, we had to figure out a next best solution to this dilemma. We turned to technology, and for this particular type of event, we decided on a Zoom venue for my birthday party.

My daughter Connie and son Rob put their heads together and came up with a guest list and then found out if the people they wanted to invite actually had a computer, email, and Zoom capability. After many phone calls, they found out that approximately 95% did have the tech capability and were thrilled to be included. So instead of being in the room together, we were all on the computer screen. There were



Helma celebrating her 105th birthday at Hawks Point

some true advantages to this because coming to North Dakota in March for my party is a hardship for many people. Using Zoom, my grandson, Jon, and his family could send their greetings "face to face" from France. My second cousins twice removed from Norway and my pen pal Doris, whom I never met before, were virtually present along with many more family members. I will never forget my Zoom 105th Birthday party filled with singing and wonderful memories. ■

Children**By Helma Lein**

Children are precious.
Children are love.
Children have qualities
Sent from above.

Children are entertainers
And make parents smile
When singing or dancing
Or acting weird for a while.

They are taught good manners
And how to behave
So they'll be good citizens
This wisdom we gave.

We're blessed to have good kids
Obedient and kind.
We love you and pray for
Good health and sound mind. ■

**GOING
POSTAL
Espresso Drinks**

A new set of four United States forever stamps highlighting popular espresso drinks were issued nationwide April 9. The stamps were issued in a double-sided pane of 20, which the U.S. Postal Service describes as a booklet. The beverages are

caffé latte, espresso, caffè mocha and cappuccino. The designated city of issue was Seattle, Wash. Why Seattle? As Sara Dickerman wrote in *Seattle* magazine in 2018, it's "the coffee-drinkingest town in all the country."

The four new stamps each feature a digital illustration of one of the espresso drinks, with artwork by Terry Allen. "Capturing the inviting atmosphere of an early 20th-century cafe, each digital illustration was created with the style of 1920s and 1930s advertising posters in mind," the Postal Service said in its announcement of the new stamps. "The names of the espresso drinks appear in art deco-inspired lettering above or below each enticing cup."

The stamps were designed by USPS art director Greg Breeding. ■

Source: store.usps.com



Lumenis Optima IPL

Relief from dry,
itchy eyes caused
by skin and eyelid
inflammation*

701-225-7886



**EYEWEAR
CONCEPTS**
Lifetime Eyecare, Lifestyle Eyewear

Call us for a consultation to see if Lumenis Optima IPL is for you!
Dr. Melanie Oltmanns O.D. and Dr. Nate Shilman O.D.

BEST FRIENDS**Hopfauf, Kovash join Western Wellness Foundation Board****By Mark Billings**

The Western Wellness Foundation has added two local community leaders to its board of directors.

Tanner Hopfauf of ND Energy Services and Chris Kovash with Thrivent are the latest additions to the Western Wellness Foundation board, which oversees the Best Friends Mentoring Program. The pair joins Board Chair

Carter Fong of Knights of Columbus Insurance, Vice President Caleb Burgard of Dickinson Parks and Recreation,



Kovash is also originally from Dickinson. After high school, he attended Dickinson State University where he graduated with a degree in Elementary Education and was offered a teaching position in the Dickinson Public Schools. He taught for a total of six years at Berg Elementary and the Dickinson Middle School. During this time, he was active in coaching football and track. In 2020, he made

a career change to work as a financial associate at Thrivent in Dickinson.

Kovash and his wife Kelsey have two young girls. He enjoys weekends at the lake, watching sports, spending time with family, and helping make a difference in the lives of people in the community. "I am excited for Best Friends during this critical time in its 25-year history as new staff continues to engage youth, recruit mentors and build partnerships," he said.

Angie Rabbitt, a native of Baker, Montana, joined Best Friends in January this year as the organization's new executive director. She joins Mark Billings as the senior program coordinator and Katelyn Nguyen and Paige Langhoff, who are serving Best Friends through a federal program called Volunteers in Service to America or VISTA, a national service program dedicated to ending poverty by building the capacity of nonprofit organizations and public agencies.

For more information about Best Friends, visit bestfriendsnd.org or call (701) 483-8615. ■



Chris Kovash

Treasurer and Secretary Amanda Lindvig of Gate City Bank, and directors Urja Aryal of ABLE and Eric Seiller of Health & Wellness Chiropractic.

Hopfauf, a Dickinson native, was a high school mentor with Best Friends up until he graduated from Dickinson High School in 2014. After earning a degree in Petroleum Engineering at the University of North Dakota (UND), he has worked in the industry and is currently with ND Energy Services. During the summer months, he enjoys golfing and spending weekends at the lake with friends and family. During the fall and winter, he is an avid outdoorsman.

Hopfauf and each of his siblings have served as mentors with Best Friends. "When I was a mentor, I saw the need for our youth to connect with positive role models and I look forward to continuing to advocate for kids and teens in my new role on the board," said Hopfauf.



Tanner Hopfauf

SUMMER READING PROGRAM 2021

Magic, Myth, & Mischief

June 1st through July 31st

Participate in Summer Reading Program events!

Free and open to all ages, zero - adult!

Win prizes for reading!

Medieval Carnival Saturday, May 29th

Dickinson Area Public Library
139 3rd St W ♦ 701-456-7700

Sign up for the Reading Program at:
<https://dickinsonlibrary.beanstack.org>

WE BUILD COOL STUFF.
ScullConstruction.com

Scull
CONSTRUCTION SERVICE INC.

WOMEN EMPOWERING WOMEN

All moms are working moms

By Emily Klym

There is no role in life that is more essential than that of motherhood." These are the words of M. Russell Ballard. They are timely words as this is the month to celebrate Mother's Day and they are applicable to this story of a wonderful Mom from the Medora area, Jennifer Sitter.

Let's start first by recognizing all our moms were and are "working" mothers. Motherhood is a lot of work - work, work everywhere. We talk about the balance between work and home, women breaking glass ceilings and doing so much in their professional careers. However, let's give proper credit and celebration to the women fulfilling a tough yet rewarding job - being a stay-at-home mom.

Let's talk about Jennifer Sitter, a rare, salt of the earth gem who deserves kudos and celebration for being an amazing mother, wife, and friend. Blessed with five kids, Jennifer stays very busy keeping on top of everyone's schedule and doing the running that comes with kids who are active in various activities. She tackled the challenge of home-schooling beginning in 2021 which was prompted in part by the COVID-19 pandemic.

While homeschooling was a learning curve for Jennifer and her kids, she was definitely well suited for the job. Sitter holds degrees in elementary education, special education, early childhood education, and early childhood special education!

Not only are the Sitter children blessed to have such a giving, loving and educated mother, the women in Medora, lucky enough to call her a friend, have been touched by her generosity. She is a wonderful cook and baker who shares her treats and goodies.

Having a background in education and being the mother to five kids makes it no secret that Jennifer loves kids. Even prior to opening a daycare center in Medora in 2018, Jennifer was the unofficial community caregiver. If anyone was in a bind with childcare, Jennifer always welcomed kids with open arms.

There are good people in our world doing good things, but those good things get overshadowed by the negative



Jennifer Sitter

things happening in our world. Even when good things get attention, they usually are the most obvious or most noteworthy.

It's so important to take a step back now and then to celebrate simplicity. Today, celebrate the simplicity of a humble, caring, sweet stay-at-home mother like Jennifer Sitter. She is raising a future generation - some of the most important yet uncelebrated and essential work out there. Jennifer's work ethic and spirit will live on beyond her lifetime through the great kids she's raising which is just what this world needs, along with shattering that glass ceiling. ■

Now accepting new patients

www.highplainsdentalpc.com
701-483-GRIN (4746)

BENEDICTINE LIVING COMMUNITY

National Skilled Nursing Care Week

Despite the challenges of the COVID-19 pandemic, residents and staff at Benedictine Living Community Dickinson have demonstrated incredible strength and resilience. This year, National Skilled Nursing Care Week will recognize the commitment of skilled nursing care communities and their staff across the nation who work tirelessly to care for and protect the frail, elderly and disabled adults in long term care.

During National Skilled Nursing Care Week, May 9 - 15, Benedictine Living Community Dickinson's residents and employees will enjoy celebrating with carefully socially distanced activities such as Spring flower planting, a Grand Old Flag USA Party, Old Fashioned BBQ Day, Beach Party, Apple Harvest Festival, and A Snow Globe building activity.

"Working together, we are emerging from the worst of this pandemic. When we were required to close to visitors last year, our staff really stepped up to try and fill the void by providing extra comfort, compassion and friendship to our residents. While we knew we could not replace their family, we did our best to help our residents get through this difficult time," said Jon Frantsvog, executive director.

With recent guidance from the CDC and state, Benedictine Living Community Dickinson has opened for indoor visitation, bringing hope and joy to residents and their families. Resident Maggie Kuntz said, "I enjoy seeing and talking with my kids. They make me so proud, and it fills my heart each time that they bring photos in, or send them to me. Often times, I sit with the staff while looking through those photos, and share memories about my children. Some of the staff even know my children outside

of the nursing home, they go to church with them, and check in on one another from time to time. It's so wonderful to have those opportunities and connections here." In addition, residents are now enjoying weekly chapel and



communion services, large group activities such as canvas painting, bingo, social hours, and much more.

"We are so thankful for all our dedicated and creative staff, who truly sought to make the best of a challenging

situation. And thank you to our residents, their families, community members and local businesses who were so supportive of our staff," Frantsvog said.

"We remember and honor those affected by COVID-19 over the last year and hold them dear. We hope and pray for a brighter future. Together,

we will get through this and heal.

"If you have a friend or loved one residing in a senior care community, we encourage you to reach out to them during this special week and let them know you care," Frantsvog added. Cards, letters and phone calls are always welcomed. ■



ND POTTERY**Three Tribes Stoneware**

By Arley Olson, NDPCS Historian



Three Tribes Stoneware was produced by the three different tribes of Indians at Fort Berthold Indian Reservation in New Town, North Dakota. Those tribes are: Mandan, Hidatsa and Arikara.

Doctor Herbert Wilson and Reverend Ervin Miller were looking for an economic development project for the Mandan, Hidatsa and Arikara Indians

living on the Fort Berthold Reservation. In talking with a number of Indians around New Town they discovered that there was interest in learning to make pottery and having a business of their own. James Walker an instructor at the University of Wisconsin in Whitewater became manager of 3TS.

3TS began as a training project in January 1967 and grew into a modern business operation concerning itself with production and marketing of contemporary Indian stoneware. With training concluded, pottery production began in December 1967. Clay was purchased from Kentucky and Ohio. Local clay was used for color. 3TS was marketed in Colorado, South Dakota, North Dakota, Minnesota, Wisconsin and Illinois.

They built a large walk-in kiln and most of the other equipment. The kiln was 7 feet deep, 6 feet high and 6 feet wide, had four propane burners and would hold 1,500 or more pieces of pottery.

The pottery was done on potters wheels and no molds were used. Final products are all glazed as no bisque ware was produced.

Some of the items made were cups, casseroles, candle holders, cookie jars, jugs, bowls which ranged in size from small to very large, mugs, planters for hanging and for placing on flat surface, many vases, dishes, goblets and large platters. Colors used were browns, greens, golds, reds, creams, greys and blacks. Some pieces were speckled, some were not. The pottery was produced in three buildings: two rented buildings in New Town and a portion of the second floor of the Three Tribes Museum west of town.

The company went out of business in the 1970's. ■



DICKINSON AREA

Concert Association

We are excited to announce that we will be bringing back our annual concert series this fall.

Details on the 2021-2022 season coming soon.

DICKINSONAREACONCERTASSOCIATION.COM


Thank you to our advertisers!

TammieBraun -
The Real Estate Co.

Consolidated

Todd Schweitzer -
American Family Insurance

Dan Porter Motors

High Plains Dental

CHI St. Alexius Health Dickinson

Stark Development Corporation

Dickinson Area Public Library

Beauty Renew Aesthetic Clinic

Dickinson Area Concert
Association

Badlands Big Sticks

Bakken BBQ

ConocoPhillips

First on First

Irsfeld Pharmacy

Peach Parlour

Lenee Bookhardt -
Infinity Real Estate Group LLC

Steffan Saw & Bike

Birdees Boutique

Eyewear Concepts

Players Sports Bar & Grill

St. Benedict's Health Center

Dacotah Bank

Scull Construction

Advanced Collision Center, Inc.

Dickinson State University

TMI Systems Corporation

Professional Office Solutions LLC

Mobile Safety Training

Heart River
VOICE

Thank you to all our advertisers for supporting us and our community!

Mobile Safety Training

We Come to You

Call or Text (701) 690-2783

- First Aid, CPR, AED
- Oilfield Certifications
- PEC Basic Safeland
- PEC H2S Clear
- OSHA Topics
- Fire Extinguisher Inspections & Training
- Respirator Fit Testing
- Front End Loader & Forklift
- Skid Steer
- Aerial Man Lift

COMMUNITY

How CMC helps moms in our community

By Amy Hofer, RN

As May approaches each spring, I think about mothers and the sacrifices they make for their families, especially their children.

Women instinctively know that when they become pregnant, sacrifices will be required of them. This knowledge can make an unplanned pregnancy seem like a crisis.

Various worries immediately come to mind, such as "What about my plans for my life?" "How can I finish school and take care of a baby?" "Will I be able to take that new job?" "How am I going to be able to provide for a child?" "What will my family and friends think?" Sometimes, it's lack of support or education that causes women to feel scared, overwhelmed and without hope. Yes, an unintended pregnancy will likely change plans, and yes, having a baby has some very significant financial concerns. And yes, sacrifices will have to be made on a daily, sometimes hourly basis as a baby needs constant care and attention.

At Connect Medical Clinic, we strive to provide unconditional support to women facing unplanned pregnancy so women can make confident decisions from a place of strength instead of fear. While we offer top notch medical and professional services through free pregnancy testing and limited ob ultrasounds, the most important thing we do to support someone facing an unplanned pregnancy is LISTEN.

It can be a huge relief to state

worries and emotions out loud to someone outside the situation, who is not going to judge. Then, we can start to share our clinic and community resources to help women feel like they are not alone. The caring and professional support can give them confidence to move forward in the decision-making process. My absolute favorite part of my job is providing limited obstetrical ultrasounds.



Amy Hofer

Especially when there is a moment when the patient's anxious thoughts stop and she takes in the view, connecting what she knows about fetal development to the beating heart onscreen.

I also enjoy educating women and families through our Earn While You Learn Program. We offer short courses, usually 30 minutes, on pregnancy and child care topics, either on-line or in the clinic. After each lesson is reviewed the patient can "earn" a package of diapers and a package of wipes.

This is one way the community supports us, through donations for the EWYL program, and tells women "you matter" and "we support you and your child." It can be a powerful message to hear, for any mother.

If you'd like to help CMC's Earn While You Learn program, they are in need of new diaper bags and 1 bushel laundry baskets for their "Baby Shower" milestone baskets.

If you are pregnant and would like to see one of our nurses, call 483-9353 for an appointment. ■



ADVANCED COLLISION
C E N T E R , I N C

TRINITY CATHOLIC SCHOOLS

Trinity students conduct interviews with various community members

By DeAnn Scheeler, Director of Mission Advancement

Mrs. Janel Schiff, a long-time teacher at Trinity Catholic Schools, challenged her Speech and Communication class recently with an eye-opening project during their unit on interviewing. Students were tasked with choosing a topic and a person to interview in efforts to broaden their understanding of communication styles and tactics. Upon approval, students wrote ten questions, conducted and recorded their interviews, and then presented their findings to the class.

All students discussed communication in one form or another, but the topics that they chose ranged far and wide. Junior Lexi Kostelecky interviewed District Court Judge Rhonda Ehliis, offering insight on her communication style as both a judge and an attorney. Junior Jenna Johnson interviewed Adam Martin, a convicted felon who is part of a group of formerly incarcerated individuals that help other incarcerated people change their lives and become productive citizens. Junior Dillon Bruce interviewed three professors of philosophy from different universities,

seeking information on what drew them to teaching as well as important philosophical principles for our time.

According to Jenna Johnson, this project was highly engaging both as an interviewer and presenter, but also as a listener due to the wide variety of topics. Jenna commented that it was surprising to her to see how her classmates found connections to such unique individuals in the community. Other interview topics included a manager of a local coffee shop, a paleontologist from the Dickinson Dinosaur Museum, and professors from the Business Department at Dickinson State University. All of these professionals discussed communication in their respective areas, helping Mrs. Schiff's class connect the course materials to real life scenarios.

Mrs. Schiff has been teaching this course for more than 25 years, and while much has changed in the world during that time, communication remains a stable competency in which students must exhibit proficiency, both as students, and in their adult lives. Many students choose this elective course because there is an opportunity for dual credit with the University of Mary, offering students a head start on their college studies. Junior Reilly Meyer stated that she chose this course because communication is something that she knows is important, and that you will use every day. Meyer is on the Trinity Speech Team, which recently won the regional competition, and will compete at the *North Dakota State Speech Meet in Mandan in April. She joined her teammate Lexi Kostelecky in sharpening her skills for competitive speech, as well as expanding their interpersonal communication skills as they listened to their classmates present on their own topics.

**The Trinity High School Speech team participated in the State Speech Meet in Mandan, and at the time this article was written, results were not yet available. ■*



Senior Nathaniel Jilek presents his project to Mrs. Schiff's speech class. Nathaniel interviewed professors from Dickinson State University's Business Department about their communication style and tactics.

UKRAINIAN CULTURAL INSTITUTE

Marie Halun Block's library

By Kate Kessel



L-R back, Terry and Mariia, front, Anastasia

Many of the UCI library books are written in the Ukrainian language so Mariia (from the Ukraine) was the perfect person to help with the task, while Terry

she didn't know where the poem had come from. Two other school books that were found were published in 1920 and 1926. It took two and half days to finish their work, but the Marie Halun Block's library at the Ukrainian Cultural Institute is now organized and catalogued into history, literature, church literature, dictionaries, arts, songs and folk custom, archeology, old school books, fairy tales, encyclopedias, children books, cookbooks, poetry, travel, and a few more categories.

Marie Halun Block, from Massachusetts, met one of UCI's co-founders, Agnes Palanuk, sometime in the 1980s. Marie was born in Ukraine but came to America as a small child. Because of her heritage and love of her native country, Marie had a Ukrainian library in her home, and when she passed away in 1998, it was her wish for her home library books to be donated to UCI.

The books in the UCI library can now be checked out or read in-house as you would do at any library. The public is welcome to visit and enjoy learning about the history of the Ukrainian immigrants who settled in southwestern North Dakota starting in the late 1890s. There is some Ukrainian family history on file for those who may be genealogists or want to learn more about their ancestry. ■

Milk is poured in a jar,
It is pretty neat!
But a cat will never taste it!
Because it's head won't fit!

Our kitty is very clever, -
She figured out the way:
Instead of using her head,
She dunks in her tail.

In the end she didn't make a mess
That was really nasty:
But instead she licked her tail,
Which was pretty tasty!

The kitten poem translated to English

helped with the English books.

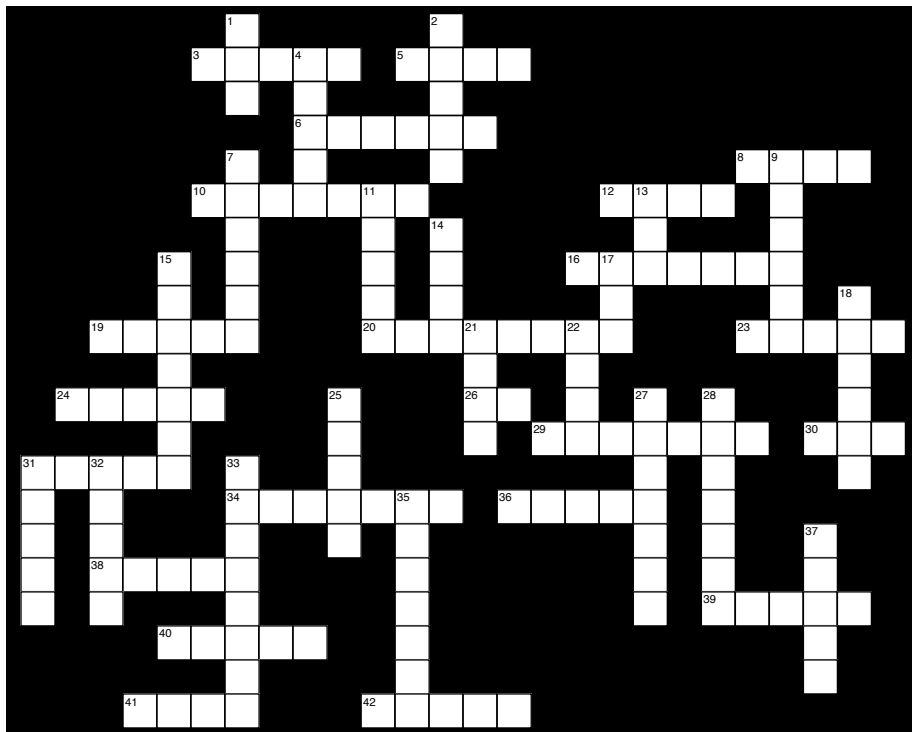
On their first day, Terry texted me, "What a JOB. But fun." At the end of the day, Terry told me Mariia was so excited at some of the books she found in her native language. One of the books is a children's first edition school book of poems dated 1918 which Terry compared to the English Dick and Jane books. As Mariia paged through the book, much to her surprise she found a poem her grandmother would say to her when she was a little girl. Until now



The original kitten poem

Heart River **VOICE** PASTIMES

CROSSWORD AS IN by Carlinka



ACROSS

- 3 +H as in __
 5 +K as in __
 6 +I as in __
 8 Canis lupus
 10 +V as in __
 12 +X as in __
 16 +O as in __
 19 +M as in __
 20 +E as in __
 23 Wild party, slangily
 24 +T as in __
 26 +N as in __
 29 " Way to go, son!"
 30 +D as in __
 31 +A as in __

34 +U as in __

- 36 Light on the details
 38 Glum drops?
 39 +S as in __
 40 Car gear shifter
 41 +L as in __
 42 +Z as in __

DOWN

- 1 +B as in __
 2 +G as in __
 4 Brief period of work
 7 Small breath mint
 9 Port city in Ukraine
 11 Indian currency

13 +R as in __

- 14 +F as in __
 15 +J as in __
 17 +C as in __
 18 +Y as in __
 21 Things that are clicked nervously
 22 Russian refusal
 25 +W as in __
 27 Rock artist of old?
 28 Dark beers
 31 Courtroom excuse
 32 +P as in __
 33 +Q as in __
 35 Free time
 37 Mug shot?



id·i·om

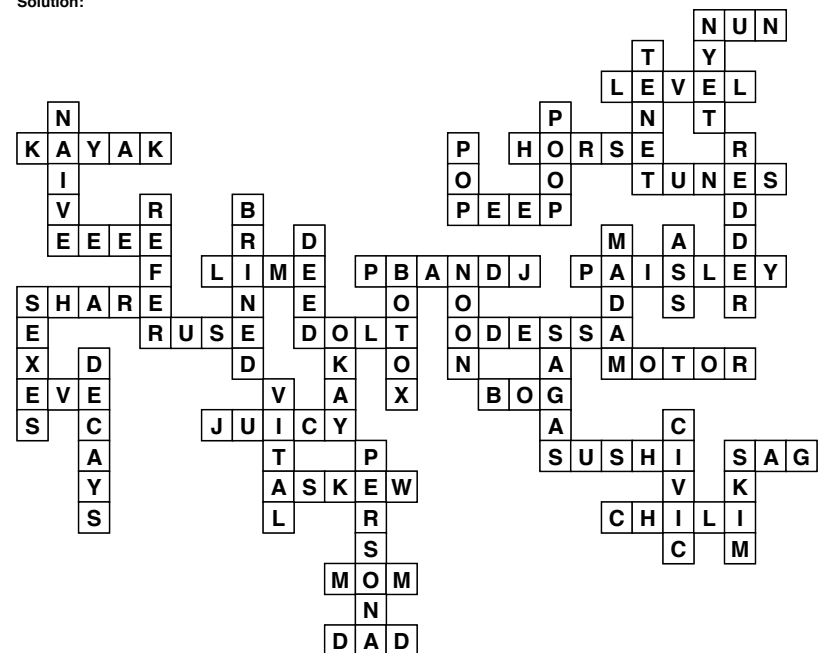
At sixes and sevens

The terms "at sixes and sevens" goes back at least to the 1300s. Originally, the phrase was rendered "on six and seven," and referred to a dice game where throwing a six or seven meant risking one's entire fortune. Until the 1600s, "on sixes and sevens" meant to take a careless risk. ■

Last month's puzzle solution

++PALINDROMES++

Solution:



HOROSCOPE

MAY 2021 by Hilda De Anza



ARIES

March 21-
April 20
It's a dynamic period, but

also a time when you feel more vulnerable and are easily wounded. The major focus is on adjusting to new circumstances in your financial life, where changes affect your sense of security. However, the economy generally works out in your favor. Late May there are changes on the social scene, as influential friends move on to new territory. The focus is now on committing to new social groupings.



TAURUS

April 21-
May 21

You are leaving a comfort zone. There will be a new focus on money and resources, and an excellent period begins for networking, and through using all your connections, making more money. There is a strong focus on changes taking place in your life this year, which creates a certain imbalance between professional demands and your personal lifestyle. Towards the end of the month, there are major changes happening on the social scene.



GEMINI

May 22-
June 21

You are meeting more people, getting out and about, and especially expanding your horizons. You can expect someone you love to be engaged on your behalf and highly motivated to inspire you with great ideas and cultural input. There is a significant lunar eclipse on May 26th and this highlights a major change taking place affecting either partnerships or your career or both.



CANCER

June 22-
July 22

A lot of changes have been taking

place in recent years, bringing a rather unsettled period socially, which may reflect challenging economic circumstances. There are also opportunities, which bring economic growth, but you are reminded that you also must pay your dues to society. Significant changes end of May brings opportunities for expanding your horizons, spiritually, intellectually. You examine your beliefs and tune in to a variety of new ideas which can be both disorienting and inspiring.



LEO

July 23-
August 22

There are intense developments

because of the tectonic changes affecting your professional life and relationships. There are many social events later in May, and it is a period when friends and groups get together to communicate groundbreaking ideas which are beneficial to the community. The emphasis on social interaction is powerfully activated with the lunar eclipse on May 26th, which propels you into prominence on the social scene.



VIRGO

August 23-
September 22

Early May highlights

professional success and when your ideas win acceptance. In mid-May, Jupiter moves into your opposite sign Pisces, heralding major relationship developments over the next year or two. This is a time when you meet people who are larger than life and who have big dreams. For someone who likes to be organized, the rather chaotic conditions that other people are happy with can be a bit of a challenge.



LIBRA

September 23-
October 22

Early May, the focus is on

sharing and interaction with the people you are close to. The second week of May, the focus changes completely. You move out of a rather intense phase and life gets lighter. Great things can be achieved, especially in the middle part of the month. Towards the end of May, things get a bit more complicated, and you tend to lose direction. This is a time when there are profound changes at work, with new influences and priorities.



SCORPIO

October 23-
November 21

You are in a philosophical

frame of mind this month, eager to learn more and explore the world both intellectually. This is a month when you extraordinarily open to the magic of existence. May starts with a radical focus on the home and on relationships, which are areas where major restructuring is taking place this year. A number of changes arise in the second half of the month, connected with more private relationship matters.



SAGITTARIUS

November 22-
December 21

The most significant change this month is

the entry Jupiter into Pisces on the 11th new moon. This inaugurates a window of opportunity in your family life, which lasts from May to August, when something special can take place. It is the kind of time when you want to enjoy a magical and beneficial boost, which can have a spiritual dimension. The dream you start in this window of time, you will complete next year.



CAPRICORN

December 22-
January 20

Early May, you may feel as if progress

comes to a halt, or that you are not getting anywhere. If this is the case, then it is because so much has happened since the beginning of the year that you need to take stock of it all. There are significant changes around the new moon on May 11th. It's a slightly edgy time for partnership and kids. As the month draws to a close, things really start falling into place at work, and it is an excellent time for financial growth and partnership.



AQUARIUS

January 21-
February 19

Early May highlights the

many unpredictable changes and stress factors affecting your life this year. May 11th, Jupiter, moves into Pisces, which can bring some increased money flow for the next two or three months. As the month develops, you may get the feeling that things have ground to a halt, and that you are not getting anywhere. But looking back, you have made a tremendous amount of progress already, especially in your personal development.



PISCES

February 20-
March 20

May is a big deal, because Jupiter,

moves into your sign on the 11th, highlighting a period of personal growth until the end of July. In May you emerge from a period of isolation and have a chance to make an impact on the world again. After months of inner focus, the emphasis is now on how to live the life you really want. As the month draws to a close, the big emphasis is on family activities, and on the balance between the many professional connections.



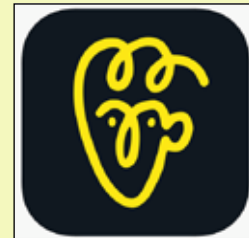
My Talking Pet

Bring photos of your pet to life. Make them speak realistically and share it as a video on your social media, or email it as a special greeting to your friends and family. Lots of animals to choose from even if you don't have your own pet. Change the voice, add hats, glasses, mustaches, add text to make your own memes - and more.



Avatarify: AI Face Animator

Become whoever you want with Avatarify. Upload a photo of a celebrity or your boss and record a short video. The advanced neural network will put all your facial expressions and emotions on the photo and enliven it. Chuckle with colleagues; say your baby's first words; drive the best photo of yourself to always look perfect - and more.



Start with This

Each episode gives listeners something to consume, and something to create: usually a book or TV show in the first instance, and a writing assignment in the second. The object is to help boost your creativity, and the subjects of the episodes are satisfyingly varied, from 'Present Tense' to 'Non-Lovecraftian Horror'.



Philosophy Bites

Most philosophies are pretty obscure. Had any chats about the importance of metaphysics to our understanding of the world? Know what verificationism is? If you listened to this lovable UK podcast, you absolutely would. The hosts invite guests for great intros to the debates, thinkers and thoughts that have shaped our world.



CELEBRATE

Mother's day

**REGISTER TO
WIN A BASKET**
items from local businesses!

AT



**JOIN OUR
TEAM!**

**FRIDAY NIGHTS
PRIME RIB**

\$20

Hand cut Prime Rib
Mashed Potatoes
Seasoned Vegetables



Now hiring at
both locations!



701.483.1733 | 2050 1ST AVE E | DICKINSON, ND | playersbar-grill.com